



ANNUAL REPORT

2018-19

LOKOPRIYA GOPINATH BORDOLOI REGIONAL INSTITUTE OF MENTAL HEALTH
TEZPUR-784001
ASSAM



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FROM THE DIRECTOR'S DESK



The Annual Report of the Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH) for the period 1st April, 2018 to 31st March, 2019 is presented herewith. LGBRIMH has a long history of reaching out its services to the persons with mental illness and their families from the northeastern region of India. We also have been actively engaged with several community mental health services and have been constantly striving to improve and provide newer services to persons with mental illness and their caregivers. This Annual Report depicts the performance of the Institute in all spheres of its activity. It centers on the various Services, Academic Training and Research undertaken, along with the financial implications arising from it.

With the regional mandate of providing mental health services, LGBRIMH is not only meeting the needs of those from the region but from the neighboring states and countries as well. The demand for mental health services from this institute is growing each year. Having inaugurated the new infrastructure this year, mental health services in the new hospital building is functional. The transition from a closed ward system to an open ward system has had its challenges but all the departments in the Institute have made efforts to meet these challenges with the best of their abilities.

LGBRIMH for over a decade or so, has been ensuring that human resource is developed along with the hospital services. The academic wings of this Institute have been engaged in training mental health professionals in the disciplines of Psychiatry, Psychiatric Nursing, Psychiatric Social Work and Clinical Psychology. The current strength of the students at the Institute has grown from 2 in 2001 to 90 students during this year. The Institute has further taken a step in starting the Digital Certificate Courses for two months duration for Psychiatry, Psychiatric Nursing, Psychiatric Social Work and Clinical Psychology from March 2019.

An important milestone for the Institute was the handing over and occupation of the new Hospital Complex, Nurses Hostel and the Auditorium.

The Department of Psychiatric Social Work was a collaborator with Assam Don Bosco University, Guwahati, for a National Seminar on Mental Health and Social Work Practice from 27th to 28th April, 2018. The Institute

was the venue for the organization of the Annual Conference of Assam Branch of Indian Psychiatric Society in 20th to 21st September, 2018. The conference was organized by the Department of Psychiatry. The Institute also witnessed the National Level Annual Conference of the Indian Society of Psychiatric Nurses from 15th to 17th February, 2019. The conference was organized under the leadership of Department of Psychiatric Nursing with active support from all the departments of Psychiatric Social Work, Clinical Psychology and Psychiatry. All the departments got together to celebrate the World Mental Health Day, 2018 with a month long programs with varied community mental health initiatives. The Department of Psychiatric Social Work also organized a one day seminar on the World Social Work Day, 2019. LGBRIMH has also focusing on the youth with the establishment of a Youth Wellness Hub under the aegis of the Department of Clinical Psychology. The Institute is also actively involved in the *Swachh Bharat Abhiyan*.

It has always been the institute's endeavour to stay close to the stake holders and to be connected to the professional and governmental systems in the society. In an effort to reach to the public at large and to provide a space to express the institute's developments, views and creativity, a bilingual newsletter in English and Assamese will be released soon. Further to provide a professional platform for the faculty and staff to communicate their work. Planning for publication of a scientific journal also in the process. On the anvil is the plan to establish child mental health services and a youth and family resource centre for better service and outreach services.

The achievements of the Institute have been possible only because of the dedicated staff of LGBRIMH. The goals set up every year have been achieved only due to their diligent and sincere efforts. I thank all the Officers of the Administration, Faculty and Staff members of Departments of Psychiatry, Psychiatric Nursing, Psychiatric Social Work, Clinical Psychology, Pathology, Bio-Chemistry and Micro-Biology, Staff of the hospital and the scholars and students of various courses for their consistent and dedicated efforts.

I am also indebted to the Central Ministry, and the various Departments of the Government of India, District Administration, Governmental offices of the State of Assam, civil bodies and the public of Assam for their constant support.

(Dr. S. K. Deuri)
Director

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LGBRIMH, Tezpur

The Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH) initially set up as 'Tezpur Lunatic Asylum' under the British Government in April, 1876, completes 142 years of its existence and service in the area of mental health care.

The Institute has been playing an active role in manpower development, service provision and research in the field of mental health and allied sciences. In order to offer specialty care various efforts are being made to establish the Departments of Neurology and Neurosurgery in LGBRIMH, upgrade its services and training and attain the status of an Institute of National Importance.

LGBRIMH has an active outpatient department and an inpatient care facility of 336 beds in the hospital, with free of cost services. Besides this the Institute also conducts regular community based extension programs in and around Tezpur.

The Institute offers regular courses under Gauhati University in M.D. in Psychiatry, M.Sc. in Psychiatric Nursing, M. Phil in Psychiatric Social Work and Clinical Psychology and also a Post-Basic Diploma course in Psychiatric Nursing. In the current session, the Institute admitted the second batch of Ph. D. programme in Psychiatric Social Work and Psychiatric Nursing under Gauhati University and is planning to start Ph. D programme in Clinical Psychology from the next session. The Institute also provides exposure training to visiting students from various medical, para-medical and non-medical institutions.

The Institute has further taken a step in starting the Digital Certificate Courses for two months duration for Psychiatry, Psychiatric Nursing, Psychiatric Social Work and Clinical Psychology from March, 2019.

VISION

To develop Lokopriya Gopinath Bordoloi Regional Institute of Mental Health as an Institute of National Importance.

MISSION

1. To deliver free mental health care uniformly for all.
2. To develop manpower for delivering the services.
3. To promote research activities for enhancing knowledge.

OBJECTIVES

1. To provide equitable access to mental health care to all sections of society with effective linkages to the other health related institutions.
2. To develop human resources for delivering the services.
3. To reduce overall disease burden by providing appropriate sustainable rehabilitation measures.
4. To promote positive mental health for all sections of people of the region through collaborative activities with different social and educational organizations.
5. To provide conducive environment for research activities in collaboration with different agencies.
6. To facilitate implementation of National Mental Health Programme (NMHP).
7. To develop infrastructure for all related activities with a multimodal approach.

ADMINISTRATION AND MANAGEMENT

The Board of Governors, Executive Council, Board of Visitors and the Finance Committee are the core management functionaries of the Institute. A list of the administrative bodies along with their respective Chairman and members is given below:-

The Board of Governors is the apex body governing the Institute. The Union Minister of Health and Family Welfare is its Chairman.

CHAIRMAN AND MEMBERS OF THE BOARD OF GOVERNORS

1.	The Union Minister of Health & Family Welfare	Chairman
2.	The Chief Minister of Assam	Vice-Chairman
3.	A Representative of the Planning Commission	Member
4.	The Health Minister of Assam	Member
5.	The Health Minister of Arunachal Pradesh	Member
6.	The Health Minister of Meghalaya	Member
7.	The Health Minister of Manipur	Member
8.	The Health Minister of Mizoram	Member
9.	The Health Minister of Nagaland	Member
10.	The Health Minister of Sikkim	Member
11.	The Health Minister of Tripura	Member
12.	The Secretary, Health & Family Welfare, Govt. of India	Member
13.	The Secretary, Ministry of DONER, Govt. of India	Member
14.	The Secretary, North Eastern Council, Shillong	Member
15.	The Director, General of Health Services, Govt. of India	Member
16.	The Addl. Secy. & F.A, Ministry of Health & F.W, Govt. of India	Member
17.	The Vice Chancellor of the Gauhati University	Member
18.	The President of Medical Council of India	Member
19.	The President of Indian Nursing Council	Member
20.	The President, National Board of Examination	Member
21.	The President, Rehabilitation Council	Member
22.	The Director, NIMHANS, Bangalore	Member
23.	Two Psychiatrists to be nominated by the Ministry	Member
24.	The Director, LGB Regional Institute of Mental Health	Member Secretary

CHAIRMAN AND MEMBERS OF THE EXECUTIVE COUNCIL

The Executive Council manages the day to day business and affairs of the society as well as the Institute. The Secretary of Health and Family Welfare, Govt. of India, is its Chairman.

- | | |
|---|---------------|
| 1. The Secretary, Health & Family Welfare, Govt. of India | Chairman |
| 2. The Secretary, North Eastern Council, Shillong | Vice-Chairman |
| 3. The Addl. Secy. & F. A, Ministry of Health & F.W, Govt. of India | Member |
| 4. The Commissioner & Secretary, Health & F. W, Assam | Member |
| 5. The Commissioner & Secretary, Health & F. W, A.P | Member |
| 6. The Commissioner & Secretary, Health & F. W, Meghalaya | Member |
| 7. The Commissioner & Secretary, Health & F. W, Manipur | Member |
| 8. The Commissioner & Secretary, Health & F. W, Mizoram | Member |
| 9. The Commissioner & Secretary, Health & F. W, Nagaland | Member |
| 10. The Commissioner & Secretary, Health & F. W, Tripura | Member |
| 11. The Commissioner & Secretary, Health & F. W, Sikkim | Member |
| 12. The Joint Secretary, Ministry of Health & F.W, Govt. of India | Member |
| 13. A Representative of Director General of Health Services, GOI | Member |
| 14. The Medical Superintendent, LGBRIMH, Tezpur | Member |
| 15. Academic Representative, LGBRIMH, Tezpur | Member |
| 16. Nominated Member of the Ministry | Expert Member |
| 17. Nominated Member of the Ministry | Expert Member |

BOARD OF VISITORS

The Secretary, Ministry of Health and Family Welfare, Govt. of India, Nirman Bhavan, New Delhi has constituted the Board of Visitors of LGBRIMH with the following members:

1. Dr. Hiranya Kr. Goswami, Professor & Head, Dept of Psychiatry, Assam Medical College, Dibrugarh.
2. Dr. H. R. Phookan, Retd. Professor and Head, Dept of Psychiatry, Gauhati Medical College and Hospital, Guwahati.
3. Major General (Rtd.) Dr. Purnananda Das, Ex-Professor of Psychiatry (AFMC, Pune).
4. Dr. Dipesh Bhagabati, Retd. Professor Head, Dept. of Psychiatry, Gauhati Medical College and Hospital, Guwahati and Secretary State Mental Health Authority.
5. Representative of the Director of Health Services, State of Assam.
6. Shri Om Prakash Bagaria, Local Residen, C/o K. B. Stores, Main Road, Tezpur.
7. Mrs. Meenakshi Bhuyan, Social Worker, K.P. Memorial School, Porua Tiniali, Tezpur.
8. Md. Nazim Ahmed, Social Worker, Ex-Police Line, Tezpur.

GENERAL ADMINISTRATION

Director

Dr. S. K. Deuri, DPM (CIP, Ranchi University), MD (NIMHANS, Bengaluru)

Medical Superintendent

Dr. Anil Ch. Sarmah, MD (AMCH, Dibrugarh University)

Deputy Medical Superintendent I/C

Dr. D. J. Chetia, MD (AMCH, Dibrugarh University)

Controller of Examinations

Dr. K. Pathak, MD (GMCH, Gauhati University), MPS (IIPS, Mumbai)

Assistant Medical Superintendent

Dr. K. K. Tamuli, DNB (LGBRIMH, Tezpur)

Chief Finance & Accounts Officer

Mr. J. K. Sarmah, BA (SOGE)

Senior Accounts Officer

Mr. Ujjal Tarafdar, B. Com (SOGE)

Administrative Officer

Mr. Tapan Mohanta, MA

ACADEMIC SECTION

The Institute established various academic programs in the field of mental health with an objective to increase the mental health professionals in the country. The academic departments were established in the year 1998 and the first academic programme got underway in 2001 in the form of Diploma in Psychiatric Nursing.

Academic courses offered by the Institute in the field of mental health are:

- MD (Psychiatry)
- M. Sc. Nursing (Psychiatric Nursing)
- Diploma in Psychiatric Nursing (DPN)
- M. Phil (Psychiatric Social Work)
- M. Phil (Clinical Psychology)
- Ph. D. (Psychiatric Social Work)
- Ph. D. (Psychiatric Nursing)

Teaching modalities of the academic courses are mainly in the form of clinical teaching, lectures by the faculty and presentation seminars by the students. Apart from this, Guest Lectures, Workshops and Seminars by visiting faculty are also periodically organized. (Annexure – II)

The Institute is also identified as a centre for providing short-term exposure training in mental health for both medical and non-medical students of educational institutions from different parts of the country.

Academic Calendar:

The current annual report includes information about the students who had enrolled and completed the course in the academic session 2018-19 (Annexure – I).

As is the practice, this year too, the entrance examinations for admission into different affiliated courses were conducted by the Gauhati University through GU-RET Entrance Examination, 2018.

DEPARTMENT OF PSYCHIATRY

Introduction:

The Department of Psychiatry was established in 1998 to provide better psychiatric care services and to produce manpower in the field of Psychiatry. MD course in Psychiatry was introduced in 2010 with two seats which was increased to 11 in the year 2018 by MCI.

The trainees are involved in academic activities like seminars, case conferences, journal clubs, short topic discussions and theory classes; and clinical activities like OPD services and ward rounds. All activities are supervised by the faculty and clinical staff of the department.

The faculty and the resident doctors of the Department not only provide services at indoor, outdoor and community extension clinics, but are also engaged in various consultancy activities organised by different governmental and non-governmental organizations.

Faculty:

Post	Name	Qualification
Professor Director	Dr. S. K. Deuri	DPM (CIP, Ranchi University), MD (NIMHANS, Bangalore)
Professor and Head	Dr.(Mrs.) Aparajeeta Baruah	MD (Gauhati University)
Professor	Dr. Kangkan Pathak	MD (Gauhati University), MPS (IIPS, Mumbai)
Associate Professor	Dr. K. N. Kalita	MD (Gauhati University), PGDHHM (IGNOU), CRM (IIPH, Gandhinagar)
Associate Professor	Dr. Dhruvajyoti Chetia	MD (Dibrugarh University)
Assistant Professor	Dr. Soumik Sengupta	MD (Gauhati University)
Assistant Professor	Dr. Vijay Gogoi	MD (Dibrugarh University)
Assistant Professor	Dr. Bondona Timungpi	MD (Assam University)
Assistant Professor	Dr. Subhashish Nath	MD (Assam University)
Assistant Professor	Dr. Kushal Tamuli	DPM(Dibrugarh University), DNB (NBE New Delhi)
Assistant Professor	Dr. Hemanta Dutta	MD (SSUHS, Guwahati)
Assistant Professor	Dr. Kunal Deb	MD (SSUHS, Guwahati)

Services:

There are three types of clinical services provided by the Dept of Psychiatry in the institute i.e. General Psychiatry, Special Clinics and Community Extension Services. The total number of patients seen at each of the services during the session 2018-19 is given below:

	2018-19	2017-18	2016-17
General Psychiatry			
OPD	128897	120958	111528
New Cases	24248	36620	19178
Old Cases	104643	84338	92350
Inpatients	1257	1726	1849
Special Clinics			
Community Extension Service	1 st Wed-Missionaries of Charity, Dhanuanagar 2 nd Thursday-Sootea 3 rd Sat-Jakhalabandha 4 th Thursday- Sootea for B. Chariali	1 st Wed-Missionaries of Charity, Dhanuanagar 2 nd Thursday-Sootea 3 rd Saturday- Jakhalabandha 4 th Thursday- Sootea for B. Chariali	1 st Wed-Missionaries of Charity, Dhanuanagar 2 nd Thursday-Sootea 3 rd Saturday- Jakhalabandha 4 th Thursday- Sootea for B. Chariali
New Cases	128	161	158
Old Cases	6323	6292	5202

Academic Activities:

1. Regular academic activities like Seminars, Journal Clubs, Short Topic discussions and Case Conferences are held.
2. MD final examination was held from 21st May to 4th June 2018. One student appeared for the final examination and had cleared the course.
3. 11 students took admission in the MD Psychiatry course. Out of them 9 (Nine) joined the institute on 01st May, 2018 from the All India Quota and other two students joined on 16th and 19th May, 2018 respectively from the Assam State Quota.
4. Dr. Sanjeeba Dutta, Professor of Psychiatry, SMU, Gangtok, Sikkim and Dr. Basudev Das, CIP, Ranchi was the external examiners for the MD Final year practical examination.

Exposure Training:

MD students from the Department were posted at the following centers for exposure training:

Sl. No.	Name of the School / University	Name of Students	Duration
1.	GMCH, Guwahati	Dr. Bikram Sutradhar	11.06.18 to 10.08.18
2.	NIMHANS, Bangalore	Dr. Ambu Pandey, Dr. Pallabi Konwar, Dr. Sujata Borkakoty	01.10.18 to 30.11.18
3.	NIMHANS, Bangalore	Dr. Pranjal Chakraborty, Dr. Iftikar Hussain, Dr. Sandeep Das, Dr. Budhayan Roy	01.12.18 to 30.01.19

Visiting Students:

Students from other institutions are provided the opportunity to undergo exposure training in the department.

Sl. No.	Name of the School / University	Number of Students	Duration
1.	Assam Homoeopathic Medical College & Hospital, Nagaon	23	11.06.18 to 16.06.18
2	Final Professional B.A.M.S. Govt. Ayurvedic College, Guwahati	46	18.06.18 to 23.06.18
3	Swahid Jadav Nath Homeopathic Medical College & Hospital, Guwahati	7	27.12.18 to 29.12.18
1.	Swahid Jadav Nath Homeopathic Medical College & Hospital, Guwahati	7	28.01.19 to 30.01.19

External Examiners:

- Dr. K. Pathak, Professor of Psychiatry was the Examiner at Lady Hardinge Medical College, New Delhi from 8th to 10th May, 2018.

- Dr. K. Pathak, Professor of Psychiatry was the Examiner for the DNB (Psychiatry) practical examination by NBE held from 12th to 14th October, 2018 at Vijayawada Institute of Mental Health & Neurosciences.
- Dr. K N Kalita, Associate Professor of Psychiatry was the Examiner for the DNB (Psychiatry) practical examination in Institute of Mental Health, Chennai.

Research Proposals by students are as follows:

Principal Investigator	Research Proposals	Guide
Dr. Iftikar Hussain, MD Student	A study of serum prolactin and its relation with metabolic parameters in patients treated with second generation antipsychotics.	Dr. S. K. Deuri
Dr. Pallabi Konwar, MD Student	A clinical study of anxiety and its relation to salivary cortisol levels across menstrual cycle in college students.	Dr. A. Baruah
Dr. Pranjal Jyoti Chakravarty, MD Student	A clinical study of behavioral abnormality and caregiver's burden in Alzheimer's Dementia.	Dr. K. Pathak
Dr. Sandeep Das, MD Student	A clinical study of stress and depression in Alcohol use Disorder.	Dr. K. N. Kalita
Dr. Ambu Pandey, MD Student	A comparative study of serum uric acid level in manic patients and healthy controls and its correlation with response to treatment	Dr. A. Baruah
Dr. Sujata Borkakoty, MD Student	A comparative study on sexual satisfaction of female spouses of patients with Alcohol Dependence and Schizophrenia.	Dr. D. J. Chetia
Dr. Budhayan Roy, MD Student	Predictors of response to clozapine in treatment resistant schizophrenia.	Dr. K. Pathak
Dr Amit Kumar, MD Student	A Comparative Study of Creativity Among the First Degree Relatives of Persons with Schizophrenia and Healthy Controls	Dr. S. K. Deuri
Dr. Zaid Ahmed, MD Student	A Clinical Study Of Burden & Psychiatric Morbidity In Caregivers Of Patients With Schizophrenia And Its Association with Gender	Dr. S. K. Deuri
Dr. Nishant Saha, MD Student	Study of Depression, Anxiety and Sexual Functioning among wives of Alcohol Dependent Patient	Dr. S. K. Deuri
Dr. Ashok Kumar Saini, MD Student	A Prospective Study of Serum Uric Acid and its Correlation with Clinical Symptoms in Acute and Transient Psychotic Disorder Patients Treated with Second Generation Antipsychotics	Dr. A. Baruah
Dr. Sourabh Bhattacharya, MD Student	Alteration in Interleukin -6 in Recent Onset Psychosis after Antipsychotic Treatment	Dr. K. Pathak

Dr. Pulakesh Sarmah, MD Student	An Association Study of A COMT (Rs4680) and A SYNGR1(Rs715505) Single Nucleotide Polymorphism in Schizophrenia: A Case Control Study.”	Dr. K. Pathak
Dr. L. Longna, MD Student	A Cross -Sectional Study on Psychiatric Morbidity and Stress Coping Skills in The Homosexual and Bisexual Community in North Eastern Part of India, Assam.	Dr. A. Baruah
Dr. Sucheta Saha, MD Student	Association of Psychopathology with Adiponectin and Metabolic Syndrome in Males with Schizophrenia-A Prospective Study	Dr. K. N. Kalita
Dr.Chayanika Bhardwaj , MD Student	Relationship of Serum Brain - Derived Neurotrophic Factor With Cognitive Status in First Episode Psychosis and it’s Alteration after Anti-Psychotics: A Prospective Study	Dr. D. J. Chetia
Dr. Thejus Kumar BR, MD Student	Endophenotype Status of Source Monitoring Ability in Schizophrenia	Dr. A. Baruah

Research Proposals by Faculty Members and Senior Residents is as follows:

Principal Investigators	Research Proposals
Dr. Bondona Timungpi, Assistant Professor, Dr. Binita Talukdar, Senior Resident, Dept. of Psychiatry, LGBRIMH, Tezpur	Awareness and Concern about Cervical Cancer Among Women consulting in Psychiatry Hospital

Research Publication, Presentation and Related Activities:

Authors	Title of Publication	Journals / Books etc	Year of publication
Dr. K. Pathak & others	National Mental Health Survey of India, 2016 -Rational, Design & Methods	PLOS ONE	2018
Dr.Ranjan Kumar, Dr. M. Jahan, Dr. K. Pathak	Treating Somatization: A Multimodal approach	International Journal of Social Sciences	2019
Dr. K. Pathak	Neurobiology of Corruption	Psychiatry update (Editor – S. Dihingia, D. Bhuyan) (ISBN. 978-93-5311-908-9)	
Dr. K. N. Kalita, Dr. I. Hussain, Dr. A. Mahanta	Law & Psychiatry : Problems tackled or yet to come Indian Scenario	Psychiatry Update, IPS National CME	2018

Dr. K. N. Kalita, Dr. A. Kalita	Editorial: Psychopharmacology	Psychiatry Update, IPS Assam State Branch	2018
Dr. Dhruba Jyoti Chetia	Predictors or Early Indicators of Antidepressant Response	Psychiatry Update, Eds. Dr. Sabita Dihingia, Dr. Dhruba Jyoti Bhuyan, (ISBN. 978-93-5311-908- 9)	2018
	Pharmacogenetics of Antidepressant Response	Psychiatry Update, Eds. Dr. Kamal N Kalita, Dr. Angshuman Kalita, (ISBN. 978-93-87494-14- 5)	2018
Dr. Kunal Deb	Psychiatric side effects of non- psychotropics	Psychiatry Update- Psychopharmacol ogy (ISBN978 - 93-87494-14-5)	2018
Dr. A. Kalita Dr. Ambu Pandey Dr. K. Deb Dr. S. Sengupta	Donepezil Related Neuroleptic Malignant Syndrome	IOSR Journal of Dental & Medical Sciences	2019
Dr. A. Kalita Dr. A. Kumar Dr. R. Mathur	Cannabis withdrawal: A new entity in DSM-5	International Journal of Sciences & Research	2019
Dr. Binita Talukdar, Dr. Nipon Deka	Childhood Sexual Abuse and OCD with Chronic Motor Tic Disorder	The International Journal of Indian Psychology (vol- 6, issue-2)	2018
Dr. Soumitra Ghosh, Dr. Dhrubajyoti Bhuyan, Dr. Binita Talukdar	Paranormal Phenomena in Psychiatry	Psychiatry update Editor: Dr. Sabita Dihingia, Dhrubajyoti Bhuyan (ISBN- 978-93-5311-908- 9)	2018
Dr. Binita Talukdar	Hormonal Drugs in Psychiatry – An overview	Psychiatry update Editor: Dr. K. N.Kalita, Dr. A. Kalita (ISBN- 978-93-87494-14- 5)	2018
Dr. Binita Talukdar, Dr. Kunal Deb, Dr. Soumik Sengupta	Menstruation Related Psychosis	Open Journal of Psychiatry & Allied Sciences	2019

Seminars/Conferences/Workshops Attended outside the Institute:

- Dr. Kunal Deb, Assistant Professor of Psychiatry was the resource person in a workshop on the topic of “Drug Abuse and Illicit trafficking” for staffs and trainees undergoing Basic/Disaster rescue and

relief course at The Recruit Training Centre, SSB, Salonibari, Tezpur (Assam) on 26th June, 2018.

- Dr. Nipon Deka, Senior Resident of Psychiatry was a Resource Person on Anti Drug Abuse and illicit trafficking drug on 26th June, 2018 at NGO, GHIPCO, Gatlong, Tezpur.
- Dr. D. J. Chetia, Associate Professor of Psychiatry was the speaker on the topic “Cognition in Schizophrenia” at Mid Term CME of East Zone Indian Psychiatric Society at Dibrugarh, 18th August, 2018.
- Dr. K. N. Kalita, Associate Professor of Psychiatry attended Assam State Conference of Indian Psychiatric Society in September, 2018.
- Dr. Bondona Timungpi, Assistant Professor of Psychiatry was deputed to speak on the topic “Suicide and Behavioural Changes in Sports Personnel” on 27th November, 2018 at SSB Salonibari, Tezpur.
- Dr. Angshuman Kalita, Senior Resident, Dept. of Psychiatry attended an All Assam Awareness Programme on Rehabilitation of People with Locomotive Disabilities as Resource Person on 12th January, 2019 at IIT Campus. He Spoke on “Mental Health Management of Post Spinal Injury” from a Psychiatrist's Perspective.
- Dr. Kunal Deb, Assistant Professor and Dr. Angshuman Kalita attended the 71st Annual Conference of the IPS – ANCIPS 2019 at Lucknow, 31st January to 3rd February, 2019 and presented 2 e- posters at the conference.
- Dr. K. N. Kalita, Associate Professor of Psychiatry was the resource person in All India University National Workshop, Tezpur University in February, 2019.
- Dr. Kunal Deb, Assistant Professor, Psychiatry, was the resource person for a workshop for teachers on the topic “learning disorders & poor scholastic performance” at Gajaraj Army Pre- Primary School, organized by Dept. of PSW of LGBRIMH on 13th March, 2019.

Seminar Conference:

Organized by the department:

28th Annual Conference Indian Psychiatric Society, Assam State Branch: The 28th Annual Conference, on behalf of IPS ASB, was hosted by Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur on 22nd and 23rd September, 2018. The conference was a two day program where academicians and practitioners in the field of psychiatry and allied branches participated and shared ideas and experiences in the area of mental health.

The inaugural ceremony was graced by Dr Kamala Deka (President IPS ASB), Professor Vinod Kumar Jain (Vice-Chancellor of Tezpur University) and Mr Manoj Kumar Deka (Deputy Commissioner, Sonitpur). Other members on the dais were Dr Rajen Kumar Kalita, (Principal cum Chief Supdt. of Tezpur Medical College), Dr Nahid S Islam (IPS ASB Secretary), Dr Amal Ch. Baishya (IPS ASB Treasurer), Organizing Chairperson Dr Aparajeeta Baruah and Organizing Secretary Dr. Dhrubajyoti Chetia. After the lighting of the lamp and Saraswati bandana, a Scientific Update on Psychopharmacology, Souvenir, IPS ASB Membership Directory and Newsletter were also released. All the dignitaries on the dais highlighted the vital role of mental health professionals in society. President of IPSASB highlighted and stressed the need to focus on the area of elder abuse.

Around 110 delegates, including faculty from medical colleges, postgraduate students, and private practitioners attended the conference. Resource person for the conference were Dr. Sanjeev Jain and Dr. Vivek Benegal from NIMHANS, Bengaluru, Dr. Malay Kr. Ghosal from Kolkata Medical College and Dr Soumitra Ghosh from Assam Medical College.



Photo: 28th Annual Conference Indian Psychiatric Society, Assam State Branch

DEPARTMENT OF PSYCHIATRIC NURSING

Introduction:

The department of Psychiatric Nursing was started in the year 1998 for enhancing professional training in the field of Psychiatric nursing. In view of this, the department is presently running three courses in Psychiatric Nursing, i.e. - Diploma and M.Sc. in Psychiatric Nursing and Ph.D. Diploma in Psychiatric Nursing is a one year course with intake of 30 trainees deputed from all of the eight North Eastern states. M. Sc Nursing (Psychiatric Nursing) is a two year full time course with an intake of 12 students. Ph. D. in Psychiatric Nursing is a full time course with an intake of 2 students. Besides the regular courses, students (i.e. GNM, Post basic B.Sc., B. Sc Nursing, and M.Sc. Nursing) from different institutions of the North Eastern region and other states were posted for clinical exposure training in the Institute under the Department of psychiatric nursing throughout the year. The Department of Psychiatric Nursing conducts various clinical, academic and research activities within as well as outside the institute.

Faculty and Clinical Supervisory Personnel:

Post	Name	Qualification
Professor and Head	Dr. Arunjyoti Baruah	M. Sc. in Psychiatric Nursing (NIMHANS, Bangalore), M. Sc. in Psychology (Gauhati University), M. Phil Nursing (MAHE, Manipal), Ph.D. in Psych iatric Nursing (National Ph.D. C onsortium by Indian Nursing Council, RGUHS)
Nursing Tutor	Dr. Nurnahar Ahmed	M. Sc. in Psychiatric Nursing (Gauhati University), Ph.D. in Psych iatric Nursing (National Ph.D. C onsortium by Indian Nursing Council, RGUHS)
Nursing Tutor	Ms. Pratima Hainary	Post Basic B. Sc. Nursing (CMC, Vellore), DPN (CIP, Ranchi University)
Nursing Tutor	Mr. Sandeep Kollipara	M. Sc. in Psychiatric Nursing (Gauhati University)
Nursing Tutor (NMHP)	Ms. Subhra Sarkar	M. Sc . in Nursing (Psychiatric Nursing) (Gauhati University)

Academic Activities:

- Ph. D. Psychiatric Nursing scholars appeared in their pre Ph. D. examination for the session 2017-18 under Gauhati University from 2nd to 9th April, 2018
- Final Examination of M.Sc. Nursing (Psychiatric Nursing) 1st and 2nd year students were held from 6th to 18th April, 2018.

- Model test of 10 M.Sc. Nursing (Psychiatric Nursing) 1st year & 3 DPN student of the session 2017-18 were held from 14th to 22nd August, 2018
- Final Examination of 10 M.Sc. Nursing (Psychiatric Nursing) 1st year & 3 DPN student were held from 1st to 15th September, 2018.
- Regular academic activities like Seminar, Journal Club, Short Topic discussion and Case Conferences were held.

External Examiner:

- Dr. Arunjyoti Baruah, Professor and Head was an external examiner for the following examinations-
 - ✓ Examination of M.Sc. Nursing, on 14th to 15th May, 2018 at AIIMS College of Nursing, New Delhi.
 - ✓ Examination of M.Sc. Nursing from 11th to 12th September, 2018 at Government College of Nursing West Bengal University of Health Sciences.
 - ✓ M.Sc. Nursing examination held on 1st, 2nd & 13th November, 2018 Army Institute of Nursing & RNC Guwahati under Srimanta Sankardev University of health Sciences.
- Dr. Nurnahar Ahmed, was an external examiner for B. Sc. Nursing 3rd year students of RIPAN, Mizoram from 17th – 20th July, 2018

Exposure Training:

- Twelve (12) M.Sc. Nursing 2nd year students and three (3) DPN students visited Sanjeevani, Tezpur, on 15th December, 2018.
- Ten (10) 1st year M.Sc. Nursing students and three (3) DPN students visited Tezpur Mohila Samiti, Tezpur, on 8th January, 2019.
- Eleven (11) 2nd year M.Sc. Nursing students and three (3) DPN students visited DDRC, Tezpur, on 27th February, 2019.
- Ten (10) 1st year M.Sc. Nursing students were posted in the Neurology and ICU Department at Gauhati Medical College and Hospital, Guwahati in two batches from 5th February to 5th March, 2019.
- Ten (10) 1st year M.Sc. Nursing students were posted at Bihaguri PHC from 5th February to 5th March, 2019. Health education on the topic Mental Illness, Mental Hygiene etc. was given to the community.

- Eleven (11) 2nd year M.Sc. Nursing students were posted at Kanaklata Civil Hospital, Tezpur, for six days in the Post Natal Ward from 12th to 17th March, 2019.

Visiting Students:

Nursing students from various institutions who visited LGBRIMH during the current academic year are listed below:

Sl. No.	Name of the School / University	Number of Students
1.	2 nd Year GNM students from School of Nursing, RDO, Manipur	20
2.	M. Sc. Nursing 2 nd year students from College of Nursing, NRS Medical College and Hospital, Kolkata.	04
3.	2 nd Year GNM students from School of Nursing, Christian Medical Centre, Jorhat.	11
4.	3 rd Year B. Sc. Nursing students from RDO, Manipur	23
5.	3 rd Year B. Sc. Nursing students from Regional College of Nursing, Guwahati	49
6.	2 nd Year GNM students from Arunachal State Nursing School, Naharlagun, Arunachal Pradesh	32
7.	2 nd Year GNM students from St. Augustine School of Nursing, Chapaguri, Chirang	32
8.	2 nd Year GNM students from School of Nursing, Borrows Memorial Christian Hospital, Alipur	18
9.	2 nd Year GNM students from School of Nursing, Bethesda, Manipur	40
10.	2 nd Year GNM students from School of Nursing, CPMS, Guwahati	58
11.	3 rd Year B. Sc. students from College of Nursing, Digboi, Assam	30
12.	M. Sc. Nursing 1 st year students from College of Nursing, R. G. Kar Medical College and Hospital, Kolkata.	5
13.	2 nd Year GNM students from NEPNI School of Nursing, Manipur	22
14.	2 nd Year GNM students from School of Nursing, Baptist Christian Hospital, Tezpur	30
15.	2 nd Year GNM students from Govt. School of Nursing, Goalpara, Assam	13
16.	2 nd Year GNM students from School of Nursing, International Hospital, Guwahati	39
17.	M. Sc. Nursing 1 st year students from College of Nursing, Medical College and Hospital, Kolkata.	05
18.	2 nd Year GNM students from Down Town School of Nursing, Guwahati	35
19.	2 nd Year GNM students from School of Nursing, Porompat, Manipur	11
20.	1 st year M.Sc. Nursing students from Army Institute of Nursing, Guwahati	2
21.	2 nd year M. Sc. Nursing students from Regional College of Nursing, Guwahati.	5
22.	2 nd Year GNM students from Hayat College of Nursing, Guwahati	12
23.	2 nd Year GNM students from School of Nursing, Dispur Hospital, Guwahati	31
24.	2 nd Year GNM students from School of Nursing, HAMM, Hojai	31
25.	2 nd Year Post Basic B. Sc. Students from College of Nursing, North Bengal Medical College and Hospital, Darjeeling, West Bengal	20

26.	2 nd Year GNM students from Govt. GNM School of Nursing, Daporijo, Arunachal Pradesh.	15
27.	2 nd GNM students from R. K. Mission School of Nursing, Itanagar, Arunachal Pradesh.	26
28.	2 nd Year GNM Students from School of Nursing, Borgang Catholic Hospital, Borgang	21
29.	1 st Year M.Sc. Nursing students from R. G. Kar College of Nursing, Kolkata	4
30.	3 rd Year B. Sc. Mizoram College of Nursing, Aizawl	30
31.	2 nd year GNM students from College of Nursing, CIHSR, Dimapur	28
32.	1 st year M.Sc. SSKM, West Bengal Govt. CON, Kolkata	08
33.	3 rd Year B. Sc. Christian Institute of Health Sciences & Research, CON, Dimapur	30
34.	3 rd Year B. Sc. students from College of Nursing, RIPAN, Aizwal	38
35.	2 nd Year Post Basic B. Sc. students from College of Nursing, CIHSR, Dimapur	19
36.	3 rd Year B. Sc. students from Regional College of Nursing, Guwahati	57

Dissertations:

Second year M. Sc. Nursing students have submitted the following dissertations to Gauhati University

Name of trainee	Dissertation topic	Guide
Subhra Bhowmik	Relationship of assertive Behavior, Self Esteem and Academic performance among adolescents	Dr. Nurnahar Ahmed
Indu Jacob	Marital satisfaction, family environment and burnout in spouses of patients with schizophrenia attending OPD of LGBRIMH, Tezpur, Assam	Dr. Nurnahar Ahmed
Daisy Gogoi	Assessment of the knowledge, experience and attitude of mentally ill patient towards ECT who received the treatment in LGBRIMH, Tezpur, Assam	Dr. Nurnahar Ahmed
Ranju Jaishi	Self-efficacy and Psychological problems in family members of persons with mental illness attending community extension clinic of LGBRIMH, Tezpur	Dr. Nurnahar Ahmed
Pallavi Talukdar	Premenstrual Syndrome among college students and its relationship to their study activities with objective of developing information booklet on premenstrual syndrome and its management	Dr. Nurnahar Ahmed
Deepshikha Boruah	Factors associated with Psychiatric readmission in LGBRIMH, Tezpur	Dr. Arunjyoti Baruah
Boby Begam	Effectiveness of psychoeducation on Expressed emotion of family members and expresses emotion as perceived by the patient with schizophrenia	Dr. Arunjyoti Baruah
Bhenishmita Hazarika	Need of the patients with Chronic schizophrenia attending OPD of LGBRIMH	Dr. Arunjyoti Baruah
Mrs Aditi Baruah	Assessment of addiction severity, social functioning and life satisfaction of the patients diagnosed with substance use disorders	Dr. Arunjyoti Baruah

Marbakor Kharumnuid	Health and subjective wellbeing in relatives of persons with various mental health problems	Dr. Arunjyoti Baruah
Mughatoli Zhimomi	Side effects and its subjective distress in patient on antipsychotic medication	Dr. Nurnahar Ahmed
Chongtham lalini devi	Stress, coping and psychological wellbeing of persons with schizophrenia attending OPD of LGBRIMH on first follow up after discharge	Dr. Arunjyoti Baruah

Clinical Services:

Outdoor & Indoor: Clinical and consultation services at OPD and indoor are provided from the Department of Psychiatric Nursing. The activities carried out are given below:

Service Setting	Activity	Number
OPD	Group psycho-education	135
	Individual counseling/ psycho-education	197
	Family Nursing intervention (counselling/psycho-education)	743
	Detailed case assessment/screening	2662
	Admission counseling	87
	Discharge counseling	120
Indoor	ECT Nursing care (pre, during & post)	1316
	Group activity/skill training	192
	Individual counseling	101
	Pre-discharge Counselling/ psycho-education	458
	Special Nursing Care	39
	Activity scheduling/ADL training	48
	Nursing care review	120
	Patient development program	5
Community	Group psycho-education in community extension clinic	2
	Mental Health Education/Awareness meeting	37
	Family Nursing Assessment/Intervention	331

Community Services:

- The students and faculty of the Department of Psychiatric Nursing attended the community extension clinic at Sootea, Jakhalabandha, and Missionaries of Charity, Tezpur. Psychoeducation and health talk were given to the patients and their family members.
- 2nd and 1st year M.Sc. Nursing students, DPN students along with the faculty conducted community Mental Health Programme in Dolabari under Bihaguri PHC from 6th November to 24th December, 2018. Health education was given to the community M.Sc. Nursing students along with the faculty from the department.

- M.Sc. Nursing students and the faculty conducted community mental health programme in sub centre of Anganwadi Centres under Bihaguri PHC from 5th February to 5th March, 2019. Health education was given to the community.

**Seminar/Conference/Workshops/Classes:
Organised by the Department:**

- Dr. Arju Saikia, Senior Resident, Department of Biochemistry, Dr. Nurnahar Ahmed, Department of Psychiatric Nursing, LGBRIMH, Tezpur, Mr. John Dinesh, Faculty, BCH, Tezpur were the resource persons for the workshop on the occasion of “World Health Day” and observation of Swachhata Abhiyan fortnight programme of Govt. of India with theme: Health and Sanitation towards Swachh Bharat: Initiation at the organization level on 7th April, 2018 in Indoor Mini Auditorium.

- Mrs. Abharani Chamuah, Associate Professor, RNC, Guwahati was the resource person for the workshop on the theme “Material management in Health care settings: Role and Responsibilities of Nurses” on 26th April, 2018 at Indoor Mini Auditorium, LGBRIMH.



Photo: Resource person Mrs. Abharani Chamuah

- Dr. Hiranya Saikia, Asst. Professor, Dept of Community Medicine, AMCH, Diburgarh was the resource person for the workshop on the topic “Quantitative Research in Nursing” on 18th to 19th January, 2019.



Photo: Resource Person Dr. Hiranya Saikia

- Dr. Krishna Das, Professor, Regional College of Nursing, Guwahati was the resource person for the workshop on the topic “Quantitative Research in Nursing” on 23rd January, 2019.



Photo: Resource Person Dr. Krishna Das

- Department of Psychiatric Nursing organized Pre-conference workshop on the topic “Rewriting our stories: Self care in Nursing” on 15th February, 19 at 3rd floor Department of Psychiatric Nursing. The session was chaired by Dr. K. Reddemma, President ISPN and the resource person was Dr. Diptarup Chowdhury, Assistant Professor, Dept. of Clinical Psychology, LGBRIMH, Tezpur.
- The Department of Psychiatric Nursing, Lokopriyo Gopinath Bordoloi Regional Institute of Mental Health, Tezpur had organized the 18th Annual National Conference of Indian Society of Psychiatric Nurses (ISPN) from 15th to 17th February, 2019 at Auditorium of LGBRIMH, on theme “Role of Nurse in Promoting Positive Mental Health”, for the first time in North- East India. More than 300 delegates, especially the psychiatric nurses, faculties, and psychiatric nursing students from all over India had attended the conference. Delegates had come from most of the Government and Private nursing institutes of the country, like- NIMHANS, Bengaluru; AIIMS Delhi, AIIMS, Rishikesh, AIIMS, Patna; AIIMS Bhubaneswar, CIP, Ranchi; Govt. College of Nursing, Kolkata; Regional



Photo: 18th Annual National Conference of Indian Society of Psychiatric Nurses (ISPN)

College of Nursing, Guwahati, NEIGRIMHS, Shillong; RIMS, Manipur; Army Institute of Nursing, Guwahati; Mulana Institute of Nursing, Ambala; Khalsa College of Nursing; College of Nursing and Manipal MAHE & Sikkim.

- Dr. Unmona Borgohain, Principal, AINE, Guwahati & Dr. Nurnahar Ahmed, Asst. Professor I/C, Department of Psychiatric Nursing, LGBRIMH were the resource persons for the workshop on the topic “Qualitative Research Design” on 25th February, 2019 at 3rd floor, Department of Psychiatric Nursing, LGBRIMH.



Photo: Resource person Dr. Unmona Borgohain

Meetings/conference attended/Paper presentation/Chairpersons:

- Nine 1st year M.Sc. Nursing (Psychiatric Nursing) and three DPN students of the institute attended the workshop on “Critical care skill” at School of Nursing, BCH, Tezpur on 17th April, 2018.
- Dr. Arunjyoti Baruah, Professor cum HOD of the Psychiatric Nursing department was the resource person in the workshop on the theme: “Qualitative Research in Nursing: Interpretation & analysis” on 27th April, 2018 at CPMS College of Nursing, Guwahati. Six nursing personnel were also attended the workshop.
- Dr. Arunjyoti Baruah, Professor cum HOD of Psychiatric Nursing attended Expert discourse meeting towards Development of Resource Material for Nursing personnel on 28th June, 2018 at NIMHANS, Bangalore.
- Dr. Arunjyoti Baruah, Professor cum HOD attended a Core Committee meeting as member to develop Nurse practice act at INC, New Delhi on 17th September, 2018
- Dr. Nurnahar Ahmed, Assistant Professor (I/C) had attended the 22nd Annual National Conference, Nursing Research Society of India, at Kolkata from 29th November to 1st December, 2018. She had presented a scientific paper titled “Treatment Adherence of persons with mental illness attending a tertiary mental health care setting” in the same conference.

- Ms. Subhra Sarkar, Nursing Tutor and Mrs. Angshu Lama Ph.D. scholar of the institute presented scientific paper on the topic “Health is a Human right: Knowledge of the family members of Patient undergoing treatment & Knowledge regarding legal aspects of patient care among nursing students at selected nursing schools of Assam.” respectively at Ban Theatre on the event of International Nurses' Day, 2018
- On 10th November, 2018, a month long Mental Health celebration closing day was observed in the New Auditorium with Chief Guest Ms. Maini Mahanta renowned Assamese writer, Editor & TV personality who address the youth of 5 colleges on “Yuva-Mann-Meet”, short film was shown. Students of the department participated in competition & won prizes on following topics:
 - i. Poster making: 2nd prize by three 1st year M.Sc. nursing students.
 - ii. Logo competition: 3rd prize by three 2nd year M.Sc. nursing students.
 - iii. Photography: 1st prize by 1st year M.Sc. nursing student.
 - iv. On skit: 3rd prize by eight 1st year M.Sc. nursing students.
- Best Scientific poster presentation on the topic won by Ms. Pinky Chetia and Ms. Nirupama Devi, M. Sc. Nursing (Psychiatric Nursing) student of LGBRIMH on the study title “Knowledge and practice of mental health and hygiene among antenatal mothers of selected areas of Sonitpur, District Assam at 22nd Annual National conference of Nursing society of India at SSKM Hospital Campus, Kolkata.

Publications:

Authors	Title of Publication	Journals / Books etc	Year of publication
M. Luxmi Devi, Arunjyoti Baruah & Biyola Baruah	Retrospective Evidence based assessment of nursing needs in patients with mental illness admitted at tertiary care hospital of Assam	International Journal of Advance Science & Research, Vol. 3, March 2018	2018
Subhra Sarkar, Arunjyoti Baruah & Bineeta Nath	Knowledge regarding adverse effects of tobacco smoking among the schizophrenia patients	Indian Journal of Psychiatric Nursing	Jan 2019
L Iris Devi, Nurnahar Ahmed, Ch. Padmini Roy	Awareness of mental illness in selected rural areas of a district in Assam	Research Review International Journal of Multidisciplinary e-ISSN:2455-3085	4(03)Mar-2019

Nurnahar Ahmed, Arunjyoti Baruah	Assessment of treatment adherence in persons with mental illness: Testing of a tool	Indian Journal of Psychiatric Nursing. ISSN: 2231-1505	15(1)Jan-June 2018
Indu Jacob, Nurnahar Ahmed	Marital Satisfaction and burnout in spouses of patients with schizophrenia	Indian Journal of Psychiatric Nursing. ISSN: 2231-1505	15(1)Jan-June 2018

Other Activities:

- International Nurses' day was celebrated in collaboration with TNAI, Sonitpur District Branch on 12th May, 2018 at Ban Theatre, Tezpur on the theme: “Nurses: A voice to Lead - Health is a Human Right” which was unfolded by Mrs. S. Vatchala Dhinakaran Asst. Secretary General, TNAI, New Delhi. The day long programme included 3 scientific paper presentations & quiz competition was also organized as a part of the celebration. 460 staff, students & faculties from Sonitpur District attended the programme.



Photo: International Nurses Day Celebration

- 2nd year M. Sc. Nursing (Psychiatric Nursing) students and DPN students organised recreational activities and competitions among patients as a part of patient development programme at Indoor Club.

Achievements:

- The Life Fellowship award was conferred to Dr. Arunjyoti Baruah on the event of 18th Annual National Conference of Indian Society of Psychiatric Nurses (ISPN)
- The “Yuva-Mann-Meet” logo was released on the event of World Mental Health day & best logo prize was given to Ms. Subhra Sarkar & Ms. Pallavi Talukadar, 1st year Ph.D. scholar of the Department.

- 3rd prize in logo making competition was given to Ms. Pinki Chetia, Ms. C. Cuny Hung and Ms. Suman Jyoti Das, M. Sc. Nursing (Psychiatric Nursing) student of the Institute.
- Ms. Sapam Kiranbala Chanu got the 2nd place in the Power Lifting (Girls) competition 35th Annual Meet-2018 of Body Builders Association organised by Sonitpur District Body Builders Association, Tezpur held at Dipota Kendriya Natya Mandir, Dipota, Sonitpur under the Evolve Fitness Organisation, Dipota.

DEPARTMENT OF PSYCHIATRIC SOCIAL WORK

Introduction:

The Department of Psychiatric Social Work came into being with the appointment of a faculty in Psychiatric Social Work in 1998 by the Board of Administration (BoA) under the Govt. of Assam, in pursuance of the recommendations of the Supreme Court orders for up-gradation of the Institute for initiating various services and teaching program in Mental Health at the Institute.

The primary focus for the department then was initiating socially relevant services at the hospital, rehabilitation of long stay patients and planning for various academic training programs in Mental Health including the training of Psychiatric Social Work personnel. The academic training got underway in 2009 with the commencement of M Phil course in Psychiatric Social Work under the affiliation of Gauhati University. The intake capacity for M Phil in Psychiatric Social Work has increased from 2 to 6 seats. The course and curriculum is reviewed periodically by the Committee for Courses and Syllabus under Gauhati University.

The Department has grown to have four (4) faculty members and five (5) Psychiatric Social Workers. The department has twelve (12) M Phil students, inclusive of first and second years. The Department was recognized to start the full-time programme for Ph. D. in October, 2017. The Ph. D. program got underway with three (3) scholars taking admission in the month of October 2017. They were selected through the GU-RET Examination of Gauhati University. The department also has seven (7) part time Ph. D. scholars under the guidance of the faculty members.

At the clinical front, the department undertakes net-working services and initiatives across the society for the welfare and well-being of persons with mental health problems apart from providing psychosocially oriented clinical services at the Institute. The Department is also actively involved in the reintegration of persons with mental illness who are homeless. The Department offers consultancy services to both governmental and non-governmental sectors.

With impetus from the Ministry towards training a larger number of mental health personnel the Institute launched the Digital courses in Mental Health under the MEET LGBRIMH initiative. The Department of PSW started the online training program on “Mental Health for Social Workers” in the month of March.

Faculty and Clinical Supervisory Personnel:

Post	Name	Qualification
Head & Professor	Dr. Sonia Pereira Deuri	MSW (School of Social Work, Mangalore University), M. Phil,(PSW -NIMHANS), Ph. D. (Mizoram University)
Associate Professor	Dr. Sobhana H.	MSW (Rajagiri School of Social Sciences, MG University, Kottayam), M Phil, Ph. D. (PSW-NIMHANS) , Post -Doctoral Fellowship (University of Florida, USA)
Assistant Professor	Dr. Arif Ali	MSW (AMU -Aligarh), M Phil, (PSW -CIP, Ranchi University), Ph.D (RINPAS -Ranchi University)
Assistant Professor	Dr. I. Banerjee	MSW (M. G. Kashi Vidyapeeth, Varanashi), M Phil, (PSW-CIP, Ranchi University) Ph. D. (M. G. Kashi Vidyapeeth, Varanasi)
Psychiatric Social Worker	Ms. Buli Nag Daimari	MSW (Mizoram University), M Phil, (PSW - NIMHANS)
Psychiatric Social Worker	Ms. Sabana Nasrin Islam	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker	Athelrine Horo	MSW (Pune University) M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker (NMHP)	Ms. Marinella Meribeni Humtsoe (till 30 th August 2018)	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker (NMHP)	Edlina Kerketta	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker (NMHP)	Ankita Dutta	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)

Academic and other related activities:

- The Academic session for the reporting year (2018-19) witnessed one batch (2016-18) appearing for the final exams in April, 2018. With a change in the academic session, admissions for the new batch took place on 1st October, 2018, following selection through the GU-RET entrance examination for M.Phil and Ph.D programmes. It admitted 6 (six) M.Phil students and 3 (three) PhD Scholars.
- The first year batch of M. Phil trainees underwent orientation program for 15 days prior to them being posted into the hospital. Clinical posting during their first year centered mainly in adult psychiatry units and from March, 2019 onwards, the trainees were posted for specialized services of Psychosocial Unit, Family Therapy and Rehabilitation services.
- The second year trainees for M.Phil in Psychiatric Social Work of the batch 2017-19, (admitted on 1st October, 2017), moved into their second year from the month of October, 2018 onwards. They continued their academic programs, research pursuits and clinical posting during the year of report in

Adult Psychiatry, Rehabilitation Services and Family Therapy Centre in the Institute. They also went for exposure training to NIMHANS Bangalore in the month of January, 2019. The second year trainees actively continued their dissertation preparation from November, 2018 onwards.

- Apart from clinical work, lecture programs, seminars, case presentations were held for the trainees by the department. They also attended the unit level academic activities organized by the department of Psychiatry.
- The Ph.D scholars of the batch 2017-20, submitted their six- monthly report to the RAC members in April, 2018. They continued their dual responsibility in the role as supervisors for clinical work.
- Final Examination for M.Phil PSW was held for the 2016-18 batch (session May to April) from 1st to 12th of April, 2018. The results were declared for the batch in May 2018. All 6 trainees cleared the Annual examination of Gauhati University.
- During the year, from May, 2018 onwards, the department coordinated and liaised with the Academic Section for the GU-RET examination of 2018 for M.Phil and a Ph.D course that was scheduled start its session in October, 2018. 3 (Three) seats were declared for the Ph.D entrance examination for the session 2018-19 while 6 (Six) seats were declared for the M.Phil in PSW course.
- Three scholars were admitted as per the selection in the GU-RET, 2018 examinations for the Ph.D program while 6 (six) trainees were selected for the M.Phil clinical course. The new batch of M Phil PSW trainees numbering 6 (six) joined in the month of October, 2018 following the GU-RET conducted by Gauhati University for selection as per UGC 2016 recommendations.
- All Ph.D scholars were posted against the units for clinical and supervisory roles. The newly admitted Ph. D. scholars of batch presented their Ph.D proposal in the month of March, 2019 for approval by Scientific Advisory Committee (SAC) and the Institute Ethics Committee (IEC).
- All the scholars of all batches presented their six monthly progress report to the RAC members in the month of March, 2019.
- The Ph.D scholars (2017-20) and M. Phil trainees (2017-19) presented their progress report in an Inter departmental seminar in the month of March, 2019.

Thesis and Dissertations:

The first year Ph. D. scholars of batch 2018-21, presented the research protocol of their proposed thesis to the Scientific Advisory Committee (SAC) and the Institute Ethics Committee (IEC). The titles for the studies are as follows:

Name of the Scholar	Title of Thesis	Guide
Pomi mahanta	Effectiveness of life skills intervention among school going adolescents	Dr. Sonia P.Deuri
Smitakhi Mahanta	Psychosocial Intervention for Caregivers of Persons with Alzheimer's disease	Dr. Sobhana H
Abhijeet Singh	The development and testing of psychosocial inventory for caregivers of persons with mental illness	Dr. Arif Ali

The 2nd year M. Phil trainees (batch 2017-19) are in the process of preparing the following dissertations following the approval by the Scientific Review Committee and the Institute Ethics Committee. The titles for the studies are as follows:

Name of trainee	Dissertation topic	Guide/Co- Guide
Arunida Khumukcham	Psychosocial Problems and the Help Seeking Intentions among the School -Going Adolescents	Dr. Sonia P Deuri (Guide) & Dr. I Banerjee (Co-guide)
Ibanlumlin Diengdoh	Body Image, Romantic Relationship, Substance Use and Psychological Adjustment in college going students	Dr.Arif Ali (Guide) & Dr. I. Banerjee (Co- guide)
Monalisha Boruah	Stress, Resilience, Psychological and Social Wellbeing among the Transgender persons in Assam	Dr. Sobhana H (Guide) & Mrs. Buli Nag Daimari (Co- guide)
Rituporna Dhar	Psychiatric Disability in persons with Schizophrenia and Marital Adjustment in their spouses	Dr. Sonia P. Deuri(Guide) & Mrs.Buli Nag Daimari (Co- guide)
Mrinal Basumatary	Magico religious beliefs, stigma and help seeking behaviour among the care givers of persons with schizophrenia	Dr.Arif Ali (Guide) & Buli Nag Daimari (Co- guide)
Priyanka Saikia,	Psychosocial co -relates and wellbeing of women working in the beauty salon industry	Dr Sobhana H, (Guide) & Dr Indrajeet Banerjee (Co-guide)

The final year examinees of second year M. Phil (batch 2016-18), who appeared in April, 2018, prepared the following dissertations as part of their course. The titles for the studies were as follows:

Name of trainee	Dissertation topic	Guide-Guide	Co-Guide
Ms. Pomi Mahanta	'Correlates of social and occupational functioning in Persons with Schizophrenia'	Dr. Sonia P. Deuri (Guide) and Dr. I. Banerjee (Co-guide)	
Ms. Smitakhi Mahanta	'Resilience, mental health status, burden, and quality of life among family caregivers of persons with dementia'	Dr. Sobhana H (Guide)	
Mr. Kelouletuo Keyho	'Defense mechanism, personality traits and psychosocial functioning among school going adolescents'	Dr. Arif Ali (Guide) and Ms. Buli Nag Daimari (Co-guide)	
Ms. Edlina Kerketta	'Risk and protective factors, resilience, family functioning and mental health status of school going adolescents of tea tribes area'	Dr. Sonia P. Deuri (Guide) and Dr. Arif Ali (Co-Guide)	
Ms. Ankita Dutta	'Resilience, spiritual intelligence and perceived stress among persons with Schizophrenia'	Dr. Sobhana H (Guide)	

Exposure Training:

Students of Masters Course in Social Work (MSW) from other institutions were provided exposure training in the Institute.

Students from the following institutions underwent block placement training in the department under the supervision of the staff:

Total Number of Visiting Students for the financial year 2018 -2019			
Sl. No.	Name of the College / University	Posting Period	No. of Student
1	Central University of Kerala	20-04-18 to 19-05-18	03
2	NERIM Group of Institute, Guwahati	01-09-18 to 31-09-18	01
3	Tezpur University , Tezpur	June,18 to July, 18	01
4	NEF College of Management & Technology, Guwahati	02-07-18 to 02-08-18	02
5	Tezpur University , Tezpur	August, 18 to November, 19	02
6	Bosco Institute, Jorhat	One Day Visit 29-08-2018	36
7	Assam Don Bosco University, Sonapur	17-09-2018 to 12 -10-2018	01

8	Bosco Institute, Jorhat	One Day Visit (January,19)	38
9	Tezpur University , Tezpur	February,2019 to May, 2019	02
10	Assam Don Bosco University, Sonapur	25-02-19 to 23-03-19	01
		Total	87

Clinical Services:

The clinical services at the OPD and Indoor are summarized below for the session 2018-19:

Clinical Services	<ol style="list-style-type: none"> 1. Individualized Psychosocial Services = 681 1. Admission Counseling = 679 2. Discharge Counseling =758 3. Family/Marital assessment/interventions/therapy (OP&IP) = 101 4. Disability Assessment =- 5. Exposure training at institute= 17 6. Psychological care= 1871 7. Promotion of social skill and group work/ group activity=69 8. Individualized community integration effort = 88 9. Liaison with NGO=12 10. Liaison with GO = 16 11. Psychosocial services for homeless=153
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External Examinership:

During the year of report, the following were examiners and paper setters

1. Dr. Sonia P Deuri was a Ph.D and M.Phil examiner for Mizoram University. She was an M.Phil examiner for TISS, Guwahati and Utkal University.
2. Dr. Sobhana H was a Ph.D examiner for Mizoram University and M.Phil in PSW examiner for Ranchi University.
3. Ms. Sabana Islam was an Examiner for MSW for Dibrugarh University.

Seminar/Conference/Workshop/Guest Lecture: Workshops Organised by the Department:

- A three workshop on Research and Statistics by Dr. Thennarasu from 9th to 11th August, 2018 was organized by the Dept. of PSW.



Photo: Resource person Dr. Thennarasu

- Department of PSW was celebrated International Day of Disabled person on 3rd of December, 2018. A day long programme was organized by North Assam Handicapped Association, Sacred Disability centre, District Welfare officer, ATMIKHA (NGO), and Department of Psychiatric Social Work.



Photo: Observation of International Day of Disabled person

- Dr. Sudipto Chatterjee and Dr Hamid Dabholkar, Consultant Psychiatrists from Bangalore and Pune was the resource persons for a Panel discussion on “Youth Substance Abuse and Community Initiatives: Hopes and Challenges” was organized by the Department of Psychiatric Social Work for the benefit of the PG students of the institute on 22nd February, 2019.



Photo: Resource Person Dr. Sudipto Chatterjee and Dr. Hamid Dabholkar

- Women's Day was organized by the department on the 10th of March, 2019. Professor Shasi Baruah, former Head, Dept of Molecular Biology and Bio Technology, Tezpur University, was the resource person for the lecture series.



Photo: Observation of World Women's Day

- The Department of Psychiatric Social Work, LGBRIMH Tezpur celebrated the World Social Work Day 2019 on the 22nd of March, by organising a one day seminar on '**Promoting Human Relationships through Social Systems**'. The inaugural programme was followed by a seminar on 'Social Systems: the Building Blocks for Human Relationships'. Topics like 'Facets of human relationships, Cultural practices to foster healthy Role of family in promoting healthy relationship human relationship and Social work profession in promoting human relationship and the panel discussion on 'role of the society in strengthening human relationships' were covered by Dr. Sobhana H, Dr. Moushumi Kandali, Assistant Professor, Department of Cultural Studies, TU, Dr. Bino Thomas and Dr. Arif Ali respectively under the Chair of Dr. Sonia P Deuri. Later a short film was

screened for discussion and this session was facilitated by Dr. Indrajeet Banerjee, Assistant Professor, DPSW, LGBRIMH, Tezpur. There was also a post lunch session of panel discussion on the topic **Role of Society in Strengthening Human Relationships**. This discussion was chaired by Dr. Sonia P Deuri. Dr. Pallavi Jha , Assistant Professor, Dept of English, TU, Ms. Abha Bora, Panel Advocate, District Legal Services Authority, Tezpur, Ms. Namami Sharma, Assistant Professor, Department of Social Work, TU and Ms. Rashi Rekha Sarmah, Deputy SP, Sonitpur were the panelists.



Photo: Observation of World Social Work Day

Consultative and Liaison Services:

The department faculty and psychiatric social workers provide consultative services to the following centres and organisations in the community.

1. Joint Director of Health Services, Tezpur
2. Chief Judicial Magistrate of Sonitpur, Tezpur
3. District Disability Rehabilitation Centre twice a month
4. ASACS, Guwahati and Sneh TI group, Tezpur in relation to homeless AIDS positive patients and their ART treatment.
5. District Legal Aid Services, Tezpur
6. Juvenile Justice Board
7. Awareness programs and Counselling Services in school and colleges in Sonitpur in both urban and rural areas
8. North Bank Handicapped Association, Tezpur

9. Sonitpur Child Welfare Committee, Tezpur
10. NGO liaison for Homeless persons and other persons with mental illness with Athmika, 8 Brothers, Soft Seed, Missionaries of Charity, NEVARD, Bongaigoan, Tezpur Mahila Samiti, Tezpur, The East, Tezpur, Destination, Guwahati, Human Welfare Society, Nazira, Prerona, Jorhat, North East Multipurpose and Handicapped Training Centre, Biswanath Chariali, Banyan, Chennai, Ambagam, Chennai, Sacred Heart Disability Centre, Gutlung, Tezpur and Shradha Rehabilitation Foundation Mumbai.

Mental Health Promotion:

Seminars/ Conferences/ Workshops / Meetings Attended:

- Dr. Sonia P Deuri, Dr. Sobhana H, Dr. Arif Ali, Ms. Sabana N Islam and all the 1st year and 2nd year M Phil trainees participated and presented papers at the National Seminar cum Workshop on Mental Health and Social Work Practice held on 27th and 28th April, 2018. The following papers were presented at the conference:
 - Enhancing work behaviour and social functioning persons with schizophrenia attending centre of rehabilitation sciences: A Case Study' by **Ms. Monalisa Baruah** and Dr. Arif Ali.'
 - Psychosocial issues in parenting children with Intellectual Disability' by **Ms. Sabana N Islam** and Dr. Sobhana H.'
 - A study of mental health status and burden among caregivers of patients with Dementia' by **Ms. Smitakhi Mahanta**, Dr. Sobhana H and Dr. Abhishek Priyadarshee.'
 - A study on resilience and perceived stress among persons with schizophrenia' by **Ms. Ankita Dutta**, Dr. Sobhana H and Dr. Abhishek Priyadarshee.'
 - Resilience and psychological distress in University student: a gender comparison' by **Ms. Rituporna Dhar**, Dr. Arif Ali and Nilesh Gujar.'
 - Psychological and spiritual intelligence as predictors of mental health among school going adolescents' by **Mr. Nilesh Maruti Gujar** and Dr. Arif Ali.'
 - A case study of person with schizophrenia with auditory hallucination (voices) - a cognitive behavioural case work approach' by **Mr. Mrinal Basumatari** and Dr. Arif Ali.'
 - A study on psychosocial problems of women working in the informal sector' by **Ms. Priyanka Saikia**, Dr. I Banerjee and Dr. Kalarivayil'

- Peer relationship, self esteem and wellbeing among school going adolescents' by **Ms Ibanlumlin Diengdoh** and Dr. Arif Ali'
- Prevalence of family violence among women with somatoform disorder at a tertiary mental health care setting in Northeast India' by **Ms. Deboshree Bora** Dr. Sobhana H, Dr. Abishek P and Dr. Sonia P Deuri
- Ms. Athelrine Horo presented a talk 'Early identification and early intervention for multiple disabilities' at the one day community awareness program in Misamari village, organized by NIEPMD under the aegis of the Dept. of Empowerment of Persons with disability, Ministry of Social Justice and Empowerment, GOI in association with Destination Guwahati, and in Collaboration with the EAST and Dept of Psychiatric Social Work, LGBRIMH on 6th June, 2018. M Phil trainees also attended the programme
- Ms. Buli N Daimari presented a talk on 'Early identification and early intervention in multiple disabilities'. Ms. Buli N Daimari was a panel member in the panel discussion on 'role of rehabilitation professionals in multiple disabilities'. Dr. I Banerjee chaired the above panel discussion at the one day training program for Rehabilitation professionals on recent trends in therapeutic management for multiple disabilities. organized by NIEPMD under the aegis of the Dept. of Empowerment of Persons with disability, Ministry of Social Justice and Empowerment, GOI in association with Destination Guwahati, and in Collaboration with the EAST and Dept of Psychiatric Social Work, LGBRIMH on 7th June, 2018
- Dr. Sobhana H was a resource person on 'Stress Management' for the Induction Training of Faculty at Tezpur University on the 2nd of July, 2018. This program was organized by Teaching Learning Centre, Tezpur University.
- Dr. Sobhana H was a resource person for a workshop on 'Child Mental Health' for the Newman Educational Society, on the 13th and 14th July, 2018 at Tinsukia.
- Dr. Arif Ali, Mr. Nilesh Gujar and Mr. Abhijeet Singh were invited by the University of Science and Technology, Meghalaya for a workshop on “Psychosocial Assessment and Intervention in Mental Health” on 12th October, 2018.
- Dr. Sobhana H. and Dr. Indrajeet Banerjee were the resource persons for the workshop on Teachers Training programme on 21st December, 2018 at Tezpur University, Tezpur
- Dr. Sonia P Deuri and Dr. Sobhana H presented a symposium on Psychiatric Social Work Education

and Practice- Reflections from North-East India in the XXXVII Annual National Conference of Indian Society of Professional Social Work held at NIMHANS Bengaluru from 3rd to 5th January, 2019.

- Dr. Sonia P Deuri and Dr. Sobhana H, Chaired scientific sessions at the XXXVII Annual National Conference of Indian Society of Professional Social Work held at NIMHANS Bengaluru from 3rd to 5th January, 2019.
- Dr. Sobhana H was a panel discussant on the topic “**Social Work Research & Development**” at the XXXVII Annual National Conference of Indian Society of Professional Social Work held at NIMHANS Bengaluru from 3rd to 5th January, 2019. She presented a talk on Psychiatric Social Work research, Future Directions and Ethics.
- The following papers and posters were presented at the conference:
 - “Spiritual Intelligence, Peer relation and Well-being among school going adolescents” by **Mr. Abhijeet Singh**. He received best paper award for this paper.
 - “Loneliness, Social Anxiety, Social Support and Internet Addiction among Post Graduate College Students” by **Mr. Abhijeet Singh**.
 - Poster Presentation on “Resilience among school going adolescent” by **Mr. Abhijeet Singh**.
 - “Psychological Capital, Self Esteem and Mental Health Status among School Going Adolescents” by **Mr. Nilesh Maruti Gujar**.
 - How I overcame depression: A qualitative study' by **Ms. Debashree Borah** and **Dr. Sonia P Deuri**.
 - “Perceived social support and social occupational functioning in persons with schizophrenia” by **Ms. Pomi Mahanta** and **Dr. Sonai P Deuri**.
 - “Resilience and mental health status among school going adolescents of tea garden area” **Ms. Edlina Kerkata** and **Dr. Arif Ali**.
 - “Predictors of quality of life among caregivers of persons with dementia” by **Ms. Smitakhi Mahanta**, **Dr. Sobhana H** and **Dr. Abhishek**.

- “Stress and resilience among the transgender persons in Assam” by **Ms. Monalisha Baruah**, Dr. Sobhana H and Ms. Buli N Daimari.
 - “Job stress and psychological wellbeing of women working in the beauty salon industry” by **Ms. Priyanka Saikia**, Dr. Sobhana H and Dr. I. Banerjee.
 - “A study on resilience, spiritual intelligence and perceived stress among the persons with schizophrenia” by **Ms. Ankita Dutta**, Dr. Sobhana H and Dr. Abhishek .
 - “A case study of persons with depression: A cognitive behavioural case work approach” by Ms. **Priyanka Saikia**, Dr. Arif Ali and Mr. Nilesh Gujjar.
- Mrs. Buli Nag Daimari, Psychiatric Social Worker was the resource person for the workshop on 'Stages of addiction and addictive behavior' and 'Counselling and types of counseling' on 4th of January, 2019 at the Annual Conference of Indian Academy of Pediatrics, conducted by the ICANCL group at Guwahati. She also attended this three day conference.
 - Dr Sonia P Deuri was panel presenter and discussant for a session on 'Risks and Vulnerabilities in Special Population' for the Annual Conference of Psychiatric Nurses from 15th to 17th February, 2019 at LGBRIMH, Tezpur.
 - Ms. Buli Nag Daimari was a resource person for a seminar on 'Anti Drug Counselling' at Tezpur University on 25th and 26th February, 2019 organized by the NSS volunteers for engineering students. The seminar was sponsored by Ministry of Social Defense.
 - Dr. Sonia P Deuri, Prof & Head, Dept. of Psychiatric Social attended a meeting to develop a National Strategy for Suicide Prevention held on 15th February, 2019 at Nirman Bhawan, New Delhi.
 - Mrs. Buli Nag Daimari, Psychiatric Social Worker, Ms. Pomi Mahanta, Ph.D Scholar and Ms. Smitakhi Mahanta, PhD Scholar from the Dept. of Psychiatric Social Work were the resource persons for the workshop on Counselling for MSW trainees at Department of Social Work, Tezpur University on 28th of March, 2019.
 - Dr. Sobhana H, Associate Professor, Dept. of Psychiatric Social Work participated in the workshop on “Psychosocial support following floods in Kerala” (MHPSS) organized by WHO from 26th to 28th of March, 2019. She was also a panel discussant on the topic- 'Capacity building for mental health and psychosocial support following disasters in India'

Organized Seminar / Workshop:

1. Dr. Banerjee conducted a half workshop 'Relaxation Therapy' on the 9th of May, 2018 for 1st year M Phil trainees.
2. Dr. Sobhana H and Ms. Buli Nag Daimary conducted a three half day workshop on 'Basic Concepts, Approaches and Techniques of Family Therapy' on 10th, 11th and 12th May, 2018 for 1st year M Phil trainees
3. Dr. Sonia P Deuri, Dr. Arif Ali, Mr. Utpal Borah and Ms. Shyamolee Borah conducted a half day on Workshop cum Lecture Program on Psychosocial Rehabilitation 23rd and 24th May, 2018 for 1st year M Phil trainees.
4. The department carried out an awareness program in Usapur Gaon Panchayat as a part of the Swatch Bharat Abhiyan. This was under the leadership of Dr. I Banerjee in the month of July, 2018.
5. Dr Sonia P Deuri from the department supported as an organising committee member for the organization of Annual Conference of Assam Branch of Indian Psychiatric Society, from 21st to 22nd September, 2018.
6. Swatchatha Awareness at the LBRIMH OPD was held on 24th September 2018. This was coordinated by Dr. Sobhana H and Mr. Nilesh Gujar.
7. The department carried out an awareness program at Nabaprabat Orphanage as a part of the Swatch Bharat Abhiyan. This program was under the leadership of Dr. Arif Ali in the month of August, 2018. Swatchatha Awareness with Pajra NGO was held at Rajabari Noali on 27th September, 2018. This



Photo: Swatch Bharat Abhiyan at Nabaprabat Orphanage

program was coordinated by Dr. I Banerjee, Ms. Athelrine Horo, Mr. Nilesh Gujar, Ms. Debashree Borah. Mental Health Awareness with Pajra NGO was held at Rajabari Noali on 27th September 2018. This program was coordinated by Dr. Arif Ali, Ms. Athelrine Horo.

1. Dr. Sonia P Deuri was the Chairperson and Dr. Sobhana H was the Joint Secretary of the organizing committee of the Month Long Observation of Mental Health Day from 10th October to 10th November, 2018. The department was also part of the Udalguri Camps and Balipara Camps. It also coordinated the Community camp in collaboration with Satra NGO at Sipajhar on 15th October, 2018. Mental Health Awareness was conducted at the Panch Mile Higher Secondary School on 27th October, 2018. Street plays were organized in Puja Pandals during the Durga Puja observation by M. Phil students.
2. The department PSW along with faculty and staff were part of the organizing committee member the Annual Conference of Psychiatric Nurses, at the Institute from 15th to 17th February, 2019.
3. A half day workshop on “Learning Disorder” was organized By the Dept of PSW for teachers of Gajraj Army Pre-Primary School Tezpur on 13th March, 2019 at LGBRIMH, Tezpur
4. A pre-seminar workshop was organized for the benefit of M.Phil PSW students on Promotion of Parenting Skills by Dr. Bino Thomas, Assistant Professor, Dept. of PSW, NIMHANS, Bengaluru on 21st March, 2019.

Research and Related Activities:

1. A project on 'Psychosocial interventions of homeless persons with mental illness admitted to LGBRIMH with reception order' was accepted for Institute Grant. Dr. Sobhana H is the PI and Dr. Sonia P Deuri and Dr. Arif Ali are the Co Investigators. The project was completed on 16th March, 2019.
2. Dr. Sobhana H contributed as an expert for the preparation of e-lessons on Module 4 (4 lessons) in Social Case Work, for the e-Content for Social Work Undergraduate Course, Educational Multi Media Research Centre (EMMRC), Osmania University under the Massive Open Online Courses (MOOCs), National Mission on Education through Information Communication Technology (ICT) of Ministry of Human Resource Development Department of Higher Education by the Consortium for Educational Communication (CEC). (July 2018)
3. Body image, satisfaction and self esteem among gym user and non users by Dr. I Banerjee and Dr. Arif Ali (ongoing)
4. Psychological capital and spiritual intelligence as predictors of mental health among school going adolescents, Primary Investigator: Nilesh Maruti Gujar, Co-Investigators: Dr. Arif Ali (ongoing).
5. Effectiveness of yoga intervention in persons with alcohol dependence syndrome

By Nilesh Maruti Gujar, Arif Ali and Sonia P. Deuri (ongoing)

6. Development of a scale to access patient's and caregiver's Satisfaction with Mental Health Care services by Dr. Indrajeet Banerjee (PI) Co-Investigators: Dr. Sobhana H, Dr. Sonia P Deuri, Dr. Thenarashu(**ongoing**)
7. A study on 'Associative Stigma, Professional Identity, Burnout and Satisfaction with Life among Mental Health Professionals in India by Dr. Sobhana H (PI), Dr. Priya (PI), Dr. Abhishek Priyadarshi (CI) and Ms. Sabana N Islam (CI)
8. Mindfulness, resilience and psychological distress among university going students by Miss. Rituporna, Co-Investigators: Dr. Arif Ali

Paper and Other Publications:

Name of the teacher(s)	Total number of Paper(S) published	National/International
Dr. Sobhana H & Dr. Sonia P. Deuri	A chapter on mental illness and displacement: A Gender perspective	The Northeast Indian Women: Issues of Displacement, Violence, Media and Law, CSCWS, Tezpur University, Edited by Dr Madhurima Goswami (2018) [National] [ISBN-978-93-87035-23]
Pradeep BS, Gururaj G, Varghese M, Benegal V, Rao GN, Sukumar GM, Kangkan Pathak , Sonia Pereira Deuri et al. (2018)	National Mental Health Survey of India, 2016 - Rationale, design and methods	Published: October 25, 2018 PLoS ONE 13(10): e0205096. https://doi.org/10.1371/journal.pone.0205096 [International]
Kerketta Edlina Ali Arif Gujar Maruti Nilesh Deuri P. Sonia	Prevalence of emotional, behavioural problems and ego resilience among tea tribe adolescents living in Dibrugarh district of Assam	24 May 2019 https://doi.org/10.1016/j.cegh.2019.06.012 [International]
Kelhouluetuo Keyho NileshMaruti Gujar Arif Ali	Prevalence of mental health status in adolescent school children of Kohima District, Nagaland	January 2019 DOI: 10.4103/aip.aip_52_18 [National] Ann of Indian Psychiatry, 2019
A. Ali A. Horo M.R. Swain S.P. Deuri	The prevalence of internet addiction and its relationship with depression, anxiety and stress among higher secondary school students: North-east perspective	January 2019 Journal of Indian Association for Child and Adolescent Mental Health 15(1):13-26 [National]
A Bordoloi, A Ali, SN Islam	Elder abuse and its association with depression and social support: A community-based study from Tezpur, Assam	Journal of Geriatric Mental Health 5(2) 128, 2018 DOI: 10.4103/jgmh.jgmh_13_18 [National]

Ainamlin Dkhar, Arif Ali	Psychiatric Social Work Intervention among persons with alcohol dependence syndrome	Indian Journal of Social Work, 79 (3) : 369 August 2018 [National]
Mrinal Basumatary, Nilesh Maruti Gujar, Arif Ali	Case Study of Person with Schizophrenia with Auditory Hallucination (Voices): A Cognitive Behavioral Case Work Approach	International Journal of Indian Psychology, 2018, 6 (2), 14-26
Banani Basistha*, Maria Choudhury, Nilesh Maruti Gujar, & Arif Ali	Social Physique Anxiety, Self esteem and Depression among College going Students: a Gender Comparison	International Journal of Indian Psychology, 2018, 6(4)
Nilesh Maruti Gujar & Arif Ali	“Resilience and adolescent mental health: implications for psychiatric social work intervention”	souvenir of a national seminar cum workshop on mental health and social work practice(April ,2018)
Anil Kumar Roy, Nilesh Maruti Gujar, Arif Ali, & Utpal Borah	Anxiety Depression and Burden among the Caregivers of Persons with Neurological Illness	Indian Journal of Psychiatric Social Worker. 2018, volume 9 (2), 63-67
Nilesh Maruti Gujar	Disability and Family	Booklet on International Day of people with disabilities 2018 3 rd Dec 2018
Priyanka Saikia, Nilesh Maruti Gujar and Arif Ali	Case study of a person with Transverse Myelitis (TM): Strength Based Cognitive Behavioural Approach	Indian Journal of Health Social Work, Jan 2019
Editor: Dr Arif Ali ; Co Editor : Nilesh Maruti Gujar, Athelrine Horo , Gautam Nath & Utapal Borah	“Disability: This is Ability”	Booklet on International Day of people with disabilities 2018 3 rd Dec 2018
Ananya Bordoloi, Arif Ali, Sabana Nasrin Islam	Elder abuse and its association with depression and social support: A community based study from Tezpur, Assam	Journal of Geriatric Mental Health, 2018
Gujar, N. M., Ranjan, L. K., Bhattacharjee, D., Das, B., & Singh, N. K	Personal Social Capital and Socio -occupational Function of Persons with Schizophrenia: A Comparative Study	Indian Journal of Psychiatric Social Work, Jan 2019
Arif Ali, Athelirine Horo, Mamta R. Swain, Nilesh Maruti Gujar, Sonia Pereira Deuri.	The Prevalence of Internet Addiction and its relationship with Depression, Anxiety and Stress among Higher Secondary School Students: North -East Perspective	<i>Indian Assoc. Child Adolesc. Ment. Health, 2019</i>

Major achievement:

1. The two months duration Digital course on Mental Health for Social Workers , got underway during the year of the report in the month of March 2019.
2. A ICMR project on "Prevalence of Psychiatric Morbidity, pathway to care in geriatric population and psychological distress in their care givers: A study from Sonitpur District, Assam with ID- 2014-3201 is scheduled to start shortly under the department with Dr Arif Ali (PI) and Dr. S K Deuri, Dr. SP Deuri , Dr. K Pathak and Dr. Sobhana H as co investigators.

DEPARTMENT OF CLINICAL PSYCHOLOGY

Introduction:

The Department of Clinical Psychology was set up in the year 2002. M.Phil. training program in Clinical Psychology (recognized by Rehabilitation Council of India and affiliated to Gauhati University) was introduced in 2011. Since then students from various parts of the country representing states like Kerala, Tamil Nadu, Odisha, Chattisgarh, Uttar Pradesh, Bihar, Jharkhand, West Bengal, as well as North Eastern states are being trained to become a mental health professional and practice as clinical psychologist registered with RCI. The department has earned its own name and established itself as a preferred training centre of Clinical Psychology in the Eastern/ North-eastern region. The department has taken initiative to teach students from other states spoken Assamese, in collaboration with a well known local resource centre called Asomiya Club.

The department undertakes teaching assignments for all groups of trainees of the institute. It also caters to students coming for exposure posting from other institutions, especially the post-graduate masters students in psychology/counselling from various states of north eastern region and also other parts of the country.

The services of the Department are currently focused in psycho-diagnostic evaluation, psychotherapy, counselling, child guidance, remedial education for children with special needs, parental counselling and parental education. It is also actively engaged in consultancy and counselling services at schools, colleges and other government and non-government organizations.

Faculty and Clinical Psychologists:

Name	Designation	Qualification
Dr. Maitreyee Dutta	Associate Professor & Head (till 5-12-2018)	Ph.D (RINPAS, Ranchi University), M. Phil (CIP, Ranchi University), M.A (Gauhati University)
Dr. Priya Saxena	Assistant Professor & In-charge	Ph.D (NIMHANS), M.Phil (NIMHANS), M.A (Delhi University)
Dr. Diptarup Chowdhury	Assistant Professor	Ph.D (NIMHANS), M.Phil (NIMHANS), M.A (Delhi University)
Mr. B. Surchandra Sharma	Clinical Psychologist	M. Phil (RIMS, Manipur University), M.A. (Agra University). B.Ed (DMCOTE Under M.U.),
Dr. Priyadarshree Abhishek	Clinical Psychologist	Ph.D. (CIP, Ranchi University), M. Phil (CIP, Ranchi University) M.A (Ranchi University),
Mr. Deepshri Phukan	Clinical Psychologist	M. Phil (LGBRIMH, Gauhati University), M.A. (Gauhati University)

Mr. Rituraj Gogoi	Clinical Psychologist	M. Phil (LGBRIMH, Gauhati University), M.A. (Dibrugarh University)
Ms. Lakshyahira Borah	Clinical Psychologist	M. Phil (LGBRIMH, Gauhati University), M.A. (Dibrugarh University)
Mr. Ansuma Narzary	Clinical Psychologist	M. Phil (LGBRIMH, Gauhati University), M.A. (Gauhati University)

Academic Activities:

- Final exam of M.Phil Clinical Psychology 2nd year trainees was conducted from 17th to 24th April, 2018, for the batch 2016-18. All the candidates passed the final examination.
- Inter-departmental dissertation protocol discussion for Dept. of Clinical Psychology was held on 22nd June. Eight M.Phil trainees presented their proposals.
- 2nd Internal exam of 1st year trainees of the batch 2017-18 was conducted from 29th May to 1st June, 2018.
- Scientific Advisory Committee meeting for approval of all PG dissertations, including M.Phil Clinical Psychology was held on 29th June, 2018. All the dissertations were approved with minor modifications.
- Ethics Committee Approval for PG dissertations was held on 13th July, 2018 which also passed the dissertations.
- Gauhati University inspection for renewal of affiliation of M.Phil Clinical Psychology course for the sessions 2015-16 and 2016-17, was held on 27th August, 2018. Approval for the same has been granted.
- Admission Counseling for M.Phil Clinical Psychology (session 2018-19) was held on 20th August, 2018. Forty two candidates were eligible for admission counseling.
- Final examination of M.Phil 1st year trainees (2017-18) was held in the month of September, 2018.
- New session started from 3rd October, 2018, with an intake of 8 students. Enthusiastic students have come from different places, ranging from Kerala, Uttar Pradesh, West Bengal, Mizoram, & Assam.

Research Activities:

M.Phil Dissertations:

The following dissertations were submitted by the M.Phil 2nd year trainees:

Name	Dissertation topic	Guide- Co- Guide
Bhavishya Arun Kalyanpur	Prospective memory in Schizophrenia: Trait marker or State Marker	Dr. Priya Saxena (Guide)
Vidya Suzan Jose	Emotion regulation, self-efficacy, teacher-student relationship and wellbeing of middle school teachers.	Dr. Priya Saxena (Guide) Dr. Ranjan Kumar (Co Guide)
Shobhana Balasundaram	Impact of social cognition on functional outcome in individuals with Schizophrenia	Dr. Priya Saxena (Guide)
Lakshyahira Borah	Executive function based cognitive remediation in stroke patients	Dr. Diptarup Chowdhury (Guide)
Imlibenla	Psychological distress, Depressive symptoms, Suicidal ideation and Help-Seeking behavior among college going youths in Nagaland	Dr. Diptarup Chowdhury (Guide) Mr. B Surchandra Sharma (Co Guide)
Akash Vishwakarma	Meaning in life, stressful life event, social connectedness, and religiosity among psychiatric patients with history of suicidal behavior	Dr. Diptarup Chowdhury (Guide) Dr. Ranjan Kumar (Co Guide)
Azhagannan K	Psychological and behavioral correlates of body image perception in boys and girls in late adolescence	Dr. Priya Saxena (Guide) Mr. B Surchandra Sharma (Co Guide)
Brinda Baruah Sharma	Self compassion, self conscious emotions and the experience of self in women with bipolar affective disorder.	Dr. Diptarup Chowdhury (Guide)

Exposure Training for Visiting Students:

Students from other institutions are provided the opportunity to undergo short-term exposure training in the institute along with series of orientation-classes, demonstrations and case-presentations. Students from the following institutions underwent block placement training in the department:

Sl. No.	Name of the School / University	Number of Students	Duration
1	NERIM group of Institutions, Guwahati	17	02.05.2018 to 11.05.2018
2	MIND India Guwahati	11	04.06.2018 to 09.06.2018
3	Army Public School, Guwahati	1	05.06.2018 to 09.06.2018
4	Assam Don Bosco University, Guwahati	5	07.06.2018 to 28.06.2018
5	Gauhati University, Guwahati	26	02.07.2018 to 11.07.2018
6	Nagaland University, Nagaland	23	01.11.2018 to 10.11.2018
7	Pondicherry University, Puducherry	1	17.12.2018 to 12.01.2019

8	Rajiv Gandhi University, AP	10	21.12.2018 to 08.01.2019
9	Mizoram University, Mizoram	30	14.01.2019 to 21.01.2019
10	Dibrugarh University, Dibrugarh	28	20.2.2019 to 02.03.2019
11	NERIM group of Institutions, Guwahati	14	18.03.2019 to 28.03.2019
		166	

Clinical Activities:

Number of Screenings	2260
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Types of Assessment	Number of cases
IQ Test	935
Psychodiagnostic	411
Personality Assessment	221
Neuropsychological Assessment	72
Rating Scale	126
Disability camp assessments @DDRC, Tezpur	75

Therapeutic Work :

Interventions	Number of cases
Individual Psychotherapy	1230
Counselling/Psychoeducation	501

Consultative/Community Service:

1. Department of Clinical Psychology has been posting Faculty & Clinical Psychologists regularly to District Disability Rehabilitation Centre, Sonitpur on 12th & 27th of every month. Patients are assessed for presence and severity of different disabilities like intellectual disability, Autism, etc at the institute in detail, and are provided certification at DDRC
2. Dr. Priyadarshree Abhishek was nominated as a resource for a session on “*Understanding Child Psychology and Analyzing Childhood Disorders*”, as part of the Annual In-service Training Programme of Army Public School, Tezpur, on 29th June, 2018.



Photo: Dr. Priyadarshree Abhishek as resource person

- Swachhta awareness program was conducted by Rituraj Gogoi, Lakshyahira Borah, Amandip Saikia, Nini Tadu, Dr. Diptarup Chowdhury & Dr. Priyadarshree Abhishek on 13th August, 2018 at DDRC, Tezpur. Swachhta awareness program was also conducted in the inpatient ward of LGBRIMH, by Mr. RiturajGogoi, Ms. Lakshyahira Borah, Ms. Topoti Baruah and Ms. Debalina in February, 2019.



Photo: Swachhta awareness program at DDRC

- Dr. Diptarup Chowdhury took a session on “Counseling & Crisis Intervention” for short term training program for Medical Officers co-ordinated by Dept. of Psychiatry, LGBRIMH, Tezpur on 29th August, 2018.
- A Community Outreach Programme was conducted by Dr. Diptarup Chowdhury, Mr. Deepshri Phukan and Ms. Lakshyahira Borah, focusing on Mental Health in Youth on 11th October, 2018.
- Dr. P. Abhishek, Clinical Psychologist, was nominated as a resource person from the institute to

conduct a session as part of the “All Assam Awareness Program on Rehabilitation of People with Locomotor Disabilities” on 12th January, 2019 at IIT, Guwahati.

7. Dr. Priyadarshree Abhishek, delivered a talk on 'Identifying and managing Behavioural Issues in Children & Adolescents' at 4 Corps Engg Signal Regiment, Tezpur, on 12th February, 2019.
8. Department of Clinical Psychology launched an online training program on “Youth Mental Health & Peer Counselling” in the month of March, in keeping with the direction of the Central government on digitalization of learning process as well as ensuring larger reach of mental health training through the online platform. The training program was launched under the initiative of MEET LGBRIMH.
9. Dr. P. Abhishek, I/c Assistant Professor, was nominated as a resource person from the department to conduct a session on 'Assessment of Specific Learning Disability' on 15th March, 2019 for Gajraj Army School teachers, which was organized by Dept. of Psychiatric Social Work.



Photo: Dr. P. Abhishek, I/c Assistant Professor

10. As part of Science exhibition at Tezpur University, Youth Wellness Hub, LGBRIMH, set up a stall with a focus on bringing mental health closer to the student community by organizing various games, quiz, etc. from 23rd to 25th March, 2019. The exhibition was very well received by the visitors of the stall.

**Seminar/Conference/Workshop/Lectures:
Organised by the Department:**

1. As part of the World Mental Health Month observation, on the theme, Youth Mental Health in a Changing World, a series of programs/contests were organized by various departments. In keeping with the theme, a logo-designing contest was organized for trainees of the institute on 8th October, 2018 by Department of Clinical Psychology, to develop a symbol representing youth dialogue about mental health, which was termed as *Yuva Mann Meet*.



Photo: Logo-Designing Contest

2. A community outreach program specifically targeting the students of various colleges in and around Tezpur, called 'Yuva-Mann-Meet' was launched as part of the month-long program of World Mental Health. Staff and trainees of Department of Clinical Psychology, LGBRIMH, which led this initiative, visited 5 different college campuses and conducted five half-day interactive sensitization seminars called 'Youth Dialogue' on mental health from 26th to 31st October, 2018. The team consisted of Clinical Psychologists Mr. Deepshri Phukan, Mr. Rituraj Gogoi, Mr. Ansuma Narzary and Ms. Laskyahira Borah, led by Dr. Diptarup Chowdhury. The event was well received by both the college students and college authorities. A series of youth-contests were also organized in these college campuses as part of Yuva-Mann-Meet. Students actively participated in logo-designing, poster-making, mobile-photography, skit-performance and slogan-writing contests which were judged by external experts and best entries were awarded prizes.

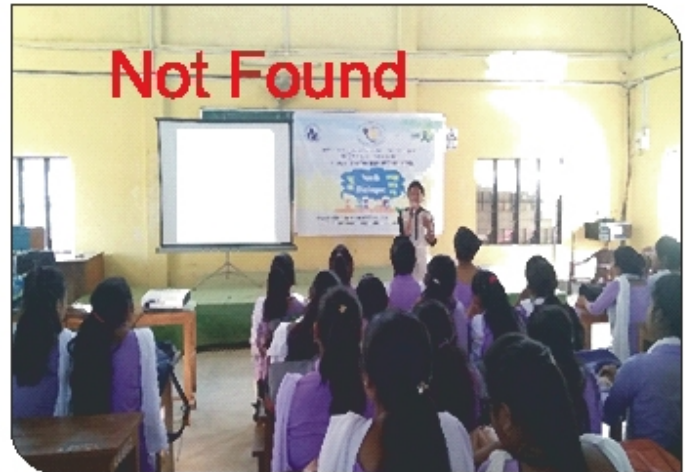


Photo: Awareness Programme at LGB Girls College, Mission Chariati



Photo: Awareness Programme at Kaliabor College, Kaliabor Darrang College, Tezpur



Photo: Awareness Programme at GIMT, Tezpur

3. Dr. Jayanti Basu, Professor & Head of Department of Applied Psychology, Calcutta University, Kolkata was invited by the Dept. of Clinical Psychology as a resource person for guest lectures on "Psychodynamic Psychotherapy" which was held on 22nd and 23rd October, 2018, at LGBRIMH, Tezpur.



Photo: Resource Person Dr. Jayanti Basu

4. In the late afternoon of 23rd October, Dr. Jayanti Basu, gave an open lecture on "Relocating projective techniques within Psychology: Some new possibilities". This lecture was attended by trainees across all departments of the institute.



Photo: Guest Lecture by Dr. Jayanti Basu

5. A half-day workshop on self care among mental health trainees was organized on 3rd November, 2018 as part of World Mental Health month, with the theme of Youth Mental Health promotion. The workshop was entitled, 'Finding the "I" in "me": Self care in everyday life' and was facilitated by Dr. Pallavi Jha, Assistant Professor, Dept. of English & Foreign Languages, Tezpur University.

6. A two days workshop was conducted under Continuous Rehabilitation Education (CRE), on the topic, "Tuning In: Being a Reflective Psychotherapist", on 13th to 14th November, 2018, which was attended by counselors and clinical psychologists working in the North Eastern States. The workshop was facilitated by Dr. Poornima Bhola, Additional Professor, Dept. of Clinical Psychology, NIMHANS, Bangalore. The workshop was accredited with CRE points by Rehabilitation Council of India, New Delhi.



Photo: Dr. Poornima Bhola as resource person in a workshop topic "Tuning In: Being a Reflective Psychotherapist", on 13th -14th November 2018

7. An invited guest lecture by Dr. Poornima Bhola, Additional Professor, Dept. of Clinical Psychology, NIMHANS, Bangalore, was organized on 15th November, 2018, on the topic "Cutting edge: Understanding non-suicidal self injury among adolescents and young adults". It was attended by staff and students of all departments of the institute.
8. A series of guest lectures by Dr. K. Thennarasu, Professor, Dept. of Biostatistics, NIMHANS, Bangalore, on Statistics & Research Methods were organized from 28th January-1st February, 2019. Trainees from different departments attended the 5-day lectures.



Photo: Guest Lecture by Dr. K. Thennarasu

- A half-day workshop by Prof. Anna Madill, School of Psychology, Faculty of Medicine & Health, University of Leeds, U.K., was organized by Dept. of Clinical Psychology, on 21st January, 2019. The workshop was on qualitative methods entitled, “Exploring Photo-led Interaction” and was attended by members across departments.



Photo: Resource Person Prof. Anna Madill

- A guest lecture by Dr. Jamuna Rajeshwaran, Professor, Dept. of Clinical Psychology, NIMHANS, Bangalore, on Neuropsychological assessment, was organized on 7th March, 2019 for the trainees of Dept. of Clinical Psychology.

Seminars/workshops/conferences/presentations:

- Dr. Diptarup Chowdhury, Assistant Professor, Dept. of Clinical Psychology, was invited as a resource person in a panel discussion on “Well-being: Lifespan Perspectives”, in the International Conference on Well-Being: Lifespan perspectives & Practices for sustainable communities, which was held on 18th-19th January, 2019 at Guwahati.



Photo: Dr. Diptarup Chowdhury as a resource person

2. Dr. Priya Saxena, I/c Dept. of Clinical Psychology, was invited as a resource person for a workshop to develop a training module on “Stress management for Faculty of State Council of Educational Research & Training” in the North East from 15th-17th January, 2019 at North East Regional Institute of Education (NERIE), Shillong, the regional branch of NCERT, New Delhi.
3. Dr. Priya Saxena, I/c Dept. of Clinical Psychology, was invited to participate as an expert in the 2-day National Consultative Meet on strengthening contributions of Clinical Psychology for Healthy India, at NIMHANS, Bangalore, on 1st & 2nd February, 2019.
4. Dr. Diptarup Chowdhury, Assistant Professor, was invited to conduct a one-day workshop on 14th February, 2019, on self care for nursing professionals, as part of the Pre-conference workshop of the 18th Annual National Conference of Indian Society of Psychiatric Nurses (ISPN) from 15th-17th February, 2019, at LGBRIMH, Tezpur.
5. Dr. Diptarup Chowdhury, Assistant Professor, was invited as a resource person for a session of the 18th Annual National Conference of Indian Society of Psychiatric Nurses (ISPN) from 15th-17th February, 2019, at LGBRIMH, Tezpur.

Paper Publications:

Authors	Title of Publication	Journals / Books etc
Priyadarshee Abhishek	Lower P300 amplitudes for internally-generated events in patients with schizophrenia	Asian Journal of Psychiatry, Vol 35, June 2018
Soni Jaiswal, Priyadarshee Abhishek, Priya Saxena & Diptarup Chowdhury	Effectiveness of brief executive functions- based cognitive remediation in inpatient males with schizophrenia	Submitted to Indian Journal of Social Psychiatry

Other Achievements:

- Rehabilitation Council of India (New Delhi) conducted its inspection on 16th and 17th May, 2018 for renewal of approval of M.Phil Clinical Psychology course. The Council granted approval for five years, from session 2018-19 up to session 2022-23.



Photo: RCI Inspection

- A youth-focused centre for wellness called the Youth Wellness Hub, was initiated under the leadership of Dr. Diptarup Chowdhury, as a culmination of the month-long observation of World Mental Health Day, with the theme of Youth Mental Health in a Changing World. This centre for psychological care and mental health promotion among youth is run with the collaborative efforts of department of Clinical Psychology, Psychiatric Social Work, Psychiatry & Psychiatric Nursing. It has representation of student community on its Advisory board.

DEPARTMENT OF PATHOLOGY AND MICROBIOLOGY

Introduction:

Laboratory service is part and parcel of any healthcare facility. In the year 1998, the Department of Pathology and Microbiology was started and various investigations of Pathology and microbiology are carried out in this department. The department is equipped with modern diagnostic facilities for patient care services and research activities for the medical students and faculty. BMW management and infection control protocol of the institute, routine blood examination profile are the active participatory attitude of the department along with shortly introduction of coagulation profile testing, arterial blood gas analysis, quantitative testing in Microbiology parameters.

Faculty and Clinical Supervisory Personnel:

Designation	Name	Qualification
I/C & Associate Professor	Dr. Jyoti Hazarika	MD Microbiology (GMCH, Gauhati University), PGDHHM (IGNOU)
Assistant Professor	Dr. Jayanta Das	MD Pathology (SMCH, SSUHS)
Senior Resident	Dr. Kangkana Baruah	MD Microbiology (SMCH, SSUHS)
Senior Resident	Dr. Kasturi Krishnatreya	MD Pathology (AMCH, SSUHS)

Academic Activities:

The Department has been conducting classes and seminars on review of cellular division; mutation and law of inheritance; human genome; basic concepts of genes, chromosomes, DNA; approaches to common genetic disorders; immunity; infection; principles of asepsis, sterilization and disinfection; diagnostic tests in Microbiology and related nurses' responsibility; standard safety measures and biomedical waste management; meaning of genetics and heredity; Mendelian laws of inheritance; genetic counseling; nurses' role in genetic counseling and ethical issues in genetic testing.

Besides these activities, all of the faculty and staff members of the department attended the workshops, CMEs, conferences organised by different departments of the Institute. The Department conducts classes for M. Phil in Clinical Psychology, M. Sc. Nursing (Psychiatric Nursing) and Medical Laboratory Attendant. The department also conducts training of cleaner staff on collection and disposal of bio-medical waste generated in the institute.

Medical Laboratory attendant course:

A paramedical course of Medical Laboratory Attendant course was started at LGBRIMH in the year 2010 in collaboration with Vocational Centre of Darrang College, Tezpur. So far, nine batches have completed this course.

Investigation Facilities:

- Clinical Pathology
- Haematology
- Microbiology
- HIV Counselling and Testing (FICTC)

Patient Care Services:

Various diagnostic services are provided to the Indoor and Outdoor patients. A total of **17168** investigations were done under the Department of Pathology and Microbiology. These include investigations like Routine Blood Examination, Urine Examination, Stool examination, Culture and Sensitivity test for urine, pus and sputum. Sputum for AFB, Malaria diagnosis, HIV 1 and 2 under FICTC centre, serological test like HBsAg, Anti HCV,RPR, Widal test, S. Typhi,RA factor,CRP,ASO titre etc.

Research Projects:

Completed research projects carried out under DBT project are-

- a. Prevalence and correlates of sexual dysfunction in patients with schizophrenia receiving antipsychotics: A clinical study.
- b. A comparative study on thyroid profile in patients with unipolar and bipolar depression

The list of existing laboratory equipment is given below:

- General Laboratory Centrifuge
- Refrigerated Centrifuge
- Hot air oven
- Incubator
- Autoclave
- Digital binocular microscope (LEICA)

- Microscope (Monocular and Binocular)
- Binocular compound microscope (Olympus, Japan CX31)
- Digital colony counter
- VDRL Shaker
- Digital pH meter
- Refrigerator
- Laminar Flow
- Electrical sterilizer
- Water bath
- Clinical laboratory urine analyser etc.
- Multi parameter immunology analyzer - TOSOH AIA-360.
- Fully Automated Haematology Analyser- COUNCELL-23 Plus.
- QBC System.
- Double Beam Spectrophotometer.
- Digital Microscope- CX-21 Tr (Olympus) with Prog Res CT-5.
- ELISA System.
- Deep Freezer (-40°) C.
- Incubator Shaker
- Water Purification System.
- Air purifier system
- Yorco precision Rotary Microtome (YSI-115)
- Yorco Tissue Flootation Bath(YSI-133)

Paper and Other Publications:

Name of Senior Resident and Faculty	Title	Journal
Dr. J. Hazarika, and Dr. Kangkana Baruah	Urine culture isolates and their antibiotic sensitivity pattern in a tertiary care hospital of North East India	Paripex-Indian Journal of research Volume-7 Issue -7 July -2018 ISSN - 2250-1991 IF : 6.761 IC Value : 86.18

Dr Kangkana Baruah and Achinta Kumar Borthakur ,Prof. Department Of Microbiology, Silchar Medical College & Hospital, Assam, India	Incidence of japanese encephalitis amongst acute encephalitis syndrome.: a report from a tertiary care hospital	International journal of scientific research Volume -7 Issue-8 August -2018 ISSN No 2277 - 8179 IF : 4.758 IC Value : 93.98
Dr Kangkana Baruah and Prof. Achinta Kumar Borthakur , Department Of Microbiology, Silchar Medical College & Hospital, Assam, India	Bacteriological (aerobic) profile of chronic supportive otitis media in a tertiary care hospital in north east India.	Global journal for research analysis volume8 issue -3, march - 2019.ISSN No 2277-8160

Seminars/Conferences/Workshops Attended outside the Institute:

- Dr. J. Hazarika, Associate Professor, Microbiology, LGBRIMH attended the CME on the topic “Updates on Japanese Encephalitis” organized by IMA Tezpur at IMA House Tezpur.
- Dr. J. K. Das, Assistant Professor, Pathology, LGBRIMH attended the following CME's organized by IMA Tezpur at IMA House Tezpur on following topics:
 - Cancer-decision are more important than incision in cancer surgery.
 - Discussion on Nephrology.
 - Erectile dysfunction and its management .
 - Hypertension guideline watch: an Indian perspective .
 - Myofascial pain syndrome:a prominent pain generator in low back ache .
 - Updates on Japanese Encephalitis .
 - Bilastine- a novel anti allergic in the treatment of urticaria

DEPARTMENT OF BIOCHEMISTRY

Introduction:

With the motto of excelling in quality of patient's diagnostic service and teaching activities, the Department of Biochemistry at LGBRIMH was set up in the year 1999. The Department of Biochemistry has been actively engaged in diagnostic part under the Central Laboratory of LGBRIMH. It also imparts teaching activities for the various trainees of the Institute. At present the department has diagnostic facilities for blood sugar estimation, renal function test, liver function test, lipid profile, drug estimation, hormone and electrolyte analysis. Quality of test results are carried out both by daily internal quality control run and involvement in External Quality Control testing time to time. In the tune of involvement in DBT research project for overall improvement, in the past and present, future endeavour of the department lies in improving diagnostic testing quality and introducing latest test parameter in the field of research contemporarily.

Faculty and Clinical Supervisory Personnel:

Designation	Name	Qualification
I/C Central Laboratory and Associate Professor	Dr. Jyoti Hazarika	MD Microbiology (GMCH, Gauhati University)
Assistant Professor	Dr Jadab Kishore Phukan	MD Biochemistry (AMCH, SSUHS)
Senior Resident	Dr Reetwik Kumar Dutta	MD Biochemistry (JMCH, SSUHS)

Academic Activities:

This includes teaching programmes, seminars, case presentations and demonstration classes. Regular classes on basis of genetic diagnosis; parental diagnosis and screening; ethical issues in genetic testing; practical applications of genetics, structure and functions of cells, cells of nervous system, neuro-transmitter, hormone, biochemistry of brain, medical and population genetics etc. have been undertaken by the department for MD (Psychiatry), M.Sc. Nursing (Psychiatric Nursing) and Medical Laboratory Attendant students.

Patient Care Services:

Various biochemistry investigations that are done in the department include Blood Glucose Test, Kidney

Function Test, Liver function test, Lipid profile, Serum electrolyte estimation, Drug estimation, etc. During the session under report, a total of 144066 test parameters were investigated.

The list of existing laboratory equipment is given below:

- Fully automated clinical chemistry analyzer (SIEMENS, Dimension X-pand Plus)
- Electrolyte analyzer HDCLYTE

CME attended:

- Dr Jadab Kishore Phukan, Assistant Professor of Biochemistry attended a CME on “**HPLC:its role in Diabetes and haemoglobinopathies**” organized by ACCLMP at GMCH, Guwahati.

Paper and Other Publications:

Name of Senior resident and Faculty	Title	Journal
Dr. Reetwik Kumar Dutta , and Dr. S. Borkotoki	Serum T3,T4 and TSH levels in healthy adolescent female subjects belonging to an ethnic community living in a flood prone riverine island.	Paripex Indian Journal of research. Volume - 7 Issue-12 Dec-2018 ISSN - 2250-1991 IF : 6.761 IC Value : 86.18

DEPARTMENT OF RADIOLOGY AND NEURO-IMAGING

Introduction:

The Department of Radiology and Neuro-imaging was started in the year 1998 as a specialized department to meet the clinical needs in diagnostic imaging and image-guided therapies of the institute. In the academic sphere, the departmental staff works closely with other departments of the institute. The objective is to combine the academic needs and laboratory services. Students are provided the opportunity of attending lecture and demonstration sessions. The department consists of a Consultant Radiologist and a Radiographer.

Faculty and Clinical Supervisory Personnel:

Designation	Name	Qualification
I/C Central Laboratory and Associate Professor	Dr. Jyoti Hazarika	MD Microbiology (GMCH, Gauhati University)
Consultant Radiologist	Dr. Pradip Barman	MD (AMCH, Dibrugarh University)
Radiographer	Nabajyoti Deka	B. Sc. in Medical Imaging Technology (SMU)

Patient Care Services:

A total of **2435** investigations were undertaken during the period under report. They are as follows:

- CT scan: **1454**
- USG
- X-Ray: **981**

The list of existing equipment under the department of Radiology and Neuro-imaging is given below:

- 600 mA X-ray unit
- Colour Doppler ultrasound
- Brilliance 16 slices CT Scan

OUT PATIENT DEPARTMENT

Introduction:

The Out Patient Department of the institute consists of the multidisciplinary team i.e. psychiatrists, clinical psychologists, psychiatric social workers and psychiatric nurses. It also houses the pharmacy, medical record department, a nursing station, laboratory sample collection centre and a canteen. There are five special clinics - Epilepsy & Neurology (Monday), Geriatric (Tuesday), Child & Adolescent (Wednesday and Saturday), Alcohol and Drug Dependence (Thursday) and Psychosomatic Clinic (Friday). The special clinics are held once a week.



Photo: New Hospital OPD

OPD Attendance:

A total of **128897** visits of patients were registered in the OPD from April 2018 to March 2019 which includes **24248** new cases and **104649** old cases. Total new male cases were **12664** and new female cases were **11584** while visits by old male patients and old female patients were **58459** and **46190** respectively during the period.

New case registration		Old case registration		Total number of patients registered
Male	Female	Male	Female	
12664	11584	58459	46190	128897
Total - 24248		Total- 104649		

Annual OPD Attendance:

There has been a significant increase in the number of patients seeking mental health treatment from the institute which is reflected in the rise in the annual OPD registration of patients during the past years. In 2007, there were only **47,668** patients, including both male and female, visiting the OPD. The total OPD attendance in the last decade indicates a steady increase in the number of patients seeking mental health services.

OPD attendance from various States during 2018-19:

Since its inception, the Institute has been catering to needs of patients from all over the country. During this session the state of Assam has recorded the highest number of patients (**126360**), followed by Arunachal Pradesh and West Bengal with **902** and **813** patients respectively. There were **284** patients from Nagaland, **102** from Bihar, **124** patients from Meghalaya, **79** from Manipur, **9** from Mizoram, **6** from Sikkim and **30** from Tripura. **15** patients from Nepal also received treatment.

Annual OPD attendance in 2017-18 and 2018-19

State	2017-2018	2018-19
Arunachal Pradesh	773	902
Assam	118528	126360
Manipur	107	79
Meghalaya	152	124
Mizoram	8	9
Nagaland	348	284
Sikkim	9	6
Tripura	28	30
Other States	941	1088
Other Countries	64	15
Total	120958	128897

INDOOR DEPARTMENT

Introduction:

The bed strength of the hospital is 336 out of which 246 beds are for males and 90 beds are for females. Out of the total beds, 21 beds (15 male, 6 female) are reserved for patients sent from Jails.

The patients are looked after by a team of mental health professionals, residents, nurses, warders and attendants. The admitted patients get regular patient care services including free medication and check-up, hygienic and nutritious diet, laundered clothes, recreation facilities and other basic amenities. A mini-operation theatre and an ECT facility also function in the Indoor campus. Saloon services are also made available in the Indoor.

The Indoor has provision of visiting room for the guardians and relatives to meet the patients. Counseling services are provided to the guardians during their visits and at the time of discharge of the patient.

Admission and Discharge during April 2018 - March 2019:

The institute follows the Mental Health Act, 1987 for admission of patients in the indoor. The patients are admitted in the following categories i.e. Voluntary Boarder, Special Circumstances, Reception Order and Jail Case.

A total of 1257 patients were admitted during the current session i. e. April 2018 to March 2019, which included 851 new cases and 406 old cases. Among the new cases 648 were male patients and 203 were female patients. Among the old cases 328 were male patients and 78 were female patients. A total of 1385 number of patients were discharged during the current session among which 916 were new cases and 469 old cases. Among the new cases 691 were male patients and 225 were female patients. Among the old cases 379 were male patients and 90 were female patients.

Annual Admission and Discharge The table below shows the admission and discharge of patients during the last 2 years.

Annual Admission and Discharge in 2017-18 and 2018-19

Year	Admission			Discharge		
	Male	Female	Total	Male	Female	Total
2017-18	1317	409	1726	1279	378	1657
2018-19	976	281	1257	1070	315	1385

Average Bed Occupancy:

In the current session, the daily average bed occupancy was **168.09**, while in the previous session (2018-19) it was 238.41.

Escape & Death Cases:

A total of 4 incidents of escape and 1 (at TMCH) incidents of death were recorded during the current session.

Annual State-wise Admission during April 2018 - March 2019:

During the session 2018-19, there were **1257** admissions. The number of admissions was lesser this session when compared to the number of admissions in the previous session which was 1726. Among 1257 admissions this session, **976** were male patients and **281** were female patients. Out of the total admissions, **1106** patients were from Assam, **71** from Arunachal Pradesh, **24** from Nagaland, **5** from Meghalaya and **3** from Tripura. Apart from these **3** patients from Nepal were also admitted.

Patients from all over the Northeast region and other parts of the country have been accessing the services of the institute. Patients from Nepal have also sought treatment at the hospital. The table given below shows the number of patients admitted in the Indoor from Northeast and other parts of the country:

State-wise Admission in 2017-18 and 2018-19

State	2017-18	2018-19
Arunachal Pradesh	71	71
Assam	1551	1106
Manipur	13	3
Meghalaya	6	5
Mizoram	1	3
Nagaland	28	24
Sikkim	0	1
Tripura	5	3
Other States	41	38
Other Countries	10	3
Total	1726	1257

SUPPORTIVE SERVICES:

REHABILITATION SERVICES

Introduction:

Rehabilitation services are organised by the Centre for Rehabilitation Sciences (CRS) from the year 2010. It was started as a day care centre by the Department of Psychiatric Social Work in 2004. Inpatients/Outpatients of LGBRIMH are the beneficiaries of the Rehabilitation services provided by the Institute. It has five units namely, Physiotherapy Unit, Speech therapy Unit Occupational/Vocational Therapy Unit, Special Education Unit and Wellness centre.

Faculty and Clinical Personnel /Instructor:

Post	Name
I/C Centre for Rehabilitation Sciences / Head & Professor , DPSW	Dr. Sonia Pereira Deuri
Rehabilitation Officer / Assistant Professor ,DPSW	Dr. Arif Ali
Physiotherapist	Mr. Utpal Borah
Speech Therapist	Mr. Vivek Sarmah
Occupational Therapist	Ms. Shyamolee Borah
Instructor for Special Education	Mrs. Eli Deuri
Instructor for Wellness Centre	Mr Dibya Das

The rehabilitation services of the institute currently comprises of occupational therapy unit, physiotherapy unit, speech therapy unit, Special education (for the persons who are intellectually challenged) unit and Wellness center unit. Each of them is summarized below:-

Occupational Therapy:

Occupational therapy unit has tailoring and embroidery lab, weaving lab, tailoring lab, knitting and stitching lab, art & craft lab, wood & bamboo work lab, gardening unit and literary activities unit. Clinical rehabilitation includes the following services – rehabilitation needs assessment and counseling, vocational counseling, psycho-education, behavioral intervention, supportive, self-oriented interventions and group

interaction sessions. Seven exhibitions of products of Rehabilitation center was organized by the center. A total of 2584 patients were benefitted under this unit by way of gaining skills in socially productive work and 425 number of pediatric patients were benefitted from occupational therapy services.

Physiotherapy:

This unit was established to cater to the needs of the patients loco-motor disabilities. It focuses on the science of movement and helps people to restore, maintain and maximize their physical strengths, function and motion. The underlying physical issues are explored and intervened to enhance overall well being. Services of this unit include Pediatric rehabilitation, Neurological rehabilitation, Musculo-skeletal and Orthopedic rehabilitation, Pain management and Weight reduction programme. In the current session, a total of **7980** patients were benefitted under this unit.

New equipments installed-

- i) High power LASER therapy
- ii) Radial Shock Wave Therapy Unit
- iii) Cryotherapy unit
- iv) Balance Board
- v) EMG Biofeedback

Speech Therapy:

This unit was established to cater to the needs of the patients with Speech and Language disorders. It focuses on the speech and language communication and helps people to restore, oral articulatory speech functions and motion of articulators, voice disorders, delayed speech milestones and hearing impairment post amplification or surgery.

In the current session, a total of **745** patients were benefitted under this unit.

Special Education:

This Unit is engaged in facilitating various activities for the persons with intellectual challenges, which includes ADL skill ,communication /language skill, social behavior skill , functional academic skills and pre vocational /vocational training. A total of 3741 people who are intellectually challenged have benefitted under this unit.

Wellness centre:

Wellness centre was established with the objective to promote positive health in an individual and to enhance quality of life and sense of well being. The wellness center has four sections:

1. Cardio-vascular Training
2. Strength Building
3. Endurance Training
4. Yoga Service

•	Number of participants in Cardio-vascular Training	:-	180
•	Number of sessions in Cardio-vascular Training	:-	1967
•	Number of participants in Strength Building	:-	196
•	Number of sessions in Strength Building	:-	2358
•	Number of participants in Endurance Training	:-	68
•	Number of sessions in Endurance Training	:-	769

Total of **5108** sessions were conducted during this year.

Conferences/seminar /workshop:

- Mr. Utpal Borah, Physiotherapist, was the resource person in One Day Training Programme for Rehabilitation Professionals on recent trends in Therapeutic Management for multiple disabilities with the topic “Role Of Physiotherapy In Multiple Disabilities” organized by NIEPMD, Chennai, in association with DESTINATION, Guwahati, in collaboration with THE EAST and Dept. of Psychiatric Social Work, LGBRIMH at Asomiya Club, Tezpur on 07/06/2018.
- Mr. Utpal Borah, Physiotherapist and Mrs. Shyamolee Borah, Occupational Therapist was among the panel member for the panel discussion on “Role of Professionals in the care of Multiple Disabilities” organized by NIEPMD , Chennai , in association with DESTINATION, Guwahati, in collaboration with THE EAST and Dept. of Psychiatric Social Work, LGBRIMH at Asomiya Club, Tezpur on 07/06/2018.
- Mrs. Shyamolee Borah, Occupational Therapist, was the resource person in One Day Training Programme for Rehabilitation Professionals on recent trends in Therapeutic Management for multiple disabilities with the topic “Role Of Occupational Therapy In Multiple Disabilities” organized by NIEPMD, Chennai, in association with DESTINATION, Guwahati, in collaboration

with THE EAST and Dept. of Psychiatric Social Work, LGBRIMH at Asomiya Club, Tezpur on 07/06/2018.

- Mr. Vivek Sarmah, Speech therapist was one of the panel member for the panel discussion on “Role of Professionals in the care of Multiple Disabilities” organized by NIEPMD , Chennai , in association with DESTINATION, Guwahati, in collaboration with THE EAST and Dept. of Psychiatric Social Work, LGBRIMH at Asomiya Club, Tezpur on 07/06/2018.
- Mrs. Shyamolee Borah, Occupational Therapist and Mr. Gautam Kumar Nath, Physiotherapist, were the resource person for a One Day Awareness Programme on the topic “Role of Occupational Therapy In Spinal Cord Injury” and “Role of Physiotherapy in Spinal cord injury “ respectively organized by Love and Acceptance NGO, Tirupur in partnership with NIEPMD – Chennai National Institute for Empowerment of Persons with Multiple Disabilities (Divyangjan) Ministry of social justice and empowerment, Govt. of India on 12th January, 2019 at IIT, Guwahati.

Publications:

Authors/ Editors	Title of Publications	Journals/ Books etc	Year of Publication
Utpal Borah ¹ Bhatri Pratim Dowarah ² Abhisekh Das ³	To study the Effects of Forced Used Training and Capsular Stretching to Improve The Movement of The Shoulder Joint in Chronic Stroke Patients.	International Journal of Science and Health Care Research	2018, Vol 3; Issue 4; Oct- Dec. ISSN: 2455-7587
Anil Kumar Roy, Nilesh Maruti Gujar, Arif Ali, Utpal Borah	Anxiety Depression and Burden among the Caregivers of Persons with Neurological Illness.	Indian Journal of Psychiatric Social Work	2018 9(2)
Arif Ali, Gautam Kr. Nath, Utpal Bhuyan, Nilesh Maruti Gujar, Vivek Sarmah, Athelrine Horo	“Disability: This is ability”	A dissemination Booklet	2018

Attended Outside:

- Mr. Utpal Borah , attended a National seminar on “Cerebral Palsy Update” organized by SVNIRTAR and CRC, Guwahati in association with Indian Academy of Cerebral Palsy (IACP) and in support with USTM, Meghalaya at USTM Campus, 9th mile, Ri- Bhoi, Meghalaya on 7th & 8th July, 2018.

Achievements:

- Mr. Pinku Chakraborty, Gym Instructor, received Gold Medal at 6th All Assam Power Lifting Championship, held at Makum, Tinsukia from 26th to 28th December, 2018.

CENTRAL LIBRARY:

The library of an institute plays a vital role in enhancing the quality of academic and research activities. The Central Library was started in 1999 to meet the scholastic needs of students and faculty. It is an essential asset for the institute. It caters to the academic needs of the faculty, students and other staff. Specialized collections of books and journals are available in Psychiatry, Clinical Psychology, Psychiatric Nursing, Psychiatric Social Work and allied health disciplines. In 2018 the Central Library shifted to the New Academic Block Ground and First Floor. In addition to this, books of basic medical sciences are also available in the library. The collection includes nearly 33536 books, educational DVDs and a range of reference and office rule books, thesis and dissertations. It subscribes 55 print journals, 43 online journals. The institute is currently subscribing one online medical resource APA online database and also a member of ERMED- India consortium which is run by National Medical Library, New Delhi, through which the users can access more than 243 online journals.

The following services are available for the benefit of students, faculty and employees of the Institute, who are entitled to make use of the library facilities:

- Circulation Service
- Reference Service
- Access of scholarly literature: journals, online journals, back volume journals, books, thesis / dissertation
- Photocopy and printing service
- Access to high speed internet connectivity / Wi-Fi system in reading room.

In addition to the Central Library, there is also one library in the indoor section of the institute, which is equipped with daily newspapers and other books in the local language.

Besides this all the five departments i.e. Psychiatry, Clinical Psychology, Psychiatric Nursing, Psychiatric Social Work have their own departmental libraries which can be accessed by students.

Seminar Conference attended out side:

1. Ms. Jyoti Prabha Gautam and Ms. Tanu Deuri, Library Assistant attended the National Conference on EMERD Consortium organized by National Medical Library, at National Medical Library, New Delhi on 3rd and 4th May, 2018.

MEDICAL RECORD DEPARTMENT:

In the year 1998 the Medical Record Department (MRD) was established at OPD for the management and maintenance of patients' records in a standardized manner to protect patient confidentiality. It is one of the primary supportive departments of the institute. Presently, the department has a Medical Record Officer, a Medical Record Technician and a team of assistants for smooth functioning of the department. It has computerized record keeping system for maintenance of patient's records for patient care and research activities. The department functions in co-ordination with the academic and other departments of the institute. The department also assists in the medico-legal cases by providing the information to the institutional authority whenever required.

The registration of patients is done with the support of the software developed by the department. The section also issues the medical fitness certificate and treatment certificate to the patients after being examined by a medical Board. The department was starting the e-hospital project from this session. A total of 47 Treatment Certificates and 37 Fitness Certificates were issued during the session.

PHARMACY:

Pharmacy services are located both in Out-Patient Department and Indoor section of the institute. The Central Medical Store located at the Indoor acts as the central pharmacy for the inpatients and out-patients. The Pharmacy located at Out-Patient Department dispenses medicines to all OPD patients free of cost and maintains daily dispensing register of drugs. The current staff position includes a Senior Pharmacist and a Pharmacist.

The pharmacy also caters to the emergency services and arranges free medicines for community extension clinics and other outreach services. A total of 11,709,545 medicines were distributed to the patients in OPD free of cost.

ANAESTHESIOLOGY UNIT:

The Anesthesiology Unit has been serving as a supporting unit of psychiatry since its setting up in 2003 in the Indoor section after the introduction of the computerized Electro-Convulsive Therapy. The Unit carries out

the task of providing ECT to patients under the supervision of psychiatrists. ECT is administered to patients after informed consent from the guardian of patients. On the day of ECT, a pre-ECT check up is carried out, followed by a post ECT check up in the recovery room.

Faculty and Clinical Supervisory Personnel:

Post	Name	Qualification
I/C, Department of Anesthesia	Dr. Kushal Tamuli	DPM (Dibrugarh University), DNB (NBE New Delhi)
Consultant Anesthesiologist	Dr. A. Koiry	MBBS (Dibrugarh University), DA (Dibrugarh University).
Senior Resident	Dr. Kaberi Hazarika	MBBS (Dibrugarh University), DA (SSUHS).

During the period under report, a total of 1924 Modified ECT sessions were administered. 1254 male and 670 female patients received ECTs during this session.

In addition to the patient care services, the department also undertakes theory classes and demonstration sessions to the post graduate and diploma students of the institute as well as the visiting medical students and professionals from other academic institutions. The Unit is projected to become a full-fledged Anesthesiology Department in the future after the setting up of departments of neurosurgery.

ENGINEERING CELL:

The Engineering Cell of the Institute consists of the Civil Engineering and Electrical Engineering Units. The Engineering Cell is in charge of all construction and maintenance works i.e. buildings, roads, electrification as well as repairing works in the institute. The current staff position includes one Project Engineer, one Junior Engineer (Civil), one Junior Engineer (Electrical), Plumber, Electricians and other Auxiliary Staff.

Infrastructure Development:

The up-gradation project for development of infrastructure facilities of the institute is still under progress. The institute has engaged HSCC (India) Ltd. (A Govt. of India Enterprise), E-6 (A-Sector-1, Noida), as consultant for undertaking construction work at LGBRIMH. The consultant agency divided the construction work in three packages. Package – I consists of construction of the main hospital building and outpatient department with all modern facilities. Package –II involves construction of academic block, residential quarters, junior residential hostel, senior residential hostel, cafeteria building, Director's Residence, electric substation, STP, Incinerator and other external services in the hospital campus. Package – III involves construction of Auditorium and Nurses Hostel. The construction work of all the packages is completed. It is supervised by a Building Committee.



Photo: Infrastructure Development Work

ESTABLISHMENT SECTION:

This section carries out all administrative related works. Its main task comprises of recruitment, retirement and attendance of staff, leave related matters and disciplinary actions related to staff. In addition to it, the section carries out ministry related correspondence, court related work etc. The current staff position includes one Administrative Officer, two Assistant Administrative Officers and other supporting staff. A total of 13 new regular personnel were recruited and 8 Personnel retired in this session.

PUBLICATION CELL:

The full fledged Information and Publication Section was introduced in the year 2007 to facilitate information flow within and outside the organization and to undertake publication works in the sphere of mental health. The Section has been publishing the annual reports, booklets, information brochures, educational materials, publicity pamphlets, etc. Annual Reports are published in both English and Hindi languages. The Section is also engaged in the documentation and photography works of the institute. The department provides all updates i.e. publication of advertisement, tender notification, admission notification, declaration of results etc. in the institute website. The cell also assists and prepares online report of All India Survey of Higher Education under the Ministry of Human Resource Development, Govt. of India and submits the same.

The Cell collects and prepares answer of the parliamentary questions of Lok Sabha and Rajya Sabha as desired by the Ministry. All advertisements of the institute published in the newspapers are sending through this cell.

NAZARAT SECTION:

Procurement of all items of the institute including medicine, dietary, hygiene, stationary and computer items are through this section. In addition to it, this branch also looks after the maintenance of vehicles. The section is headed by I/c Nazarat and supported by other supporting staff.

ACCOUNT AND FINANCE SECTION:

The Accounts and Finance Section is engaged in providing the services pertaining to Finance and maintenance of accounts of the Institute. The main functions of the department comprise of preparation of yearly budget, submission of annual audited report of expenditure to ministry and other financial related works of the Institute. The section implemented Public Financial Management System (PFMS) system for payment to vendors. The current staff position includes Chief Finance and Accounts Officer and, Accounts Officer and Accountants supported by other supporting staff.

CANTEEN:

A canteen is situated in the OPD complex for patients and guardian visiting the OPD. A new cafeteria is also open near Academic Block for Students, visitors and staff.

DIETETICS:

Keeping in view of the health condition of the in-patients, balanced diet is provided so that they do not lack in nutrition. Along with the meal, they are also provided fruits and other necessary dietary supplements. Needs of the patients with special diets are also taken care of. In the last session i.e. 2018-19 a total of 78 patients get special diet.

HOSTEL:

The Institute provides hostel accommodations for students. At present there are 2 hostels to accommodate 100 boarders including clinical staff.

The administration of these hostels is carried out under the Hostel Superintendent who is aided by 2 Hostel Wardens and Mess Monitors. There is also a hostel management committee that is entrusted with the responsibility of discipline and maintenance in the hostels.

Each of the hostels has telephone and television with cable connection. Recreational facilities like Table Tennis and Badminton are available. The hostels have rules and regulations including anti-ragging rules that apply to all the boarders for maintenance of discipline and good conduct.

COMPUTER FACILITIES:

The Institute has grown significantly in terms of departments and academic programmes as well as infrastructure. In order to enhance efficient documentation as well as to reduce the time taken for processing work, computer facilities are provided for staff and faculty. All staff and faculty rooms are equipped with sufficient computers to carry out their everyday jobs. Internet facility is provided throughout the campus using LAN and wireless LAN connections. The institute is connected to high speed NKN connectivity. A technician extends his help for troubleshooting of problems. All the computer facilities in the Institute are provided under the supervision of Medical Record Officer (MRO).

PUBLIC GRIEVANCE:

The institute has implemented the Sevottam model that was developed with the objective of improving the quality of public service delivery in the country. The model comprises of three components. The first

component requires effective charter implementation, the second requires adequate grievance redressal system, and the third requires excellence in service delivery.

The Citizen's Charter is a written declaration by a government department that highlights the standards of service which it delivers. The institute has its own charter that enables users to know what services are available in the institute, the quality of services they are entitled to and the means through which complaints regarding denial or poor quality of services will be redressed.

The institute has its own grievance redressal system. All verbal grievances are managed on the spot of the delivery of care. In the OPD, the MRO and in the Indoor, the Matron resolves the issue in consultation with the in-charges. Every grievance is duly acknowledged with proper grievance number and expected time of redressal. The complaints should be accompanied with proper name and address of the aggrieved person. If the matter is not resolved then it is referred to the Medical Superintendent who tries to resolve it within 30 days of referral.

The Director is the next appellate authority if the grievance is not resolved. A public task force and a steering committee exist at the apex level at the Ministry of Health & Family Welfare, Govt. of India, New Delhi for implementation of the Sevottam complaint Grievances Redressal Mechanism.

The institute also provides responses to RTI applications regularly. The institute is optimistic that accomplishment of these tasks will lead to the achievement of Sevottam.

STORE:

The store maintains everything required for the full functioning of the institute. It provides uninterrupted services to the various user departments. It has different sections, viz. - medicines, stationary, dietetics, hygiene, electrical section and condemned materials. The store is in the process of being computerized to facilitate enhanced services.

EMERGENCY SERVICES:

The Institute provides medical services, geared to meet any emergency, from 2 p.m. to 9 a.m. The patients in need of acute care and without prior appointment are given adequate treatment without delay.

LINEN AND LAUNDRY:

Linen and laundry service is an integral part of the institute to ensure supply of good, clean and fresh linen to patients and prevent cross infections between patients. To maintain health and hygiene of the patients, the

uniforms of the patients and the bed linen are washed every day. Currently the hospital clothes are laundered manually. The institute plans to upgrade this facility and introduce commercial mechanized laundry machines in the future.

SANITATION:

Sanitation can go a long way towards mitigating hospital infection. Incineration method is employed for disposal of hospital waste. The Institute aims to create a totally germ-free atmosphere. Disinfection of urinals and bathrooms are done on a regular basis under the supervision of a sanitary supervisor.

SECURITY:

Keeping in view of the variety of people who make up the hospital environment – patients, staff, physicians, visitors, students and so on – hospital security poses a significant challenge. As such security guards are placed at key areas to check on unauthorized entry and prevent unforeseen incidents. To provide a safer environment, the security guards keep a track of all the visitors who enter the institute's campus.

LITIGATIONS:

The institute handles administration and patients-related litigations. The institute has a legal adviser who furnishes advice on all legal issues and addresses the same. Psychiatrists of this institute are also assisting the court of law as expert witnesses as and when summoned.

WASTE DISPOSAL:

Bio-medical waste (BMW) means involves any solid, fluid or liquid waste, including its container and any intermediate product, which is generated during its diagnosis, treatment or immunization of human beings or animals, in research pertaining thereto, or in the production or testing of biological and the animal waste from slaughter houses or any other like establishments. The waste produced in the course of health care activities carries a higher potential for infection and injury than any other type of waste. About 85% of hospital wastes are non-hazardous, whereas 10% are infectious and 5% are non-infectious but they are included in hazardous wastes. Management, handling and treatment of biomedical waste in our Institute are done as per bio-medical waste rules, 1998. The capacity of Incinerator used for waste disposal is 10-12 kg/hr.

OUTREACH EXTENSION SERVICE

Introduction:

In mental health community outreach extension service is one of the major activities provided by the institute. The objective of this service is to make mental health services more accessible to the community. Mental health experts visit the rural areas to provide these services. Medicines and psychosocial services are provided free of cost. It is primarily meant for the underprivileged and vulnerable segments of the society who have limited access to mental health services. All the departments of the institute collaborate to conduct the clinics regularly. Teams from Psychiatry and Psychiatric Nursing Department including supporting staff provide regular services. The ongoing regular outreach services are –

1. **Sootea Extension Clinic:** Psychiatric extension service at Sootea PHC was started in 2007 as part of the NMHP research project. It is located at a distance of 60 Km away from the institute. This clinic is held regularly on the second Thursday of every month. Attached to this centre are also four Self-Help Groups of care-givers in three villages of the Sootea Block. This community service has also accommodated another service on the fourth Thursday of every month to cater to the patients of an extension service earlier held at Biswanath Chariali Civil Hospital from the year 2001 to 2011. Due to inadequate space availability the service was shifted to the Sootea P.H.C.
2. **Jakhalabanda Extension Clinic:** The extension clinic at the Community Health Centre (CHC), Jakhalabanda, Nagaon was started in 19th February, 2011. It is about 40 Km away from the Institute. The clinic is scheduled on third Saturday of every month.
3. **Missionary of Charity Extension Clinic:** This service was started in 2007 at the Missionary of Charity, Tezpur, about 4 Km away from the Institute. It is scheduled on the first Wednesday of every month. Residents of the Missionary of Charity in need of medical services for mental illness and epilepsy are the chief beneficiaries of the clinic.

Summary of number of patients attending the different outreach clinics

Outreach Clinics	No. of Registrations
➤ Sootea Outreach Clinic	5067
➤ Jakhalabanda Outreach Clinic	838
➤ Missionary of Charity Outreach Clinic	546

SPECIAL FUNCTIONARIES

Ethics Committee:

The Ethics Committee was formed with the objective of facilitating patient care, research and education for faculty and students. The committee was formed in accordance with the rules and regulations of the Indian Council of Medical Research that mandates clearance of all proposals on biomedical research involving human participants by an appropriately constituted Institutional Ethics Committee (IEC). The Committee provides advice to the researchers on welfare and safety aspects of the research participants following assurance of scientific soundness of the research through the Scientific Review Committee. In this session one Ethics Committee meeting was held on 6.4.18 and 13.7.18

Power and functioning of the Ethics Committee:

1. To protect the dignity, rights and well being of patients and research participants.
2. To ensure universal ethical values and International Scientific Standard in terms of local community values and customs.
3. To assist in the development and education of a research community, this will be responsive to local health care requirements.

Scientific Advisory Committee:

The Scientific Advisory Committee of LGBRIMH has been constituted from the various academic departments of Psychiatry, Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology for research related activities. The thesis protocols of all P.G. students and all the research related works of Academic Departments are screened by this Committee to ensure scientific rigor in research as per the International Scientific Standards. In this session three Scientific Advisory Committee (SAC) meeting were held on 29.6.18 and 11.03.19 18 respectively.

The following research proposals numbering 27 were approved by the Scientific Advisory Committee (SAC) and the Ethics Committee (EC) of the Institute during the year 2018-19.

Department of Psychiatry:

1. Protocol title: - “Predictors of response to clozapine in treatment resistance schizophrenia” Principal Investigator: : Dr. Budhayan Roy, PGT Psychiatry, LGBRIMH, Tezpur

Department of Clinical Psychology:

1. Protocol title: - “Idioms of distress, pathways of help seeking behavior and explanatory beliefs of illness in female patients diagnosed with somatoform disorders” Principal Investigator: Amandip Saikia, M. Phil Trainee.
2. Protocol title: - “A comparative study on emotional labour, psychological wellbeing and burnout among the staff nurses working in government general and psychiatric hospital” Principal Investigator: Fatima Kareem, M. Phil Trainee.
3. Protocol title: - “Meta-memory deficit in persons with schizophrenia: Trait vs State Market” Principal Investigator: Gatha B, M. Phil Trainee.
4. Protocol title: - “Ethnic identity and positive mental health among youth belonging to tea tribe community of Assam” Principal Investigator Latika Rashmi Das, M. Phil Trainee.
5. Protocol title: - “Strategic effect of executive ability on the functional status of persons with Schizophrenia” Principal Investigator: Lins Mary Samuel, M. Phil Trainee.
6. Protocol title: - “Change in awareness and beliefs about childhood mental health issues among primary school teachers of Itanagar following a sensitization intervention” Principal Investigator: Tadu Nini, M. Phil Trainee.
7. Protocol title: - “Exploration of positive lived experiences of care giving in children with intellectual disability” Principal Investigator: Rituparna Borgohain, M. Phil Trainee.
8. Protocol title: - “Ethical dilemmas across mental health professionals – An exploratory study” Principal Investigator: Tama Dey, M. Phil Trainee.

Department of Psychiatric Nursing:

1. Protocol title: - “Effectiveness of Psychosocial Nursing care on negative symptoms, quality of life of admitted persons with Schizophrenia and attitudes of the primary care giver towards patients” Principal Investigator: Ms. Padmini Roy, Dept. of Psychiatric Nursing, LGBRIMH, Tezpur
2. Protocol title: - “Effectiveness of Psychiatric Nursing intervention on medication adherence quality of life and subjective well being of persons with Bipolar Affective Disorders” Principal Investigator: Angshu Lama

3. Protocol title: - “Gender differences in Coping strategies adopted by the persons with BPAD on remission” Principal Investigator: C Cuny Hung, M.Sc. Nursing trainee
4. Protocol title: - “A comparative study to assess the resilience among patient with neurotic and stress related disorders with normal counterpart” Principal Investigator: Deepa Das, M.Sc. Nursing trainee
5. Protocol title: - “Association of psychological wellbeing and emotional maturity in persons with substance use disorders” Principal Investigator: Karabi Chutia, M.Sc. Nursing trainee
6. Protocol title: - “A Study on Clinical need identification for nursing personnel on drug side effect assessment towards development of a practice protocol” Principal Investigator: Sapam Kiranbala Chanu, M.Sc. Nursing trainee
7. Protocol title: - “Assessment of knowledge regarding rights of persons with mental illness among the care givers attending OPD of LGBRIMH” Principal Investigator: Nuripama Devi, M.Sc. Nursing trainee
8. Protocol title: - “Assessment of life skills among early adolencent: A descriptive study” Principal Investigator: Parasmoni Borah, M.Sc. Nursing trainee
9. Protocol title: - “Effectiveness of structural group interventions on ward behavior among the patients with schizophrenia admitted to LGBRIMH, Tezpur, Assam” Principal Investigator: Pinky Chutia, M.Sc. Nursing trainee
10. Protocol title: - “Quality of life in the persons with mood disorder: A descriptive study” Principal Investigator: Rumi Nath, M.Sc. Nursing trainee
11. Protocol title: - “Anxiety, stress and stigma among primary care givers of patient with mental illness, attending OPD of LGBRIMH, Tezpur” Principal Investigator: Lalbiaksangi, M.Sc. Nursing trainee
12. Protocol title: - “Assessment of knowledge regarding harmful effect of substance use among adolescents” Principal Investigator: Suman Jyoti Das, M.Sc. Nursing trainee

Department of Psychiatric Social Work:

1. Protocol title: - “Psychological intervention in adolescents diagnosed with Dissociative Disorders” Principal Investigator: Marinella Humtsoe
2. Protocol title: - “The effectiveness of Psychiatric Social Work intervention in women with

depression” Principal Investigator: Debashree Bora

3. Protocol title: - “A study on effectiveness of Psychiatric Social Work intervention for parents of children with Intellectual” Principal Investigator: Sabana Nasrin Islam
4. Protocol title: - “Resilience based intervention in children of persons with Alcohol Dependence Syndrome” Principal Investigator: Nilesh Maruti Gujar
5. Protocol title: - “Development of Stress Management intervention programme for under graduate university students” Principal Investigator: Jefin Joseph
6. Protocol title: - “Development of a scale to assess patient and caregiver’s satisfaction with mental health care services .” Principal Investigator: Dr. Indrajeet Banerjee, CO-PI: Dr.Sobhana H, Dr. K. Thennarasu and Dr. Sonia P. Deuri, Psychiatric Social Worker ,LGBRIMH, Tezpur

Right to Information Act 2005:

The Right to Information Act 2005 mandates timely response to citizen requests for government information. To implement this Act at the institute, the institute nominated the Appellate Authority, Public Information Officer and Assistant Public Information Officer to provide the information desired by different appellate.

The following table shows the number of RTI application received and replied during the session:

Sl. No.	No. of RTI Application	Reply	Transfer
1.	20	20	01

Parliamentary Questions:

Parliamentary Questions are one of the important procedural devices that empower Members of the Parliament to elicit factual information from the Government on a matter of public interest. As an autonomous institute funded by the Govt. of India, Ministry of Health and Family Welfare, the Institute provides the replies to the parliamentary questions from members of the Lok Sabha and Rajya Sabha as forwarded by the Ministry. We receive the Parliamentary questions which are categorized as Starred, Unstarred and Short Notice Questions. In the session April, 2018 to March, 2019, the Institute provided answers to a total of 38 Lok Sabha and Rajya Sabha Questions to the Ministry as desired.

Sexual Harassment:

Under the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, the Institute constituted a committee for redressal of such complaints raised by any female employee. No case of sexual harassment has been registered so far.

Anti Ragging:

The institute has constituted an Anti Ragging Committee for the redressal of complaints of ragging raised by students. No complaints have been registered so far.

New Initiative

Youth Mental Health Initiatives: Formation of Youth Wellness HUB:

A new centre called Youth Wellness HUB has recently started functioning at our campus. It is a dedicated centre for various activities geared towards promotion of mental health among college-youth as well as providing psychological care to distressed young people who hesitate to seek regular OPD services due to stigma and other barriers. A lot of hard work by a multi-disciplinary team has gone behind in the last 6 months to establish this centre.

Precursor to Youth Wellness Hub:

Month-long Observation of World Mental Health Day (Oct-Nov, 2018):

Our institute took up the cause of Young people's mental health in a big way and observed a month-long observation of World Mental Health Day last year in Oct-Nov where the theme was 'Young People and Mental Health in a Changing World'. We were able to generate a lot of buzz in and around the town by **organizing 16 activities** within a span of just one month and could **reach out to around 1500 people in the community** with the message that 'Mental Health is Funda-mental!'

Yuva-Mann-Meet Initiative:

A community outreach program specifically targeting the students of various colleges in and around Tezpur, called '*Yuva-Mann-Meet*' was launched as part of the month-long program. Staff and trainees of Department of Clinical Psychology, LGBRIMH, which led this initiative, visited **5 different college campuses** and conducted five half-day interactive sensitization seminars called '**Youth Dialogue**' and spread the message of mental health among **569 college-youth**. Alongside various youth-contests related to themes of mental health of college-youth were organized in these campuses to bring out their talents and creativity of the students. A total of **200 college youth** in and around Tezpur took part in these **fun-contests** like Mobile-photography, poster-making, logo-designing, skit and slogan-writing- all around the theme of mental health issues pertaining to younger generation. The initiative was very well received by both the college students and college authorities.

Initiation of Youth Wellness HUB at LGBRIMH:

With the success of '*Yuva-Mann-Meet*' initiative, the institute formally declared the establishment of Youth Wellness Hub. It is currently functioning from the Centre for Rehabilitation Sciences building as a temporary

location and is open on all Saturdays. Any young people who is psychologically distressed and seeking help or want to talk about mental health related issues, want to take part in brief group-discussions or workshops or creative performances on the broad theme of mental health, or simply cares of others mental health and want to volunteer their time and energy are most welcome to walk in the HUB. They can reach out to the HUB through WhatsApp or Facebook. The HUB functions in a youth-friendly manner with its advisory committee members from various institutes like Darrang College, Tezpur Law College, Tezpur University and our own institute as well as youth-members who all guide and help the centre chart out the path ahead. Recently our HUB participated in Assam Science Festival held at TU and put up more than 12 interactive exhibits through our student-volunteers, drawing over 1000 footfalls in its stall. The overwhelming positive response of the college-youth community at TU proved it beyond doubt that such a centre has been a long-due one! We look forward to college-going youth in/around Tezpur to make the best use of the services of this centre and be the change-agents themselves when it comes to mental health.



Photo: Youth Wellness Hub Core Committee meeting

Online Certificate Program on Mental Health MEET LGBRIMH : Digital Academy

Mental health care facilities and health professionals in the country is limited. As highlighted by the mental health systems assessment of National Mental Health Survey, Assam State Report, 2017, the ratio of health facilities in the state is around 0.10, and the number of health professionals is less than 1 per 100,000 populations. Limited availability of mental health professionals (psychiatrists, clinical psychologists, psychiatric social workers and psychiatric nurses) has been a significant barrier in providing mental health care services in the community. However, the survey also found that the general health workforce density (per 1,00,000 population) was found to be relatively better than the mental health workforce density.

Primary aim of the online certificate program is to facilitate health care providers gain knowledge about mental health and its disorders while delivering care for people with mental health conditions.

To combat this deficiency of trained human resources, many centres have initiated the use of digital technology. Giving impetus to the Digital India Initiative of the Government of India and to exponentially increase trained human resources in the field of mental health, the Mental health Education & E - Training [MEET] platform was launched on 28th August 2018 in LGBRIMH. This digital platform is for all healthcare professionals who are willing to provide primary care, upscale their knowledge and learn best practices in mental health. The current initiative is based on the implementation of training and mentoring health care providers involved in “best practices” of health care delivery in mental health across the state and North East India. Virtually connected health providers will be able to provide quality care for patients staying at rural and underserved part of the country.

An online certificate program has been started by the Institute as part of professional development program for Medical Officers, Nursing personnel, Psychologists and Social workers. Individual healthcare personnel can join their respective courses and train themselves in the field of mental health.

This online certificate program is a free of cost, blended training program combining both Synchronous and Asynchronous learning methods involving E-content, Video Lectures, Audio podcasts, Self-Assessment, Discussion Forums (including live discussions) and assignments. The participants of the program are provided learning materials in the form of PDF files, Powerpoint presentations, articles, etc. in digital format. Recorded video lectures are made available to the participants on select modules for a better understanding of the concept. These can be easily downloaded and watched for multiple times. Didactic lectures will also be provided through videoconferencing. During the course, each participant is given assignments for self-assessment and monitor their participation in the course. This is also used as one of the criteria for course completion. Through videoconferencing, live discussions are held every fortnightly for clarification of any doubts, question answers and discussion on the e-content.



Photo: MEET LGBRIMH [Digital Academy] Setup

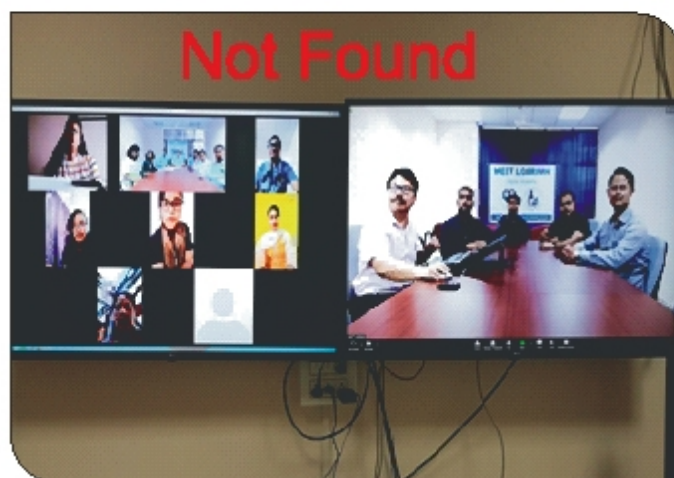


Photo: Live Interactive Session with Participants

EVENTS AND FESTIVALS

Republic Day and Independence Day Celebrations:

The Independence Day and Republic Day celebrations were organised in the Indoor campus. The national flag was hoisted on both these occasions. Indoor and outdoor games were organised during both these occasions. Patients and staff took part in various competitions. Prizes were given to the winners of these competitions.



Photo: Independence Day celebrations



Photo: Republic Day flag hosted by Dr. S. K. Deuri

International Day of Yoga:

The International Day of Yoga was observed on the 21st of June, 2018. Staff and patients participated on the International Yoga Day.



Photo: International Yoga Day Celebrations

World Mental Health Day:

The 10th of October every year is observed as the World Mental Health Day, with a relevant mental health theme. This year's theme is "Young People and Mental Health in a Changing world"

LGB Regional Institute of Mental Health being a standalone institute with a regional mandate for mental health has been regularly observing the World Mental Health Day every year. This year LGBRIMH observed the World Mental Health Day with a month-long mental health programs within its campus and the community. World Mental Health Day programs commenced on the 8th October and concluded on the 10th of November 2018.

The inauguration of the program commenced on the 10th of October with the lighting of lamp by the dignitaries, Chief Guest Prof. Alak Kumar Buragohain, founder Head and Prof, Dept. of Molecular Biology and Bio Technology, Tezpur University and Guest of Honour Prof. S. K. Padmapati, retired Head, Dept. of

Economics, Tezpur College and Dr. S. K. Deuri, Director, LGBRIMH, Tezpur. Dr. Sonia P. Deuri, Head and Prof. Dept. of Psychiatric Social Work and Chairperson of the organizing committee delivered the welcome address. Dr. Diptarup Chowdhury, Assistant Professor, Department of Clinical Psychology and the Organizing Secretary, unfolded the theme for this year-'Young People and Mental Health in a Changing World'. Focusing on the whole spectrum of mental illness-mental distress- mental wellbeing, he emphasized the need to transform 'monologues' into 'dialogues' and 'multilogues' by engaging with the youth in collaborative and community based mental health promotive activities.

In keeping with this year's theme, a community outreach program targeting the students from various colleges in and around Tezpur, a youth initiative called 'Yuva-Mann-Meet' was launched. The initiative is planned a sustainable, popular, collaborative, driven-by-zeal, volunteering-based approach. It aims to induct and orient college youth for enhancing public awareness about mental health, fighting stigma and promoting positive mental health. The initiative is led by Department of Clinical Psychology of LGBRIMH and is actively supported by other departments of the institute.

On the inaugural day, the Chief Guest and the Guest of Honour released the logo of 'Yuva-Mann-Meet' created by the youth of LGBRIMH. Following this, Dr. Priya Saxena, Assistant Professor, I/C Department of Clinical Psychology gave an overview of the activities planned for the month-long mental health programs. The Guest of Honour, Prof. S. K. Padmapati delivered a talk on social commitment of youth. Prof. Alak Kumar Buragohain, Chief Guest spoke on the role of spirituality to maintain well-being. Dr. S. K. Deuri, Director, LGBRIMH, shared his views on the mental health issues of youth in this changing world.

During the month long observance of World Mental Health Day, faculty, staff and students from the different departments of LGBRIMH, conducted several outreach programs in the schools and colleges. Community mental health camps and public mental health awareness and promotion activities. Youth from various college campuses in and around Tezpur engaged in several contests on mental health based themes.

The day long valedictory program commenced on the 10th of November with the judging of Poster-making. Slogan-writing and Mobile-photography contests.

The formal valedictory function started with an inaugural choir by the trainees and staff of LGBRIMH. Songs composed by Dr. Bhupen Haairika, who had eloquently penned the inner thoughts and expressions of the Assamese people were strung together in this beautifully rendered choir.

Dr. Sonia P Deuri, Chairperson of the program and Professor. Department of Psychiatric Social Work gave the welcome address. Dr. Diptorup Chowdhury, Organizing Secretary and Assistant Professor. Department of Clinical Psychology read out the report of the month-long program and 'Yuva Mann-Meet'. Principals of

various colleges in Tezpur and persons who contributed significantly to this month long programs were felicitated by Dr. Aparajecta Baruah. Advisor of the programs and Professor Department of Psychiatry LGBRIMH.

This was followed by the address by the Chief Guest, Maini Mahanta, renounced assamese writer, editor and 'TV personality, Dr. S K Deuri, Director LGBRIMH gave the valedictory address and declared the Youth Wellness Hub at the Centre for Rehabilitation Sciences. LGBRIMH. Dr. Arunjyoti Baruah, Co-Chairperson of the program and Professor Department of Psychiatric Nursing thanked the gathering. An exhibition 'Yuva-Mann-Meet': Expressions, showcasing the entries of the various competitions was inaugurated by the Chief Guest.

The valedictory day functions in the afternoon started with screening of short films based on mental health issues. A discussion on these films was lead by Dr. Joya Chakraborty. Associate Professor, Department of Mass Communication and Journalism, Tezpur University and Dr. Nurnahar Ahmed, Assistant Professor. Department of Psychiatric Nursing. Students from LGBRIMH and other colleges participated in a skit competition thereafter. The staff and students of LGBRIMH put up a group dance "Rupohi Axom' which reflected the amalgamation of different cultures of Assam. This was followed by a prize distribution ceremony for various competitions held during this month-long program. The audience took a Mental Health Oath which was lead by Dr. Diptorup Chowdhury and Ms, Lakhyahira Borah, Clinical Psychologist, Department of Clinical Psychologist. This was followed by the National Anthem and closing of the days programs.



Photo: Inauguration of World Mental Health Day on 10th October



Photo: Month long various awareness activities



Photo: Valedictory Programme on 10th November 2019

Other celebrations:

Religious and cultural celebrations like Durga Puja and Saraswati Puja were observed as part of recreation activities in the Indoor. Patients were encouraged to take part in the rituals. LGBRIMH has been celebrating these festivals since decades.



Photo: Observance of Durga Puja in Institute premise

Special Swachhta Drive:

As a commitment to Swachh Bharat Mission announced by Hon'ble Prime Minister Mr. Narendra Modi, the Institute celebrated the Special Swachhta Drive throughout the year. During the Special Swachhta Drive, awareness programmes and cleanliness drives were organised in hospital premises.



Photo: Swachhta Awareness Drive at DDRC, Tezpur



Photo: Swachhta Awareness Drive at Naba Prabhat NGO, Tezpur



Photo: Swachhta Awareness training for staff off the Institute



IMPORTANT MEETINGS AND DISTINGUISHED VISITORS

Meeting:



Photo: BoG meeting held on 16.04.18

Visitors :



Photo: Mr. Oma Nand, Advisor (Hospital), Ministry of Health and Family Welfare, Govt. of India visited the institute on 24.04.2018



Photo: Shri Alok Rawat, Member, National Commission for Women and Ms. Nazia Ahmed, Junior Technical Expert National Commission for Women visited the institute on 28.06.18



Photo: Mr. R. P. Sharma, Hon'ble MP, Tezpur Lok Sabha Constituency, laid down the foundation stone of Central Library and Informatics Centre Building on 10.07.18



Photo: Tree Plantation on 10.07.18



Photo: Dr. D. Ram, Direcot and Professor of Psychiatry, CIP, Ranchi, Dr. Rajesh Sagar, Professor of Psychiatry, AIIMS, New Delhi and Dr. Kuldeep Kumar, Professor of Psychiatry, Safdarjung Hospital, New Delhi visited the institute on 11.07.2018 as members of Central Mental Health Authority.



Photo: Dr Bhupen Barman, Asso Prof Medicine, Dr. Lakshmi Prasad, Associate Professor of Hospital Administration and Dr. Himashree Bhattacharjee Asst Prof Community Medicine, NEIGRIHMS, Shillong inspected the institute under Kayakalp on 15.11.2018



Photo: Kayakalp team inspection on 17th and 18th January, 2019 by Dr. Utsuk Datta, Dean, Dr. Vijay Patel, CMO and Dr. Ranjan Kumar Assistant Professor of NIAFW, New Delhi



Photo: Justice Mr. T. Vaiphei Chairperson Assam Human Rights visit on 31.01.19



Photo: Mr. Brindaban Goswami , Hon'ble MLA, Tezpur Constituency Visited the institute on 17.02.19

ANNEXURE I

Specialty wise break up of students on rolls as on 31.3.2019.

Psychiatry	M Phil PSW		M Phil CP		M.Sc. Nursing (Psychiatric Nursing)		
	1 st year	2 nd year	1 st year	2 nd year	1 st year	2 nd year	DPN
11	6	6	8	8	12	12	3

Number of students, who passed the G U Examinations during the year 2018-19

Psychiatry	M Phil PSW		M Phil CP		M.Sc. Nursing (Psychiatric Nursing)		
	1 st year	2 nd year	1 st year	2 nd year	1 st year	2 nd year	DPN
2	6	6	8	8	11	12	6

ANNEXURE II

Sl. No.	Guest lecturers / resource persons	Department	Period of Visit
1.	Mrs. Abharani Chamuah, Associate Professor, RNC, Guwahati	Psychiatric Nursing	26 th April, 2018
2.	Dr. Hiranya Saikia, Asst. Professor, Dept of Community Medicine, AMCH, Dibrugarh	Psychiatric Nursing	18 th to 19 th January, 2019
3.	Dr. Krishna Das, Professor, Regional College of Nursing, Guwahati	Psychiatric Nursing	23 rd January, 2019
4.	Dr. Unmona Borgohain, Principal, AINE, Guwahati	Psychiatric Nursing	25 th February, 2019
5.	Dr. Jayanti Basu, Professor & Head of Department of Applied Psychology, Calcutta University, Kolkata	Clinical Psychology	22 nd October & 23 rd October 2018
6.	Dr. Pallavi Jha, Assistant Professor, Dept. of English & Foreign Languages, Tezpur University	Clinical Psychology	3 rd November, 2018
7.	Dr. Poornima Bhola, Additional Professor, Dept. of Clinical Psychology, NIMHANS, Bangalore	Clinical Psychology	13 th and 14 th November 2018
8.	Dr. K. Thennarasu, Professor, Dept. of Biostatistics, NIMHANS, Bangalore	Clinical Psychology	28 th January-1 st February, 2019
9.	Prof. Anna Madill, School of Psychology, Faculty of Medicine & Health, University of Leeds, U.K.	Clinical Psychology	21 st January, 2019
10.	Dr. Jamuna Rajeshwaran, Professor, Dept. of Clinical Psychology, NIMHANS, Bangalore	Clinical Psychology	7 th March, 2019
11	Dr. K. Thennarasu, Professor, Dept. of Biostatistics, NIMHANS, Bangalore	Psychiatric Social Work	9 th to 11 th August 2018
12	Dr. Sudipto Chatterjee and Dr Hamid Dabholkar, Consultant Psychiatrists from Bangalore and Pune	Psychiatric Social Work	22 nd February, 2019.

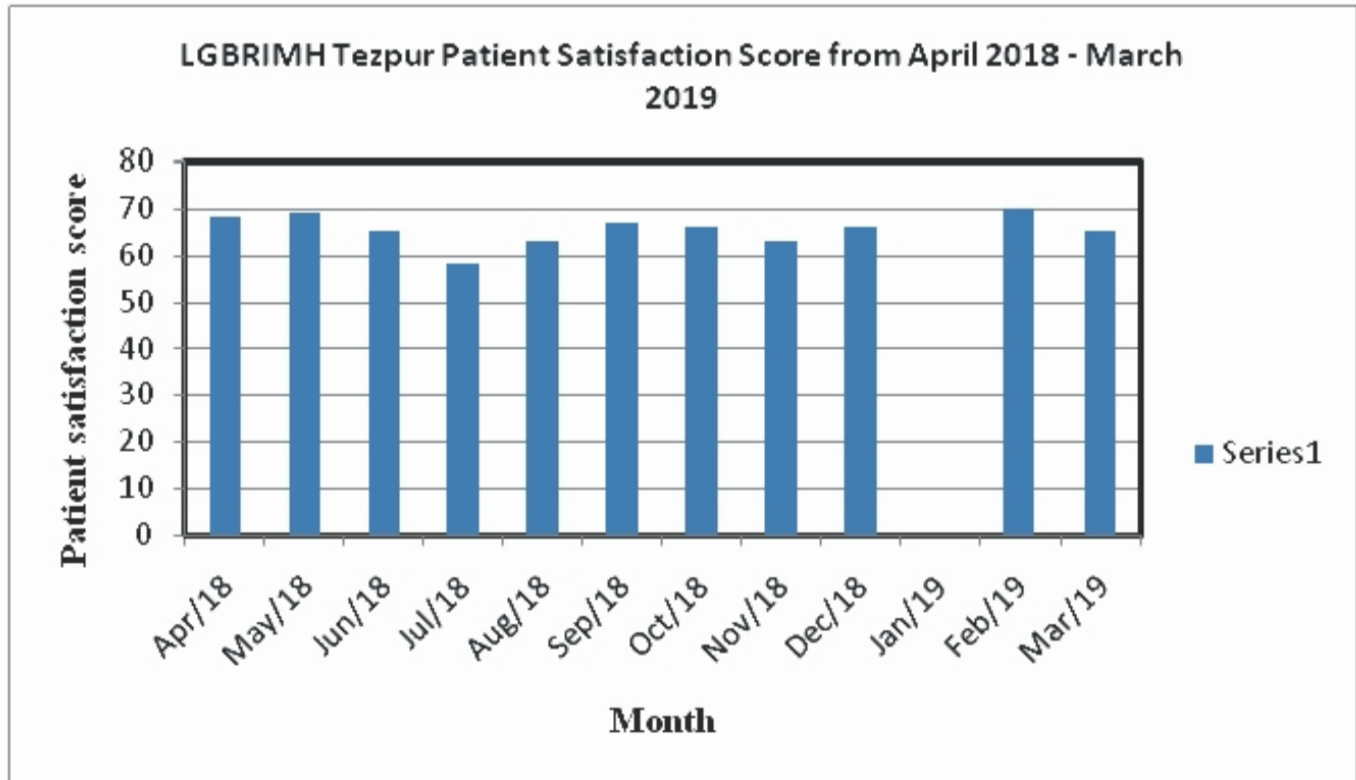
ANNEXURE III

Patient's feedback

There patient's feedback for the session 2018-19 is generated from the Mera aspataal web portal as follows:

Patient Satisfaction Score from April 2018 - March 2019:

LGBRIMH Tezpur Patient Satisfaction Score from April 2018 - March 2019			
Facility	State	Month	Patient Satisfaction Score
LGBRIMH Tezpur	Assam	Apr 2018	68
		May 2018	69
		Jun 2018	65
		Jul 2018	58
		Aug 2018	63
		Sep 2018	67
		Oct 2018	66
		Nov 2018	63
		Dec 2018	66
		Jan 2019	0
		Feb 2019	70
		Mar 2019	65



Patient Visit Monthly Report for LGBRIMH Tezpur
Report Type : Central Government
Facility : LGBRIMH Tezpur
Periodicity : Monthly

LGBRIMH Tezpur																
Validity Analysis of Data, Main Hospital																
Total no. of Data Source Integrated - 1																
April 2018 to March 2019																
Facility Name	Month	Total Patient Visits		Valid Visits		Total Invalid visits		Invalid Visits Details				IPFOP Details				
		count a	count b	a = b/a*100	count c	% d = c/a*100	Invalid Visit Date	Duplicate Visits	Invalid Phone	Duplicate Phone	In-Patient #	Out-Patient #	Invalid Patient Type ID			
						count e	% f = e/d*100	count g	% h = g/d*100	count i	% j = i/d*100	count k = l/d*100	count m = n/d*100			
LGBRIMH Tezpur	Apr 2018	6812	3679	54%	3133	46%	0	0%	2693	86%	440	14%	94	6718	0	0
	May 2018	9901	5559	56%	4342	44%	0	0%	3724	86%	618	14%	109	9792	0	0
	Jun 2018	10815	6155	57%	4660	43%	0	0%	3983	85%	677	15%	128	10687	0	0
	Jul 2018	7000	3954	56%	3046	44%	0	0%	2612	86%	434	14%	45	6955	0	0
	Aug 2018	11531	6622	57%	4909	43%	0	0%	4273	87%	636	13%	95	11436	0	0
	Sep 2018	10721	6050	56%	4671	44%	0	0%	4055	87%	616	13%	79	10642	0	0
	Oct 2018	11384	6275	55%	5109	45%	0	0%	4348	85%	761	15%	102	11282	0	0
	Nov 2018	9933	5396	54%	4537	46%	0	0%	3951	87%	586	13%	61	9872	0	0
	Dec 2018	9298	4993	54%	4305	46%	0	0%	3689	86%	616	14%	85	9213	0	0
	Jan 2019	6106	3312	54%	2794	46%	0	0%	2478	89%	316	11%	48	6058	0	0
	Feb 2019	10094	5556	55%	4538	45%	0	0%	3917	86%	621	14%	124	9970	0	0
	Mar 2019	10981	6275	57%	4706	43%	0	0%	3954	84%	752	16%	129	10852	0	0
Total		67959	39860	59%	28099	41%	0	0	23467	84%	4632	16%	889	67070	0	0
<p><i>Total Patient Visits = Total patient visit records received for date of visit.</i></p> <p><i>Total Valid Visits = Total patient visit records which are identified as valid and to whom SMS/ORD can be sent for feedback on the basis of following logic: 1. visit date = date on which the records are being sent 2. All the mandatory data fields such as NIN id, visit id, visit date, phone no are provided and are correct 3. Phone no is provided and correct as per the validation logic (is equal to 10 digits and starts with 6, 7, 8 or 9 (only for mobile number))</i></p> <p><i>Total Invalid Visits = Total patient visit records that are identified as invalid due to duplicity, Invalid visit date or invalid phone numbers.</i></p> <p><i>Invalid Phone numbers = Total visit records whose phone number were either missing or were not as per the validation logic i.e. less than or greater than 10 digits</i></p> <p><i>Invalid Visit Date = Total visit records whose visit date is either in wrong format or old visit date is provided i.e. visit date is not equal to the date on which data is being sent</i></p> <p><i>Duplicate Visits = Total visit records whose details have been shared more than once</i></p> <p><i>Duplicate Phone Numbers = Patient visits identified with duplicate phone numbers on a given day are marked as invalid.</i></p>																



Auditor's Report



SURENDRA DUGAR & ASSOCIATES

Chartered Accountants



UDIN: 19063571AAAAA57988 INDEPENDENT AUDITOR'S REPORT

To
The Director
Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur, Assam

Report on the Financial Statements

We have audited the accompanying financial statements of M/s Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam which comprise the Balance Sheet as at March 31, 2019 and the Statement of Income and Expenditure Account and Receipts and Payments Accounts for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

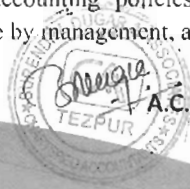
Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position and financial performance of the Institute in accordance with accounting principles generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with the standards on auditing issued by the Institute of Chartered Accountants of India. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedure to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Institute's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by management, as well evaluating the overall



A.C. Plaza, 1st Floor, Main Road, Tezpur - 784001 (Asom)

Call - (03712) 223149

Email : surendra.dugar@gmail.com

**SURENDRA DUGAR &
ASSOCIATES**

Chartered Accountants



presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion and to the best of our information and according to the explanations given to us, the financial statements read with notes on accounts give the information required by the Act in the manner so required and give a true and fair view, subject to notes on accounts, in conformity with the accounting principles generally accepted in India :

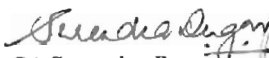
- a) in the case of the Balance Sheet, of the State of affairs of the Institute as at March 31, 2019 ;
- b) in the case of the Statement of Income and Expenditure, of the Excess of Income over Expenditure for the year ended on that date.
- c) in the case of the Statement of Receipts and Payments Account, of the Receipts and Payments for the year ended on that date.

Report on Other Legal and Regulatory Requirements

We report that:

1. We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit;
2. In our opinion, proper books of accounts as required by law have been kept by the Institute so far as appears from my examination of those books;
3. The Balance Sheet and the Statement of Income and Expenditure and Receipts and Payments account dealt with by this report are in agreement with the books of account;

Surendra Dugar & Associates
Chartered Accountants


CA. Surendra Dugar
Partner
MRN: 063571
FRN: 325846E



Tezpur, 9th July 2019

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Email : surendra.dugar@gmail.com

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Balance Sheet as at 31st March 2019

Sources of Funds	Schedule	Current Year	Previous Year
Corpus/ Capital Fund	1	2,65,82,16,175	2,50,63,43,981
Reserves and Surplus	2	-	-
Earmarked/Endowment Funds	3	3,58,28,885	3,61,84,776
Secured Loan and Borrowing	4		
Unsecured Loan and Borrowing	5		
Deferred Credit Liabilities	6		
Current Liabilities and Provisions	7	65,68,781	52,19,396
		2,70,06,13,841	2,54,77,48,153
<u>Application of Funds</u>			
Fixed Assets	8	2,12,50,75,604	2,02,79,23,155
Investment from Earmarked/ Endowment Funds	9	-	-
Investment - Others	10	-	-
Current Assets, Loans and Advances	11	57,55,38,237	51,98,24,998
Miscellaneous Expenditure		-	-
		2,70,06,13,841	2,54,77,48,153
Significant Accounting Policies	24		
Contingent Liabilities and Notes on Accounts	25		

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar

CA. Surendra Dugar

Partner

MRN: 063571 / FRN: 325846E



For and on behalf of the management

LGB Regional Institute of Mental Health

Chief Finance & Accounts Officer

LGBRIMH, Tezpur

Authorized Signatory

Tezpur, 9th July 2019

ANNUAL REPORT 2018-19

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Income and Expenditure Account for the year ended 31st March 2019

INCOME	Schedule	Current year	Previous year
Income from sales/service etc	12	7,01,774	3,85,614
Grants/subsidies	13	42,97,00,000	37,99,72,160
Fees/subscription	14	32,64,550	12,01,528
Income from investment	15	23,63,834	37,52,165
Income from royalty,publication	16	-	-
Interest earned	17	1,48,02,400	1,20,40,543
Other income	18	9,90,639	6,88,544
Increase/decrease in stock	19	(5,89,526)	3,62,919
Total(A)		45,12,33,671	39,84,03,473
EXPENDITURE			
Establishment expenses	20	23,94,52,456	23,38,88,695
Other administrative expenses etc.	21	9,73,37,594	8,54,63,861
Expenditure on grants, Subsidies etc.	22	22,74,294	14,63,855
Interest	23	-	-
Depreciation	8	3,02,97,133	5,04,37,717
Total(B)		36,93,61,477	37,12,54,128
Balance being excess of income over expenditure		8,18,72,194	2,71,49,345
Transfer to special reserve (specify each)		-	-
Transfer to from General Reserve		-	-
Balance being surplus/deficit carried forward to CORPUS /CAPITAL FUND		8,18,72,194	2,71,49,345
Significant accounting policies	24		
Contingent liabilities and notes on accounts	25		

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants



CA. Surendra Dugar
Partner
MRN: 063571 / FRN: 325846E

Tezpur, 9th July 2019



For and on behalf of the management
LGB Regional Institute of Mental Health

Chief Finance & Accounts Officer
LGBRIMH, Tezpur
Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Consolidated Receipts and Payments Account for the year ended 31st March 2019

Receipts	Ann	2018-19	2017-18	Payments	Ann	2018-19	2017-18
<u>(I) Opening Balance</u>				<u>(I) Expenses</u>			
a) Cash in hand		-	-	Establishment Expenses	VIII	23,95,29,264	23,41,41,621
b) <u>Bank Balances</u>				Office Expenses	IX	2,60,44,272	2,13,86,842
i) In Current Account		-	-	Administrative Expenses	X	4,28,85,774	3,15,40,271
ii) In Deposit Account	I	7,13,03,925	9,83,66,487	Hospital Expenses	XI	2,62,30,662	3,18,47,067
iii) Savings Account	II	35,81,83,176	34,71,24,828	Academic Expenses	XII	4,86,256	3,48,313
				Swachhata Action Plan-3257 1.9- Misc Road			
				Show etc	XIII	41,72,801	1,02,386
<u>(II) Grants Received</u>				<u>(II) Payments made against funds for various projects</u>			
Grants/ Subsidies Received	V	49,97,00,000	50,28,32,160	Payment from Fees A/c 2733	XIII	3,82,594	4,70,456
				Payment from Rehabilitation A/c 4797	XIV	5,90,824	48,062
<u>(III) Income on Investments from</u>				Payment from A/c 6000	XV	19,75,354	26,26,161
				Payment from A/c 6666	XVI	13,23,928	9,93,399
<u>(IV) Interest Received</u>				<u>(III) Investments and Deposits made</u>			
On Saving account	III	1,52,86,685	1,23,80,749	<u>(IV) Expenditure on Fixed Assets & capital</u>			
On Term Deposit	IV	34,85,566	57,14,671	Work-in-progress			
				Fixed Assets Purchased	XVII	12,75,28,682	21,37,79,645
				<u>(V) Refund of Surplus money/Loans</u>			
				<u>(VI) Finance Charges/Interest</u>	XVII(A)	4,215	2,442
				<u>(VII) Other Payments (Specify)</u>			
				Advances / Liability Paid	XVIII	3,64,69,346	1,59,12,397
				Other Payment	XIX	1,088	33,209
<u>(V) Other Income (Specify)</u>	VI			<u>(VIII) Closing Balances</u>			



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

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Receipts	Ann		2018-19		2017-18		Payments	Ann	2018-19	2017-18
A/c 2733			32,65,638	12,34,737			a) Cash in hand			
A/c 1172			5,92,954	3,85,614			b) Bank Balances	XX	48,57,99,616	35,81,83,176
A/c 1158			22,46,662	13,80,291			Savings Account	XXI	-	6,63,03,925
<u>(VI) Amount Borrowed</u>			-	-			c) Term Deposits			
<u>(VII) Any other Receipts (give details)</u>										
<u>Other Receipts of non-revenue in nature</u>		VII								
Security Deposits			12,34,157	16,08,663						
Earnest Money Deposit			26,76,778	15,48,000						
Others			3,54,49,135	51,43,172						
			99,34,24,676	97,77,19,372					99,34,24,676	97,77,19,372

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants

Surendra Dugar
C.A. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 9th July 2019



For and on behalf of the management
LGB Regional Institute of Mental Health
Chief Finance & Accounts Officer
LGBRIMH, Tezpur
Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2019

	Current Year	Previous Year
<u>Schedule 1: Corpus/ Capital Fund</u>		
Balance at the beginning of the year	2,50,63,43,981	2,35,63,34,635
Add: Contribution towards corpus/ capital fund	7,00,00,000	12,28,60,000
Add/deduct balance of net income/expenditure transferred	8,18,72,194	2,71,49,345
Add: Land	-	1
Balance at the Year End	<u>2,65,82,16,175</u>	<u>2,50,63,43,981</u>

Schedule 3: Earmarked/ Endowment Funds

Funds	Current Year	Previous Year
(a) Opening Balance of the funds	3,61,84,776	3,65,05,847
(b) Additions to the Funds		
i) Donations/Grants		
ii) Income from Investment made on account of Funds		
(a) Interest on Term Deposit	11,21,732	19,62,506
iii) Other Additions (Specify)		
(a) Interest on SB Account	4,84,285	3,40,206
Total (a+b)	<u>3,77,90,793</u>	<u>3,88,08,559</u>

(c) Utilization/Expenditure towards objectives of Funds

i) Capital Expenditure		
- Fixed Assets		
- Others		
Total	-	
ii) Revenue Expenditure		
- Salaries, Wages & Allowances		
A/C No		
6000,4797,4798,5555,914010029238412	19,61,908	25,93,783
- Other Admn Expenses		
Project Expenditure A/C No 4798	-	30,000
Total	<u>19,61,908</u>	<u>26,23,783</u>
Total (C)	<u>19,61,908</u>	<u>26,23,783</u>
Net Balance as the Year End (a+b-c)	<u>3,58,28,885</u>	<u>3,61,84,776</u>



[Signature]
Chief Finance & Accounts Officer
LGBRIMH, Tezpur

ANNUAL REPORT 2018-19

Schedule 7: Current Liabilities

1. Acceptances

2. Sundry Creditors

a) Others outstanding liabilities

- 12,25,644

3. Advances Received/Security deposits/

Others

37,99,877 25,65,720

Security Deposit (HSCC)

8,07,959 8,07,959

Security Deposit (A/C 6666)

- -

Caution Deposit (A/C No 2733)

5,000 5,000

Labour cess 4797

5,678 -

Security Deposit (Rehabilitation)

1,20,437 63,660

4. Interest accrued but not due on

a) Secured loans/borrowings

- -

b) unsecured loans/borrowings

- -

5. Statutory Liabilities

a) VAT

- -

b) Receive from LIC (GSLI)

- -

c) Labour Cess

1,21,472 -

M D PSYCHIATRIC COURSE FEES Liability

- -

e) NPS

- 55,933

f) GPF

- -

g) Contractors liability

96,632 96,632

h) Earnest money (SB A/C No 1158)

16,11,260 3,98,382

i) Earnest money (SB A/C No 1172)

- -

6. Others current Liabilities

466 466

Total

65,68,781 52,19,396

Schedule 9-Investment from Earmarked

/Endowment Funds

1) In Government Securities

2) Other Approved Securities

3) Shares

4) Debenture and Bonds

5) Subsidiaries and Joint Ventures

6) Others (A/C No:6000,Annexure:XXI)

- -

- -



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Schedule 11: Current Assets/ Loans and Advances

A. CURRENTS ASSETS

1. Inventories

a) Stores and spares 33,77,562 39,67,088

2. Sundry Debtors - -

3. Cash balance in hand(including cash,P.advance etc.) - -

4. Bank Balances

a) With schedule Banks

Purchase of FDR - 50,00,000

Pension Fund (A/c 5555) 2,70,74,225 2,58,17,665

On deposit accounts(Annexure:XXI) - 4,38,07,172

On saving accounts(Annexure:XX) 45,87,25,391 35,48,62,264

Total 48,57,99,616 42,94,87,101

B. LOANS AND ADVANCES AND OTHER ASSETS

1. LOANS

2. Advances and other amounts recoverable in cash or in kind for value to be received

(a)On capital account ,Advance to HSCC 8,02,00,000 8,02,00,000

(b) Prepayment - -

(c) Others:

Festival advances 8,515 18,265

Advance for Maint. of Water Plant 17,223 17,223

LIP - -

Telephone security 12,200 12,200

Advance Maintainaence of Building - -

Advance Improvement & maintenance of electrical item - -

Advance Rehab Non Recurring Exp 4797 - -

Advance Other Charges - -

Advance Electricity Security(CAEDCL) 61,23,121 61,23,121

Advance LTC - -

57,55,38,237 51,98,24,998



Chief Finance & Accounts Officer
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Schedule to Income and Expenditure Account for the year ended 31st March 2019

Schedule 12: Income from Sales and Service

	Current year	Previous year
Canteen Rent	78,240	1,200
Tender Fees	5,500	5,100
SCRAP CHAYA STORE C/B 65,117	-	3,69,744
Auction fees 1172	-	9,570
RTI Fees	574	-
Application Fees 1172	53,380	-
Auction Values	5,35,000	-
Misc Received 1158	80	-
Guest House rent Received 1158	28,800	-
Application Fees 1158	200	-
	<u>7,01,774</u>	<u>3,85,614</u>

Schedule 13: Grants and Subsidies

	Current year	Previous year
Grant		
Revenue Grant in Aid	42,97,00,000	37,81,82,000
Received from Tezpur University(SB A/C No 6666)	-	17,90,160
Total	<u>42,97,00,000</u>	<u>37,99,72,160</u>

Schedule 14: Fees / Subscription (A/c No.2733)

	Current year	Previous year
DPN course fee	3,300	6,650
RECOVERY AGAINST LIBRARY BOOKS C/B 71	-	11,368
Application fee	-	47,850
M.Sc. Nursing course fee	3,31,950	3,12,900
M Phil(PSW)	3,52,250	2,38,660
MD fee	13,48,700	83,800
Mphil (Clinical Psychology)(A/C No 2733)	2,76,900	1,73,900
Posting Fee(A/C No 2733)	2,85,000	3,26,400
Phd nursing fees	1,45,550	-
Received from Director, State Health Society,Guwahati	5,20,900	-
	<u>32,64,550</u>	<u>12,01,528</u>


Schedule 15: Income from Investment

	Current Year	Previous Year
1) ON TERMS DEPOSIT		
a) With schedule banks	23,63,834	37,52,165
b) with non schedule banks	-	-
c) with institutions	-	-
d) Others	-	-
Total	<u>23,63,834</u>	<u>37,52,165</u>

Schedule 17: Interest Earned

	Current Year	Previous Year
1) Saving Accounts		
a) With schedule banks	1,48,02,400	1,20,40,543
b) with non schedule banks	-	-
c) Post office saving accounts	-	-
d) Others	-	-
3) On loans	-	-
4) Interest earned on Security Deposit of CAEDCL	-	-
Total	<u>1,48,02,400</u>	<u>1,20,40,543</u>




Chief Finance & Accounts Officer
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Schedule 18: Other Income

	Current Year	Previous Year
OPD Registration Fees	1,82,000	1,92,000
License Fees	8,08,639	4,96,544
	<u>9,90,639</u>	<u>6,88,544</u>

Schedule 19: Increase / Decrease in stock of finished goods

	Current year	Previous year
a) Closing Stock		
Finished Good	33,77,562	39,67,088
Work in progress	-	-
b) Less opening stock		
Finished Good	39,67,088	36,04,169
Work in progress	-	-
	<u>(5,89,526)</u>	<u>3,62,919</u>

Schedule 20: Establishment Expenses

	Current year	Previous year
Salaries and wages	22,09,98,440	21,82,94,623
Pension Contribution/ NPS	47,41,846	37,39,263
Group Gratuity Premium Amount	23,90,224	26,27,372
Contribution to Provident Fund (EPF)	55,70,816	51,77,599
Children Education Allowance	11,28,081	18,29,030
LTC	2,54,319	3,52,088
Employer share for CPF	53,308	-
Leave salary Contribution	2,46,436	-
Travel Expense	12,74,924	18,68,720
Pensionary Benefits	3,61,381	-
GRATUITY(Pensionary Benefit)	15,16,449	-
Leave Salary (Pensionary Benefit)	9,16,232	-
Total	<u>23,94,52,456</u>	<u>23,38,88,695</u>




Chief Finance & Accounts Officer
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Schedule 21: Other Administrative Expenses

	Current year	Previous year
Purchases	2,41,75,017	3,24,74,139
Labour expenses	2,04,24,195	1,77,16,786
Electricity and power	98,67,810	77,56,214
Repair and maintenences	98,41,394	66,21,464
Vehicles running and maintenences	3,35,120	2,61,619
Postage telephone and communication charges	13,83,331	13,62,937
Printing and Publication	6,58,712	5,07,989
Expenses on seminer and workshop	2,26,968	2,25,109
Expenses on stationary	11,36,013	5,36,226
Auditors remuneration	59,000	59,000
Other Professional & Special Services	13,025	23,891
Professional charges (legal fees)	30,345	17,400
Advertisement and publicity	5,73,274	8,82,719
Security agency	53,96,288	37,83,943
Executive council meeting	81,360	10,000
Misc.O.E. Hospital	31,143	29,400
Other charges	22,71,333	10,49,905
Honararium	-	2,700
Staff welfare	3,798	8,104
Maintenance of laundry,kitchen,incinarator	2,26,771	56,727
Maintenance of Xerox,water plants, DG sets,EPBX	24,08,874	21,29,426
Servicing and repairing of hospital equipment	3,15,665	2,18,720
Comntribution to professional bodies	1,40,810	13,200
Information Technology	7,91,364	25,72,688
Consultancy Fees	1,18,478	1,10,004
Community Psy programme	2,56,422	2,93,725
Medical Expenses Reimbursement of staff	27,96,201	12,11,913
Stipend and Scholarship	92,55,613	54,23,085
Bank Charges	4,215	2,442
Information Education communication & other expenses.	99,312	
Research Salary	2,44,000	
Swachhata Action Plan-3257(1.9- Misc Road Show etc)	41,71,743	1,02,386
	<u>9,73,37,594</u>	<u>8,54,63,861</u>

Schedule 22: Expenditure on Grant / Subsidies etc.

	Current year	Previous year
<u>Expenditure against A/c 2733</u>		
REHABILITATION COUNCIL OF INDIA FEE COLLECTION 2733	-	42,500
TRANSFER TO A/C NO. 1158 C/B 69	-	20,000
DPN Course	10,500	10,070
Course Registration Fee (2733)	-	1,84,000
Fee Collection exp	-	1,13,466
Caution Money Release	54,000	81,350
MSc Psy Nursing fees exp	-	10,070
ADMISSION MONEY		9,000
Paid to Rehabilitation Council of India,New Delhi	12,500	-
External examination 2733	26,720	-
M D (Psy) course exp	47,714	-
Mphil PSW exam fees	50,966	-
Miscellaneous	70,420	-
Mphil Clinical Psy exp	23,283	-
RCI -CRE workshop	86,491	-
<u>Expenditure against A/c 6666</u>		
Salary	-	9,82,254
Miscellaneous DBT	4,15,362	11,145
Bank Charge	-	-
Return unspent fund to Tezpur University	9,08,566	-
<u>Payments for Rehabilitation A/c</u>		
Rehabilitation Exp	5,67,772	-
	<u>22,74,294</u>	<u>14,63,855</u>



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Chief Finance & Accounts Officer
LGBRIMH, Tezpur

SCHEDULE B & DETAILS OF FIXED ASSETS

DESCRIPTION	GROSS BLOCK as on 1.4.18	Addition for more than 182 days	Addition for less than 182 days	Deletion	Gross Block as on 31.03.2019	Rate	Accumulated Depreciation		Closing WDV as on 31.03.19	Closing WDV as on 31.3.18
							Opening Balance as on 1.4.18	Provided during the year		
A. Fixed Assets	9,15,000	-	-	-	9,15,000	15%	4,37,365	71,645	4,05,990	4,77,635
X-Ray Machine	66,906	-	-	-	66,906	15%	66,906	-	-	-
Type Machine	2,49,040	-	-	-	2,46,596	15%	2,46,596	367	2,46,963	2,444
Semi-Auto analyser	53,19,566	-	-	79,100	52,40,466	15%	33,70,879	2,80,438	15,89,149	19,48,687
Vehicles	2,03,70,627	-	-	-	2,17,95,627	10%	1,21,70,651	9,20,723	87,04,253	81,99,976
Furniture & Fixtures	96,56,889	5,89,500	8,35,500	-	1,03,68,805	15%	77,42,407	3,61,287	22,65,191	19,14,482
Office Equipment	80,98,949	2,76,416	4,35,500	-	83,99,949	60%	77,35,944	7,68,508	14,25,512	3,63,005
Computer, peripherals	16,30,72,267	2,16,30,310	43,73,489	-	18,50,76,066	100%	16,30,72,267	2,38,17,058	21,86,744	-
Library Books	10,32,200	-	52,97,600	-	63,29,800	15%	7,11,074	4,45,489	51,73,237	3,21,126
Medical equipments	1,390	-	-	-	1,390	-	1,390	-	-	-
Bicycle	2,58,195	-	-	-	2,68,185	15%	2,47,901	1,544	8,750	10,294
Modi Xerox Incinerator	7,35,104	-	-	-	7,35,104	15%	7,35,104	-	-	-
Fire Extinguisher	79,706	-	-	-	79,706	15%	76,795	437	2,474	2,911
DG Sets	16,76,000	-	-	-	16,76,000	15%	16,76,000	-	-	-
Hospital Equipment	20,34,650	-	-	-	20,34,650	15%	16,60,898	56,060	3,17,672	3,75,733
Voltage Stabiliser	4,52,564	-	42,500	-	4,95,064	15%	4,45,632	4,227	45,206	6,932
Electroite (pathology)	1,82,000	-	-	-	1,82,000	15%	1,64,048	2,693	15,259	17,952
Digital microscope & Fully Automated clinical chemistry analyser(Pathology)	51,18,750	-	-	-	51,18,750	15%	44,24,058	1,04,204	5,90,488	6,91,692
Shimadzu (Ultrasound System)	21,22,000	-	-	-	21,22,000	40%	21,22,000	-	-	-
SDU-1100 (Pathology)	2,15,00,000	-	-	-	2,15,00,000	40%	2,15,00,000	-	-	-
Slices Brilliance CT Scan Phillips	-	-	-	-	-	10%	-	-	-	-
Upgradation of Pathology dept (Works)	-	-	-	-	-	10%	-	-	-	-
Imp of road connect NH	-	-	-	-	-	10%	-	-	-	-
By pass road	-	-	-	-	-	10%	-	-	-	-
Link road	4,54,108	-	-	-	4,54,108	10%	3,69,722	8,439	75,947	84,386
Cons. Of boundary wall	66,93,647	-	-	-	66,93,647	10%	51,75,662	1,51,789	13,66,186	15,17,985
Quarter (Non Recurring)	2,30,94,047	-	-	-	2,30,94,047	5%	1,19,46,541	5,57,375	1,05,90,131	1,11,47,506
Electrical Substation	9,03,566	-	-	-	9,03,566	10%	6,98,656	20,491	1,84,419	2,04,910
Security Fencing construction	9,57,794	-	-	-	9,57,794	100%	5,35,911	42,186	3,79,695	4,21,884
Electrical items	28,550	-	-	-	28,550	10%	15,439	1,311	11,800	13,111
Upgradation Of LGBRIMH	2,45,000	-	-	-	2,45,000	10%	1,06,008	13,899	1,25,093	1,38,992
UTM; Device	4,15,774	-	-	-	4,15,774	60%	2,99,357	68,850	46,567	1,16,417
Consultancy and construction HSCC	3,01,47,762	-	-	-	3,01,47,762	60%	12,702	975	3,01,47,762	3,01,47,762
Printer under research project a/c 4798	14,327	-	-	-	14,327	60%	12,702	975	650	1,625
Equipments under rehabilitation	1,29,740	-	-	-	1,29,740	15%	1,00,301	4,416	25,023	29,439
Construction of Rehabilitation centre	2,21,94,035	-	-	-	2,21,94,035	10%	1,47,67,416	7,45,662	66,85,957	74,26,619
Furniture under research project a/c 6000	4,60,740	-	-	-	4,60,740	10%	2,43,221	20,752	1,86,767	2,07,520
Purchase Of Furniture under	-	-	-	-	-	-	-	-	-	-
Rehabilitation centre (A/C 4797)	11,91,211	-	-	-	11,91,211	10%	4,76,915	71,430	6,42,866	7,14,296
Equipment (A/C 4797)	61,91,985	-	-	-	61,91,985	15%	37,07,060	3,72,739	21,12,186	24,84,925
Furniture (A/C No 6666)	14,097	-	-	-	14,097	10%	5,644	845	7,608	8,453
Purchase of Equipment (S B A/C o 6666)	58,11,866	-	-	-	58,11,866	15%	32,85,871	3,78,893	21,47,096	25,25,995



DESCRIPTION	GROSS BLOCK as on 1.4.18	Addition for more than 182 days	Addition for less than 182 days	Deletion	Gross Block as on 31.03.2019	Rate	Accumulated Depreciation			Closing WDV as on 31.03.19	Closing WDV as on 31.3.18
							Opening Balance as on 1.4.18	Provided during the year	Closing Balance as on 31.3.2019		
A. Fixed Assets	38,80,613	-	-	-	38,80,613	100%	38,80,613	-	38,80,613	-	-
Purchase of books (Ac/ 6000)	-	-	-	-	-	-	-	-	-	-	-
Swachhata Action Plan-3257 :Equipment MISC ROAD SHOW ,Tissue Paper holder	-	-	7,475	-	7,475	15%	-	561	561	6,914	-
Swachhata Action Plan-3+B29257 :Equipment MISC ROAD SHOW ,BMW Waste carrying trolley	-	-	1,17,000	-	1,17,000	15%	-	8,775	8,775	1,08,225	-
Swachhata Action Plan-3257 :Equipment MISC ROAD SHOW ,Milton Red colour dustbin	-	-	9,900	-	9,900	10%	-	495	495	9,405	-
Swachhata Action Plan-3257 :Equipment MISC ROAD SHOW ,Laundry & Garbage trolley	-	-	1,88,458	-	1,88,458	15%	-	14,134	14,134	1,74,324	-
Swachhata Action Plan-3257 :Equipment MISC ROAD SHOW ,Token Dispenser	-	-	2,49,460	-	2,49,460	15%	-	18,710	18,710	2,30,750	-
Swachhata Action Plan-3257 :Equipment MISC ROAD SHOW ,LED TV	-	-	6,50,000	-	6,50,000	15%	-	48,750	48,750	6,01,250	-
Swachhata Action Plan-3257 :Equipment, Machine for Automation,Shredder Machine	-	-	6,52,540	-	6,52,540	15%	-	48,941	48,941	6,03,599	-
Swachhata Action Plan-3257 :Equipment, Machine for Automation ,Heavy Duty auto scrubber & dryer	-	-	40,23,800	-	40,23,800	15%	-	3,01,785	3,01,785	37,22,015	-
Swachhata Action Plan-3257 :Equipment, Machine for Automation,Multi functional single disk scrubber polisher	-	-	8,96,800	-	8,96,800	15%	-	67,260	67,260	8,29,540	-
Swachhata Action Plan-3257 :Equipment, Machine for Automation,Ride on Sweeper	-	-	57,23,000	-	57,23,000	15%	-	4,28,225	4,28,225	52,94,775	-
Panel Board & LED Luminaries	-	-	4,88,995	-	4,88,995	15%	-	36,675	36,675	4,52,320	-
I.T Panel Board near OPD	-	-	3,02,500	-	3,02,500	15%	-	22,688	22,688	2,79,812	-
Exide Battery	-	-	1,11,690	-	1,11,690	15%	-	8,377	8,377	1,03,313	-
Add Capital work in progress	1,95,09,66,734	-	7,50,39,900	-	2,02,60,06,634	-	-	-	-	2,02,60,06,634	1,95,09,66,734
Capital work in progress(APDCL)	54,30,728	-	-	-	54,30,728	-	-	-	-	54,30,728	54,30,728
Land	-	-	-	-	-	-	-	-	-	-	-
Vehicle in transit - C.VIP	-	-	37,57,334	-	37,57,334	-	-	-	-	37,57,334	-
	2,30,21,68,108	2,24,96,226	10,50,32,456	79,100	2,42,96,17,690		27,42,44,954	3,02,97,133	30,45,42,087	2,12,50,75,604	2,02,79,23,157



Chief Finance & Accounts Officer

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
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Schedule to Receipts and Payments Account for the year ended 31st March 2019

<u>Annexure I: Opening Balance of Term Deposit</u>	2018-19	2017-18
2733	-	-
1172	75,68,463	22,32,689
4797	-	-
1158	4,12,38,709	6,72,42,380
6000	-	79,52,665
4798	-	-
6666	-	-
5555	2,24,96,753	2,09,38,753
A/c No.914010029238412(Axis Bank)	-	-
	<u>7,13,03,925</u>	<u>9,83,66,487</u>

<u>Annexure II: Opening Balance at bank</u>	2018-19	2017-18
2733	61,81,439	51,95,907
1172	51,67,528	93,70,196
4797	14,84,858	14,75,600
1158	33,27,97,372	32,51,76,411
6000	78,78,970	20,42,604
4798	53,975	79,240
6666	12,98,122	6,35,834
5555	33,20,912	31,36,647
A/c No.914010029238412(Axis Bank)	-	12,389
	<u>35,81,83,176</u>	<u>34,71,24,828</u>

<u>Annexure III: Interest Earned on Savings Account</u>	2018-19	2017-18
2733	2,94,680	2,21,343
1172	2,18,955	4,11,718
4797	52,797	57,337
1158	1,42,62,828	1,13,77,026
6000	2,91,479	72,978
4798	4,093	4,806
6666	25,937	30,456
5555	1,34,828	1,84,265
914010029238412	1,088	20,820
	<u>1,52,86,685</u>	<u>1,23,80,749</u>

<u>Annexure IV: Interest Earned on Term Deposits</u>	2018-19	2017-18
2733	-	-
1172	3,36,379	3,35,774
4797	-	-
1158	20,27,455	34,16,391
6000	-	4,04,506
4798	-	-
6666	-	-
5555	11,21,732	15,58,000
914010029238412	-	-
	<u>34,85,566</u>	<u>57,14,671</u>



**Chief Finance & Accounts Officer
LGBRIMH, Tezpur**

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Annexure V: Grants/Subsidies Received

A/c 1158

Grant in Aid Received From MOH & FW, GOI

Capital Grant in Aid	7,00,00,000	12,28,60,000
Revenue Grant in Aid	42,97,00,000	37,81,82,000
<u>A/c 6666</u>		
Received from Tezpur University	-	17,90,160
	<u>49,97,00,000</u>	<u>50,28,32,160</u>

Annexure VI: Other Income

A/c 2733

MSc(psy nursing)	3,31,950	3,12,900
Mphil (Clinical Psychology)	2,76,900	1,73,900
Inter Account transfer (Transferred from A/C No Axis bank)	1,088	33,209
Entrance exam fee cb 54		

Mphil (PSW)	3,52,250	2,38,660
MD Student fees	13,48,700	83,800
RECOVERY AGAINST LIBRARY BOOKS C/B 71		11,368
Posting Fee	2,85,000	3,26,400
Application fee		47,850
DPN COURSE	3,300	6,650
Phd nursing fees	1,45,550	
Received from Director, State Health Society, Guwahati	5,20,900	
M D PSYCHIATRIC COURSE FEES Liability	-	
Total (A)	<u>32,65,638</u>	<u>12,34,737</u>

A/c 1172

SCRAP CHAYA STORE C/B 65,117	-	3,69,744
Canteen Rent	-	1,200
AUCTION FEES 1172	-	9,570
Tender Fees	4,000	5,100
RTI Fees 1172	574	-
Application Fees 1172	53,380	-
Auction Values	5,35,000	-
Total (B)	<u>5,92,954</u>	<u>3,85,614</u>

A/c 1158

OPD Registration fees	1,82,000	1,92,000
Tender Fees	1,500	-
Stipend Recovery	1,61,226	-
License Fees(Quarter)	8,08,639	4,96,544
Electric Charge	10,93,297	6,91,747
Total (C)	<u>22,46,662</u>	<u>13,80,291</u>
Grand Total (A+B+C)	<u>61,05,254</u>	<u>30,00,642</u>

Annexure VII: Other receipts of non-revenue in nature

a) Security Deposits

A/c 1172		-
A/c 4797		-
A/c 1158	12,34,157	16,08,663
A/c 6666		
	<u>12,34,157</u>	<u>16,08,663</u>

b) Earnest Money Deposit

A/c 1172		-
A/c 4797		-
A/c 1158	26,76,778	15,48,000
A/c 6666		
	<u>26,76,778</u>	<u>15,48,000</u>



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

b) Others

A/c 1158

	1,21,472	75,695
ELECTRIC CHARGE CANTEEN		12,256
ELECTRIC CHARGE ATM		45,076
ELECTRIC CHARGE CASH	5,161	212
Other Deduction from salary	76,763	1,06,911
STIPEND RECOVERY (BRINDA BARUAH SARMAH)	-	1,44,000
NPS	42,11,022	31,66,116
GSLI RECEIVED FROM LIC (TAPAN MOHANTA C/B 38)	-	4,00,863
SALARY RECOVERY	-	1,43,424
received from melody excess payment	-	20,000
NEFT RETURN RAMLAL DURGADUTTA C/B 173	-	118
Received from Dr. Hemanta Dutta C/B Page no. 13	1,058	-
RECEIVED FROM LAKHSMI PERIODICALS BOOKS PVT LTD	-	2,699
Miscellaneous Received	45	2,591
Adjustment of Advance Festival Advance (Previous Year)	9,750	1,18,500
Adjustment of Advance Building (Previous Year)	-	1,50,000
Adjustment of Advance Waterplant (Previous Year)	-	5,61,508
Adjustment of Advance improvement & maintenance of electrical item (Previous Year)	-	60,000
Canteen Rent Received in 1158	78,240	-
Misc Received 1158	80	-
Auction Fee received 1158	79,100	-
Guest House rent Received 1158	28,800	-
Application Fees 1158	200	-
GPF	51,29,340	-
GIS	1,83,300	-
EPF	51,52,224	-
Income Tax	1,60,84,283	-
P/ TAX	8,91,833	-
LIP	15,46,093	-
GSLI	2,61,000	-
CGEGIS	720	-
CPF	53,308	-
CPF(VOL)	63,000	-
NECLT	10,800	-
NPS 80CCD	1,05,000	-
IGST	6,65,898	-
CGST	2,88,569	-
SGST	2,88,569	-
Excess deduction	540	-

A/C No 6666 (Other Receipts)

P Tax	-	10,878
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A/C No 6000

Recovery from salary (Electric charge)	13,446	2,824
P Tax(6000)	13,104	17,472
Income Tax (6000)	910	72,475
SALARY RECOVERY KANGKANA BHUYAN C/B15	-	29,554

A/c 4797

Security Deposit	56,777	-
Labour cess	5,678	-
Income Tax	11,696	-
CGST	5,678	-
SGST	5,678	-
Total	3,54,49,135	51,43,172



Chief Finance & Accounts Officer
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Annexure VIII: Establishment Expenses

Salary	22,10,75,248	21,85,47,549
Employer's share for EPF & Gratuity	55,70,816	51,77,599
Group Gratuity Premium Amount	23,90,224	26,27,372
Employer share for CPF	53,308	-
Employer's share for NPS	42,66,955	31,14,895
Children Education Allowance	11,28,081	18,29,030
Pension Contribution	4,74,891	6,24,368
Leave salary Contribution	2,46,436	-
Travel Expense	12,74,924	18,68,720
LTC	2,54,319	3,52,088
Pensionary Benefits	3,61,381	-
GRATUITY(Pensionary Benefit)	15,16,449	-
Leave Salary (Pensionary Benefit)	9,16,232	-
Total	23,95,29,264	23,41,41,621

Annexure IX: Office Expenses

Legal services	30,345	17,400
Printing & Stationery	11,36,013	5,56,226
Printing and publications	6,58,712	5,07,989
Advertisement and publicity	5,73,274	8,82,719
Postage and Telegram	1,11,746	1,61,061
BOG/EC Meeting	81,360	10,000
Electricity Charges	96,48,728	74,14,580
Electrical OE	-	-
Telephone charges	12,71,585	12,01,876
Security agency	53,96,288	37,83,943
Bank Charges	-	-
Maintenance of computer / Xerox	4,78,000	5,13,149
Maintenance of Water plant	5,28,602	5,61,508
Other charge	22,71,333	10,49,905
Staff welfare	3,798	8,104
Maint. Of DG sets	14,02,272	10,54,769
Information Technology	7,91,364	25,72,688
Improvement & maintenance of electrical item	13,17,540	10,90,925
Information Education communication & other expenses.	99,312	-
Research Salary	2,44,000	-
Total	2,60,44,272	2,13,86,842

Annexure X: Administrative Expenses

Salary & Wages	2,04,24,195	1,77,92,481
Vehicle Maintenance/POL	3,35,120	2,61,737
Reimbursement of Medical Expenses	27,96,201	12,11,913
Maintenance of Building etc	98,41,394	66,21,464
Payment of Prof. and spl service	13,025	23,891
Audit Fees	59,000	59,000
Honorarium	-	2,700
Stipends	94,16,839	55,67,085
Total	4,28,85,774	3,15,40,271

Annexure XI: Hospital Expenses

Diet expenses	31,44,749	60,88,610
Medicine	1,23,40,950	1,52,34,198
Clothing	12,05,970	3,69,583
Laboratory Maintenance	83,08,232	88,63,161
Hygienic expenses	4,00,760	6,92,943
Miscellaneous	31,143	29,400
Maint. Of laundry & Kitchen	2,13,791	56,727
Maintenance of Incinerator	12,980	-
Surgical Stores	3,09,427	2,06,220
Servicing/repairing of Hospital Instrument	6,238	12,500
Community psy. Programme	2,56,422	2,93,725
Total	2,62,30,662	3,18,47,067



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Annexure XII: Academic Expenses

Consultancy Fees	1,18,478	1,10,004
Contributonal to professional bodies	1,40,810	13,200
Training / conference/seminer	2,26,968	2,25,109
	4,86,256	3,48,313
Total	5,29,47,580	6,40,42,447

Annexure XIII: Swachhata Action Plan-3257

1.9- Misc Road Show etc	41,72,801	1,02,386
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Annexure XIII: Expenses from A/c 2733

MSc Nursing	-	10,070
REHABILITATION COUNCIL OF INDIA FEE COLLECTION 2733	-	42,500
TRANSFER TO A/C NO. 1158 C/B 69	-	20,000
DPN COURSE	10,500	10,070
Fee Collection exp	-	1,13,466
Caution Money Release	54,000	81,350
ADMISSION MONEY	-	9,000
Course Registration Fee (2733)	-	1,84,000
Paid to Rehabilitation Council of India, New Delhi	12,500	-
External examination 2733	26,720	-
M D (Psy) course exp	47,714	-
Mphil PSW exam fees	50,966	-
Miscellaneous	70,420	-
Mphil Clinical Psy exp	23,283	-
RCI -CRE workshop	86,491	-
Total	3,82,594	4,70,456

Annexure XIV: Payments for Rehabilitation A/c

Rehabilitation Exp	5,67,772	-
Income Tax	11,696	-
CGST	5,678	-
SGST	5,678	-
Security Deposit	-	48,062
Total	5,90,824	48,062

Annexure XV: Payment from A/c 6000

Salary	19,75,354	26,26,161
Total	19,75,354	26,26,161

Annexure XVI: Payment from A/c 6666

Salary		9,82,254
Miscellaneous	4,15,362	11,145

Return unspent fund to Tezpur University

Total	9,08,566	9,93,399
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 Chief Finance & Accounts Officer
 LGBRIMH, Tezpur

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Annexure XVII: Fixed Assets Purchased & WIP

Grants for Creation of Capital Assets(2)/Physical Infrastructure/Building/Construction		
(2.1.1.1) - Capital Work-In-Progress	7,50,39,900	11,51,00,000
Advance to HSCC Limited	-	8,02,00,000
GIA General/3.01 Material & Supplies /C.8 Furniture and Fixture.	14,25,000	2,56,529
GIA General/3.01 Material & Supplies /C.10 Equipments (c) Electrical and other general equipment.	15,45,911	1,71,100
GIA General/3.01 Material & Supplies /C.10 Equipments (a)computers, others.	19,40,705	2,40,340
3.04 Library/D.2 (i) Purchase of library books and learning materials.	2,60,03,799	1,76,84,156
GIA General/3.01 Material & Supplies /C.10 Equipments (b) Hospital Equipments.	52,97,600	97,520
GIA General/Other Expense/Replacement of Vehicle	37,57,334	-
Swachhata Action Plan-3257 :Equipment MISC ROAD SHOW	12,22,293	-
Swachhata Action Plan-3257 :Equipment, Machine for Automation	1,12,96,140	-
<u>A/c 4798</u>		
Project Expenditure	-	30,000
Total	<u>12,75,28,682</u>	<u>21,37,79,645</u>

Annexure :XVII(A)

Bank Charge (S B A/C No: 1158)	2,331	2,262
Bank Charge (S B A/C No: 6000)	206	-
Bank Charge (S B A/C No: 1172)	1,408	-
Bank Charge (S B A/C No: 6666)	3	-
Bank Charge (S B A/C No: 4797)	-	17
Bank Charge (S B A/C No: 4798)	53	71
Bank Charge (S B A/C No: 2733)	214	92
Total	<u>4,215</u>	<u>2,442</u>




Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Annexure XVIII: Advances/Liability Paid

GSLI RECEIVED FROM LIC (TAPAN MOHANTA C/B 38)Released		4,00,863
NPS	42,11,022	31,10,183
Adjustment of NPS Liability(Previous Year)	55,933	4,712
GPF	51,29,340	-
GIS	1,83,300	-
P/ TAX	8,91,833	-
LIP	15,46,093	-
GSLI	2,61,000	-
CGEGIS	720	-
CPF	53,308	-
CPF(VOL)	63,000	-
NECLT	10,800	-
NPS 80CCD	1,05,000	-
IGST	6,65,898	-
CGST	2,88,569	-
SGST	2,88,569	-
EPF	51,52,224	-
Income Tax	1,60,84,283	-
Excess deduction paid	540	-
Security Deposit 1158	-	48,89,020
Earnest Money 1158	14,63,900	22,41,865
P Tax 6666	-	10,878
P Tax(6000)	13,104	17,472
Income Tax (6000)	910	72,475
Release of Security Deposit 6666	-	1,64,929
Purchase of FDR 1172	-	50,00,000
Total	<u>3,64,69,346</u>	<u>1,59,12,397</u>

Annexure XIX: Other Payment

Inter Account transfer (Transferred to A/C No 2733 from axis bank)	1,088	33,209
Total	<u>1,088</u>	<u>33,209</u>

Annexure XX: Closing Balance of Cash at bank

2733	93,58,949	61,81,439
1172	1,38,82,871	51,67,528
4797	10,32,338	14,84,858
1158	42,81,84,755	33,27,97,372
6000	62,08,335	78,78,970
4798	58,015	53,975
6666	128	12,98,122
5555	2,70,74,225	33,20,912
914010029238412	-	-
	<u>48,57,99,616</u>	<u>35,81,83,176</u>

Annexure XXI: Closing Balance of Term Deposit

1172	-	25,68,463
1158	-	4,12,38,709
5555	-	2,24,96,753
	<u>-</u>	<u>6,63,03,925</u>




 Chief Finance & Accounts Officer
 LGBRIMH, Tezpur

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Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

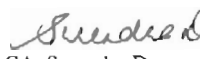
Receipts and Payments Account for the year ended 31st March 2019

A/c 2733

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>					
a) Cash in hand					
<u>b) Cash at bank</u>			MSc Nursing	-	10,070
Indian Overseas Bank	61,81,439	51,95,907	Fee Collection	-	42,500
A/c No.2733			Transfer to A/C NO. 1158 C/B 69	-	20,000
c) Term Deposits			DPN Course	10,500	10,070
			Fee Collection expenditure	-	1,13,466
Interest earned	2,94,680	2,21,343	Caution Money Release	54,000	81,350
<u>Other Income(Specify)</u>			Admission money	-	9,000
MSc(psy nursing)	3,31,950	3,12,900	Course Registration Fee (2733)	-	1,84,000
Application fees	-	47,850	Bank Charges	214	92
Mphil (Clinical Psychology)	2,76,900	1,73,900	Paid to Rehabilitation Council of India, New Delhi	12,500	-
Phd nursing fees	1,45,550	-	External examination 2733	26,720	-
Received from Director, State Health Society,Guwahati	5,20,900	-	M D (Psy) course expenditure	47,714	-
			Mphil PSW exam fees	50,966	-
Mphil (PSW)	3,52,250	2,38,660	Miscellaneous	70,420	-
MD (Psy)Student fees	13,48,700	83,800	Mphil Clinical Psy expenditure	23,283	-
Inter Account transfer (Transferred from A/C No Axis bank)	1,088	33,209	RCI -CRE workshop	86,491	-
Recovery against library books	-	11,368	<u>Closing Balance</u>		
DPN COURSE	3,300	6,650	a) Cash in hand	-	-
Posting Fee	2,85,000	3,26,400	<u>b) Cash at bank</u>		
			Indian Overseas Bank	93,58,949	61,81,439
			A/c No.2733		
			c) Term Deposits	-	-
	97,41,757	66,51,987		97,41,757	66,51,987

In terms of our report of
even date attached.

For and on behalf of:
Surendra Dugar &
Associates
Chartered Accountants


CA. Surendra Dugar
Partner
MRN: 063571 / FRN:
325846E

Tezpur, 9th July 2019



For and on behalf of the management
LGB Regional Institute of Mental Health


Authorized Signatory
Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

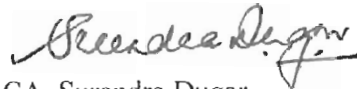
Receipts and Payments Account for the year ended 31st March 2019
A/c 1172

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>			Purchase of FDR	-	50,00,000
a) Cash in hand			Bank Charge	1,408	-
b) Cash at bank			<u>Closing Balance</u>		
Indian Overseas Bank	51,67,528	93,70,196	a) Cash in hand		
A/c No.1172			b) Cash at bank		
c) Term Deposits	75,68,463	22,32,689	Indian Overseas Bank	1,38,82,871	51,67,528
			A/c No.1172		
<u>Interest earned</u>			c) Term Deposits	-	25,68,463
On SB Deposit	2,18,955	4,11,718			
On Term Deposits	3,36,379	3,35,774			
<u>Other Income(Specify)</u>					
Canteen Rent	-	1,200			
Tender Fees	4,000	5,100			
Scrap Chaya Store	-	3,69,744			
Auction Fees	-	9,570			
RTI Fees 1172	574	-			
Application Fees 1172	53,380	-			
Auction Value	5,35,000	-			
	1,38,84,279	1,27,35,991		1,38,84,279	1,27,35,991

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants



CA. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 9th July 2019



For and on behalf of the management
LGB Regional Institute of Mental Health


Authorized Signatory

Chief Finance & Accounts Officer
LGBRIMH, Tezpur

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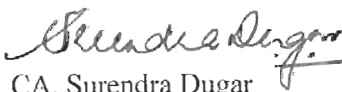
Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2019
A/c 4797

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>					
a) Cash in hand			Rehabilitation Exp	5,67,772	
<u>b) Cash at bank</u>			Security Deposit		48,062
Indian Overseas Bank	14,84,858	14,75,600	Bank Charges		17
A/c No.4797			Income Tax	11,696	
			CGST	5,678	
			SGST	5,678	
c) Term Deposits					
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit	52,797	57,337	a) Cash in hand		
On Term Deposits			<u>b) Cash at bank</u>		
			Indian Overseas Bank	10,32,338	14,84,858
<u>Other Deposits</u>			A/c No.4797		
Security Deposit	56,777		c) Term Deposits		
Labour cess	5,678				
Income Tax	11,696				
CGST	5,678				
SGST	5,678				
	16,23,162	15,32,937		16,23,162	15,32,937

In terms of our report of even date attached.

For and on behalf of:
Surendra Dugar & Associates
Chartered Accountants


CA. Surendra Dugar
Partner
MRN: 063571 / FRN: 325846E



For and on behalf of the management
LGB Regional Institute of Mental Health

Tezpur, 9th July 2019


Authorized Signatory
Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Lokpriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2019
A/c 1158

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
(I) Opening Balance			(I) Expenses		
a) Cash in hand			a) GIA Salaries		
b) Cash at bank			1.1 Pay & Allowances		
Indian Overseas Bank SB A/c No.1158	33,27,97,372	32,51,76,411	1.2 Pension & pensioner Benefits		
e) Term Deposits	4,12,38,709	6,72,42,380	1.3 Travel Expenses		
(II) Grants Received	7,00,00,000	12,28,60,000	1.4 Other Benefits		
Received From MOH & FW, GOI (Capital Grant)			Pensionary Benefits		
Received From MOH & FW, GOI (Revenue Grant)	42,97,00,000	37,81,82,000	GRATUITY (Pensionary Benefit)		
(III) Income from Investment			EMPLOYER SHARE CPF		
(IV) Interest Received			Employer's share for NPS & Gratuity		
On SB Deposit	1,42,62,828	1,13,77,026	Group Gratuity Premium Amount		
On Term Deposits	20,27,455	34,15,731	EMPLOYER SHARE CPF		
P & S Bank 088132 Interest	-	660	Employer's share for NPS & Gratuity		
(V) Other Income (Specify)			Gratuity		
OPD Registration fees	1,82,000	1,92,000	Pensionary Benefits		
License Fees/Quarter	8,08,639	4,96,544	GRATUITY (Pensionary Benefit)		
RTI Fees			Leave Salary (Pensionary Benefit)		
Canteen Rent Received in 1158	78,240		Children Education Allowance		
Misc Received 1158	80		LTC		
Auction Fee received	79,100		A.1 Purchase of Dietary Items.		
Guest House rent Received	28,800		A.2 Purchase of Medicine.		
Application Fees 1158	200		A.3 Purchase of clothing and tentage		
(VI) Amount Borrowed			A.7 Purchase of Hygienic Items.		
(VII) Any Other Receipts (give details)			A.8 Purchase of medical/surgical items.		
Electric Charge	10,93,297	6,91,747	A.13 Purchase of Learning materials.		
Labour Charge		75,695	A.12 Misc under Hospital expenses.		
			A.14 Community Psychiatry programmes.		
			B. 9 Reimbursement of medical expenses.		
			C. 24 Misc hostel (male/female) maintenance expenditure.		
			B.3 Honorarium to employees.		



(Signature)

Chief Finance & Accounts Officer
LGBRIMH, Tezpur

2,700

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
ELECTRIC CHARGE CANTEEN	-	12,256	B.5 Mtn of vehicle/ Purchase of POL	3,35,120	2,61,737
ELECTRIC CHARGE ATM	-	45,076	C.1 Other Charges.	22,71,333	10,49,905
ELECTRIC CHARGE CASH	5,161	212	C.3 Stationery /Misc Office expenses	11,36,013	5,56,226
Other Deduction from salary	76,763	1,06,911	C.4 Printing, Binding & publication charges.	6,58,712	5,07,989
STIPEND RECOVERY (BRINDA BARUAH SARMAH)	-	1,44,000	C.5 Advertisement/publication charges.	5,73,274	8,82,719
STIPEND RECOVERY	1,61,226	31,66,116	C.6 Postage and telegrams.	1,11,746	1,61,061
NPS	42,11,022	4,00,863	C.12 Maintenance of DG Set/Purchase of diesels.	14,02,272	10,54,769
GSLI RECEIVED FROM LIC (TAPAN MOHANTA C/B 38)	-	1,43,424	C.13 Electricity Charges.	96,48,728	74,14,580
SALARY RECOVERY (e6b-)	-	20,000	C.17 Payment of Telephone charges.	12,71,585	12,01,876
Received from Melody	-	118	C.22 Staff welfare.	3,798	8,104
NET RETURN RAMLAL DURGADUTTA C/B 173	1,058	2,699	B.1 Wages of contractual labour.	2,04,24,195	1,77,92,481
Received from Dr. Hemanta Dutta C/B Page no. 13	-	2,591	B.6 Payment of professional/special services.	13,025	23,891
RECEIVED FROM LAKHSMI PERIODICALS	45	16,08,663	Audit Fees	59,000	59,000
BOOKS PVT LTD	-	2,699	B.6 Payment of professional/special services.	94,16,859	55,67,085
Miscellaneous Received	12,34,157	15,48,000	B.10 Stipends.	30,345	17,400
Security deposit	26,76,778	-	C.02 Legal expenses.	53,96,288	37,83,943
Earnest Money	9,750	1,18,500	C.19 Security Agencies.	1,18,478	1,10,004
Adjustment of Advance Festival Advance (Previous Year)	-	1,50,000	D.1 Expenditure Relating to consultancy, guest lecture, visiting prof, Misc expor etc.	1,40,810	13,200
Adjustment of Advance Building (Previous Year)	-	5,61,508	D.3 Contribution/fees to professional bodies.	-	-
Adjustment of Advance Water plant (Previous Year)	-	60,000	Salary.	24,4000	-
Adjustment of Advance improvement & maintenance of electrical item (Previous Year)	-	-	C.7 EC/BOG meeting/Ministries meeting etc.	81,360	10,000
Labour Charge	1,21,472	-	D.4 Training/conference/seminar/works hop	2,26,968	2,25,109
Tender Fees	1,500	-			
GPF	51,29,340	-			
GIS	1,83,300	-			
EPF	51,52,224	-			
Income Tax	1,60,84,283	-			
P/TAX	8,91,833	-			
LIP	15,46,093	-			
GSLI	2,61,000	-			
CGEGIS	720	-			
CPF	53,308	-			
CPF(VOL)	65,000	-			
NECLT	10,800	-			
NPS 80CCD	1,05,000	-			
IGST	6,65,898	-			
COST	2,88,569	-			



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Particulars	2017-18	2018-19	2017-18	2018-19
Particulars	2017-18	2018-19	2017-18	2018-19
SGST	2,88,569			
Excess Deduction	540			
3.07 Minor Works		12,980	98,41,394	1,11,71,914
A.9 Purchase /maintenance of incinerator				66,21,464
B.8. Upkeep & maintenance of building/quarters and approach Road.				10,90,925
C.14 (a) Improvement/maintenance of electrical works.				
C.14 (b) Normal maintenance and wear and tear.				
A. 4 Laboratory maintenance, X-ray, Pathology etc.		83,08,232		88,63,161
A. 5 Servicing/repairing of hospital Instruments.		6,238		12,500
A.11 Maintenance of laundry/kitchen.		2,13,791		56,727
C.18 Maintenance of computer/Xerox under AMC etc.		4,78,000		5,13,149
C. 20 Maintenance of Water plants.		5,28,602		5,61,508
C.23 Information Technology- website etc		7,91,364		25,72,688
D.5 Information Education communication & other expenses.		99,312		
1.9- Miscellaneous Road Show etc				41,72,801
Swachhata Action Plan-3257				102386
Equipment MISC ROAD SHOW				
Swachhata Action Plan-3257				12,22,293
Equipment, Machine for Automation				11,29,614
(IV) Expenditure on Fixed Assets & Capital WIP				
Grants for Creation of Capital Asset(2)/Physical Infrastructure/Building/Construction (2.1.1.1)				11,51,00,000
Advance to HSCC Limited				8,02,00,000
Purchase of Fixed Assets				
GIA General/3.01 Material & Supplies /C.8 Furniture and Fixture.				2,56,529
GIA General/Office				14,25,000
Expense/Replacement of Vehicle				37,57,334
GIA General/3.01 Material & Supplies /C.10 Equipments (c) Electrical and other general equipment.				15,45,911



Chief Finance & Accounts Officer:
LGBRIMH, Tezpur

ANNUAL REPORT 2018-19

Particulars	2018-19	2017-18	2018-19	2017-18
GIA General/3.01 Material & Supplies /C.10 Equipments (a)computers, others.			19,40,705	2,40,340
3.04 Library/D.2 (i) Purchase of library books and learning materials.			2,60,03,799	1,76,84,156
GIA General/3.01 Material & Supplies /C.10 Equipments (b) Hospital Equipments.(Medical Equipment)			52,97,600	97,520
(VII) Other Payments (Specify)				
-GPP			51,29,340	-
GIS			1,83,300	-
Professional Tax			8,91,833	-
LIP			15,46,093	-
GSLI			2,61,000	-
CGEIS			720	-
CPF			53,308	-
CPF(VOL)			63,000	-
NECLT			10,800	-
NPS 80CCD			1,05,000	-
IGST			6,65,898	-
CGST			2,88,569	-
SGST			2,88,569	-
GSLI RECEIVED FROM LIC (TAPAN MOHANTA C/B 38)Released			2,88,569	-
EPF			4,00,863	-
NPS			51,52,224	-
Adjustment of NPS Liability(Previous Year)			42,11,022	31,10,183
Security Deposit 1158			55,933	4,712
Earnest Money 1158			14,63,900	48,89,020
Income Tax			1,60,84,283	22,41,865
Bank Charge			2,331	2,262
Excess deduction paid			540	0
Closing Balance			-	-
a) Cash in hand			-	-
b) Cash at bank			42,81,84,755	33,27,97,372
Indian Overseas Bank			-	-
A/c No. 1158			-	-
c) Term Deposits			93,15,20,129	4,12,38,709
			91,78,01,131	91,78,01,131

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates Chartered Accountants

Surendra Dugar
CA Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E
Tezpur, 9th July 2019



for and on behalf of the management
LGB Regional Institute of Mental Health
Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

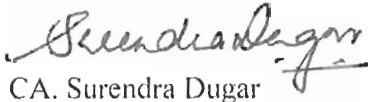
Receipts and Payments Account for the year ended 31st March 2019
A/c 6000

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>					
a) Cash in hand			Salary	19,75,354	26,26,161
b) Cash at bank			Professional Tax(6000)	13,104	17,472
Indian Overseas Bank A/c No.6000	78,78,970	20,42,604	Bank Charge 6000	206	
c) Term Deposits		79,52,665	Income Tax (6000)	910	72,475
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit	2,91,479	72,978	a) Cash in hand		
On Term Deposits	-	4,04,506	b) Cash at bank		
SALARY RECOVERY KANGKANA BHUYAN C/B15	-	29,554	Indian Overseas Bank A/c No.6000	62,08,335	78,78,970
Recovery from salary (Electric charge)	13,446	2,824	c) Term Deposits		
Professional Tax(6000)	13,104	17,472			
Income Tax (6000)	910	72,475			
	81,97,909	1,05,95,078		81,97,909	1,05,95,078

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants


CA. Surendra Dugar

Partner


MRN: 063571 / FRN: 325846E



For and on behalf of the management

LGB Regional Institute of Mental Health

Tezpur, 9th July 2019

 Authorized Signatory

Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

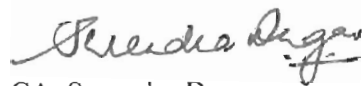
Receipts and Payments Account for the year ended 31st March 2019
A/c 4798

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>					
a) Cash in hand					
b) Cash at bank			Project Expenditure		30,000
Indian Overseas Bank	53,975	79,240	Bank Charges	53	71
A/c No.4798			<u>Closing Balance</u>		
c) Term Deposits			a) Cash in hand		
<u>Interest earned</u>			b) Cash at bank		
On SB Deposit	4,093	4,806	Indian Overseas Bank	58,015	53,975
			A/c No.4798		
			c) Term Deposits	-	-
	58,068	84,046		58,068	84,046

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants



CA. Surendra Dugar
Partner


MRN: 063571 / FRN: 325846E

Tezpur, 9th July 2019



For and on behalf of the management
LGB Regional Institute of Mental Health

Authorized Signatory



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

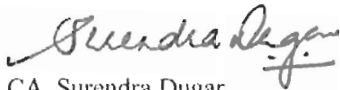
Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2019
A/c 6666

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>					
a) Cash in hand			<u>Other Payments</u>		
b) Cash at bank			Salary	-	9,82,254
Indian Overseas Bank	12,98,122	6,35,834	Miscellaneous	4,15,362	11,145
A/c No.6666			Security Deposit	-	1,64,929
c) Term Deposits			Professional Tax	-	10,878
			Unspent fund returned to Tezpur University	9,08,566	-
<u>Grant Received</u>			Bank Charge	3	-
Received from Tezpur University	-	17,90,160			
			<u>Closing Balance</u>		
<u>Interest earned</u>			a) Cash in hand	-	-
On SB Deposit	25,937	30,456	b) Cash at bank		
			Indian Overseas Bank		
<u>Other Receipts</u>			A/c No.6666	128	12,98,122
Security Deposit			c) Term Deposits	-	-
Professional Tax		10,878			
	13,24,059	24,67,328		13,24,059	24,67,328

In terms of our report of even date attached.

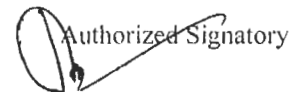
For and on behalf of:
Surendra Dugar & Associates
Chartered Accountants



CA. Surendra Dugar
Partner
MRN: 063571 / FRN: 325846E



For and on behalf of the management
LGB Regional Institute of Mental Health

 Authorized Signatory

Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Lokpriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2019

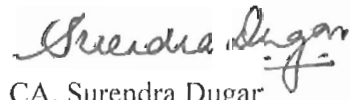
A/c 5555

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>					
a) Cash in hand					
b) Cash at bank					
Indian Overseas Bank					
A/c No.5555	33,20,912	31,36,647			
c) Term Deposits	2,24,96,753	2,09,38,753			
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit	1,34,828	1,84,265	a) Cash in hand	-	-
On Term Deposit	11,21,732	15,58,000	b) <u>Cash at bank</u>		
			Indian Overseas		
			Bank		
			A/c No.5555	2,70,74,225	33,20,912
			c) Term Deposits		2,24,96,753
	2,70,74,225	2,58,17,665		2,70,74,225	2,58,17,665

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants



CA. Surendra Dugar

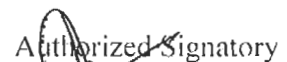
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 9th July 2019



For and on behalf of the management
LGB Regional Institute of Mental Health


Authorized Signatory

Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health
Tezpur :: Sonitpur :: Assam

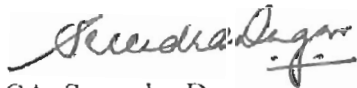
Receipts and Payments Account for the year ended 31st March 2019
A/C 914010029238412(Axis Bank)

Particulars	2018-19	2017-18	Particulars	2018-19	2017-18
<u>Opening Balance</u>					
a) Cash in hand	-	-			
b) Cash at bank					
Indian Overseas Bank A/c No.914010029238412	-	-	Inter Account transfer (Transferred to A/C No 2733)	1,088	33,209
c) Term Deposits	-	12,389	<u>Closing Balance</u>		
			a) Cash in hand	-	-
<u>Interest earned</u>			b) Cash at bank		
On SB Deposit	1,088	20,820	Indian Overseas Bank A/c No.914010029238412	-	-
			c) Term Deposits	-	-
	1,088	33,209		1,088	33,209

In terms of our report of even date attached.

For and on behalf of:

Surendra Dugar & Associates
Chartered Accountants



CA. Surendra Dugar
Partner

MRN: 063571 / FRN: 325846E

Tezpur, 9th July 2019



For and on behalf of the management
LGB Regional Institute of Mental Health

Authorized Signatory



Chief Finance & Accounts Officer
LGBRIMH, Tezpur

SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2019

SCHEDULE 24: SIGNIFICANT ACCOUNTING POLICIES

Accounting Convention:

The attested financial statements have been prepared on the basis of historical cost concept and on cash accounting basis.

Inventory Valuation:

Stores and spares are valued at cost or net realizable value, whichever is lower.

Fixed assets and depreciation:

Fixed assets are stated at written down value after providing depreciation at the rates prescribed under Section 32 of the Income Tax Act, 1961.

The current construction cost of the new buildings has been incorporated in the books as Work In Progress under the head "Creation of Capital Assets." Amount capitalized to Work in progress account as on 31st March 2019 is `202,60,06,634/-. The Institute provides depreciation on applicable rates prescribed u/s 32 of the Income Tax Act, 1961 under the WDV method.

Government Grants:


Government grants are recognized on realization basis. Grants received for Capital Outlay have been credited to Corpus Fund account and that received as General Fund are credited to Grants in aid a/c shown under Income and Expenditure account. *Interest on government grants, whether invested from Capital Fund or General Fund, invested as fixed deposits have been shown as Interest Earned under Income and Expenditure Account.*

Retirement Benefits:

No provisions have been made for gratuity or leave encashment payable.

Interest Income:




Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Income earned on regular savings account has been credited on receipt basis.

SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2019

SCHEDULE 25: CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS

1. Current Assets, Loans and Advances:

In the opinion of the management, current assets and loans and advances have a value on realization in the ordinary course of business, at least to the aggregate amount shown in the Balance Sheet.

2. Provision for taxation:

Provision for income tax is not made for the reason that the Institute is exempted from taxation under section 10 of the Income Tax Act, 1961.

However, as amended in Budget 2014, any medical institution or hospital covered under Section 10(23C)(iii)ae or (via) of the Income Tax Act, 1961 shall be required to file its return of income u/s 139(4C) if its income (without giving exemption under section 10) exceeds the maximum amount not chargeable to tax.

It is advisable that the Institute should take necessary steps to abide by the taxation laws.

3. Re-arrangement of previous year's figure:

The previous year's figures have been re-grouped, re-arranged and re-classified wherever necessary to facilitate comparison with the current year's figures.

4. Bank Reconciliation Statement:

It has been observed that the Institute had not passed entries pertaining to bank charges and liquid deposit fund. As a matter of internal control, *it is advisable that the Institute should take necessary steps to minimize the entries appearing in the bank reconciliation statement* by passing the regular entries appearing in the bank statement.




Chief Finance & Accounts Officer
LGBRIMH, Tezpur

5. **Books of accounts:**

The Institute has maintained manual Cash Books which are then posted into an in-house developed computerized accounting software. Hence, the audit had been conducted by verifying transactions from various registers (computerized as well as manual).

6. **Depreciation:**

The Institute, until the financial year 2013-14, had been charging depreciation at the rates prescribed under Schedule XIV of the Companies Act, 1956 under SLM Method. In the year 2014-15, the depreciation rates had been changed to applicable rates prescribed u/s 32 of the Income Tax Act, 1961 under WDV method. The same method of charging depreciation is being followed in the reporting year i.e. 2018-19 also.

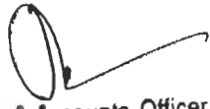
Accounting Standard 6 "Depreciation" issued by the ICAI suggest that in case depreciation method is changed, depreciation should be recomputed applying the new method from the beginning of the useful life of the depreciable asset. The resultant surplus/ deficiency arising out of the re-computation is charged to profit and loss statement. Whereas the Institute have charged depreciation on the opening WDV of the asset as on 01.04.2014 at rates prescribed u/s 32 of the Income Tax Act, 1961.

It is advisable that the fixed asset register should be revised and the assets should be brought to their true and fair value.

7. **Accounting Convention:**

As explained and according to the information provided to us since the Institute is following cash basis of accounting, it do not accounts for the asset on the date of its put to use. The same are




Chief Finance & Accounts Officer
LGBRIMH, Tezpur

accounted for at the time of payment of the bill for purchase of asset. Moreover, fixed assets register is also updated on the date of payment of the asset.

8. **Contingent Liabilities:**

Contingent liability is estimated at ` 77,508/-, being Assam Entry Tax payable under Assam Entry Tax Act, 2008 @4% on vehicles purchased out of Assam in the F.Y. 2015-16.

9. **TDS:**

a) The Institute has deducted tax at source on payment made on account of Contractual Labour only on the Service Charges element. Whereas, in our opinion, u/s 194C or u/s 194J of the Income Tax Act, 1961, tax is required to be deducted on any sum paid/ payable to the payee i.e on the entire billed amount.

b) The Institute has not complied with provisions of TDS in the below mentioned cases:

Bill No	Paid to	Amount
600 Dated 5/2/2019	Parliamentary and Administrative Research Institute	6,20,000/-
540 Dated 10/1/2019	Bhabani Offset Private Limited	2,29,017/-
287 Dated 4/9/2018	SPSS South Asis Pvt. Ltd.	1,37,214/-
640 Dated 13/2/2019	Ticol Style Track	39,312/-
86 Dated 11/5/2018	N.E. Technologies	73,938/-

10. **Goods and Service Tax:**




Chief Finance & Accounts Officer
LGBRIMH, Tezpur

- a) As per Section 22 of the Goods and Services Tax Act, 2017 every Supplier is liable to register itself under the aforesaid Act, if its Aggregate Turnover exceeds ` 20,00,000 per annum. Further, Aggregate Turnover is defined to include all Taxable & Exempted supplies made by the supplier. In light of the above provisions, Scrap sold by the Institute for `5,35,000/- , Canteen Rent received for ` 78,240/- etc. are taxable events and hence, the Institute is liable for Compulsory Registration, (other than as Tax Deductor), being the Supplier of Goods or Services or Both. The Institute has neither applied for registration nor have it discharged its liability to pay the due tax on the aforesaid transaction.
- b) The Institute has deducted GST at source only at the time of final bill of the contractor. It is in violation of Section 51 which provides for deduction at the time of payment or credit into the supplier's account. Hence, it is advisable to deduct GST at source on every RA Bill where the total value of contract exceeds ` 2,50,000/-.

11. Capital Work in Progress:

Additions made into building are accounted for into a single account 'Creation of Capital Assets' irrespective of the nature of assets bought for e.g furniture, machinery and building expenditure all are clubbed together. Further, as per explanation and information given to us, the assets were not put to use during the reporting year and hence depreciation is not provided although 100% work has been finished in a few cases.




Chief Finance & Accounts Officer
LGBRIMH, Tezpur

Notes

Notes
